

JANUARY 1973

THE CHARLES RIVER WHEELMEN

131 MOUNT AUBURN STREET • CAMBRIDGE, MASSACHUSETTS 02138

SUNDAY, JANUARY 7, 12:00 Noon. This will be the second Frostbite Ride. Meet at the Cambridge Common as on December 10. The ride will be of comparable length. Destination will be announced later. Leader: Mike Gildea 861-8222.*
(see pg 6)

SUNDAY, JANUARY 14, 12:00 Noon. Snow date for January 7th ride.

FIRST ANNUAL AWARDS BANQUET

Date: Saturday, January 20, 1973
Place: Tallino's Restaurant, 1268 Boylston Street, Brookline
Time: Cocktail 7:00-8:00
Dinner 8:00 p. m.

Reservations NO LATER than January 13.
Tallino's is located on Rt. 9 across from the Chestnut Hill Shopping Center.
MBTA - Chestnut Hill bus from Kenmore Station, or take the Riverside Line to Chestnut Hill.

The cost for dinner is \$7.00, which includes the 5% Mass. Old Age Tax and 15% gratuity.

The dinner will be buffet and the following is the menu:
Roast Beef, Seafood Newburg, Swedish Meatballs, a variety of Hors d'oeuvres, Salad Bowl, Potato, Vegetable, Desserts and Coffee.

Please send checks as soon as possible, made payable to Charles River Wheelmen and mail to:

Mrs. Robert M. Bohlen
30 Baker Street
Foxboro, MA 02035

SHORT ITEMS ...

Warren Hinterland has kindly issued an invitation to C. R. W. members to ride with the Narragansett Bay Wheelmen during the winter months. For more information, Warren can be contacted at 187 Garden Street, Cranston, R.I. 02910 or you might give me a call (326-4504) as I generally receive the NBW newsletter.

Ski Touring Information: I have not received any information from the AYH (our Bulletin may sometimes be tardy, but at least it appears) with regard to their ski tours. Because it is so difficult to know where the touring will be the best on any given weekend, I would prefer to wait until the last moment (after all, we have had snow on two successive Friday afternoons so far!) before deciding on a specific place. I have no preference as to touring on Saturday or Sunday - or both. So give me a call the latter part of any week (daytime 'til 4:30 at 969-7000, afterwards at 326-4504).

Eastern Mt. Sports puts out a handy little guide, Ski Touring Guide to New England, \$3.95, which includes a lot of information on areas around Boston as well as further afield. Included are driving directions to the areas, maps of the area, and snow-mobile use so you know what to expect. A dollar to the Lincoln Town Hall will bring you a map of the Lincoln Conservation areas which have excellent ski touring possibilities.

A passing thought ... if, in fact, it is a state law that a bicycle must have a sounding device attached, how come it is not mandatory that every bicycle sold has at least a cheap bell on it - or a more sophisticated device if the customer so desires. After all, you cannot buy a car without a horn - or headlights for that matter. It would seem as though bicycle shops might be a logical place for safety to begin.

MORE FROM MOORE, (Howard, that is)

Some time around 1921 when I rode my first 100-miles-in-a-day, I saw some publicity in a Boston newspaper about an old-time bicycle rider right here in Malden. The man was the late Fred I. Perreault, a fine gentleman and a really great bicycle rider. Some of my earlier centuries and numerous shorter rides were in his company.

My diary records that on July 22, 1923 Mr. Perreault and I left his home at 5:37 a. m. and bicycled through Boston to Dedham, Norwood, Walpole, Wrentham, North Attleboro and Pawtucket to Providence. We rode about the center of the city, then returned by the same route except that we took the detour between Wrentham and Walpole rather than go back over a few miles of torn up road. We arrived back at Mr. Perreault's house at 5:30 p. m. and covered 108 miles.

In those days the typical boy's bicycle had 1½" single tube tires, mudguards, rubber pedals, coaster brake, upright but not exaggerated handle-bars, and a rather springy saddle. It was on such a bicycle that I rode from 1918 through 1925. Two of the most popular makes of that period were the Lovell-Diamond and the Crown.

At the time of the above mentioned Century ride, Mr. Perreault was about 58 years of age. He had his papers signed at a drug store in Guild Square, Norwood, and at a diner in North Attleboro, both going and returning, and of course at the diner at the Pawtucket-Providence line.

Mr. Perreault died in 1932 and during his lifetime he rode more than 500 Centuries. This figure would include 99 double Centuries. It is my understanding that old-timers counted as two Centuries any "double" that they did in a day. Be that as it may, Mr. Perreault was a great rider and it was a privilege to have known him and to have done so me of my earlier riding with him.

A SPECIAL REPORT OF THE UNITED STATES - BRITAIN GOODWILL TOUR

by Miles Sydney, Vice President, N. B. W.

(Myles Sydney just returned from a New England L. A. W. sponsored tour in England. Here are a few postscripts of his 14 day tour led by Dr. Ralph Galen, New England Regional V. P.) Our thanks to the N. B. W. for this report.

Random Reflections and Recollections on the Britain Bike Odyssey

This is a great arrangement that allows 10 of us to transport our bikes intact on the plane, especially when we see other cyclists stumbling around the terminal with big cardboard cartons or stripped down strapped-up bike frames.

All the people from Preswick to London are fantastically friendly and helpful. Even the dogs give us a friendly wave of the tail instead of a bite out of the calf.

If the road is long and hills are steep, you can eat fruit, oatmeal, kippers, eggs, sausages, bacon, scones, toast, beans and stewed tomatoes for breakfast; stop at every bakery, candy shop and pub, eat a huge lunch, high tea, dinner and midnight fish and chips - and lose weight.

Dr. Ralph Galen washes out every bit of his gear every night before retiring, including shoes, helmet, gloves, chamois shorts, everything!! He puts them on dripping wet on awakening and sets forth into the cold wet morn. In two weeks he never learned that nothing dries in the British Isles.

Do not be dismayed if you stop to help an old lady across the street or bend over to splint your broken leg only to find when you look up that the rest of the gang, in their bright orange shirts are disappearing over the horizon. At the day's end, somehow, everyone makes it to the destination. Though we usually start as a group of 10, sometimes we arrive in 10 separate contingents from a dozen different directions.

Two of us with sewups had 2 flats apiece while the rest with clinchers had about one flat each. I still would go with the sewups cause they're so easy to replace but next time I will carry 2 spares instead of one.

On a trip where all of us were so concerned about weight that we took nylons

instead of cottons, small toothpaste tubes instead of medium size and used such weight-saving devices, the Mayor of Cambridge, Mass. presented us with a pair of bronze bookends to present to the Lord Mayor of Oxford, England. These bookends weighed over 10 pounds but since it was Dr. Ralph's problem, we all appreciated the extra drag on his bugger because it kept his speed down to ours on the uphill.

All stone circular stairways are the same. Once you realize this, you can bypass the climbing and do an abbey or palace in 20 minutes, a castle in 15 minutes, and a ruin in less than 10.

Once you spoil your record and get off the bike and push it up an especially steep hill, you have it made and nothing can phase you. It's taking that initial de-meaning step that makes all the difference. Once you've pushed the bike, you can relax, take the strain off the knees and chain, and save a lot of exhaustion. The downhills are fantasmographic! Mile after mile on perfect roads with no traffic far as the eye can see and the only danger a sheep bolting into your path or a skid on the manure taking a curve at 35 mph.

To see the country, meet the people, have a ball - absolutely nothing beats the bike! Ireland, Yugoslavia, France, Ponagansett, Hawaii, Little Compton, Adamsville --- just let me know and I'll try to see you there.

(Editor's Note:) We thank Narragansett Bay Wheelmen's Myles Sydney for his "Mile after Mile with Miles" diary and for his Will Rogers touch of humor. Myles is a member of L.A.W. and Vice-Pres. of N.B.W. He speaks with the voice of experience on European touring as this is his second tour - his last one was in 1931.

COMMENTS

by John Likins

Product Report - I used Suntour GT derailleurs, front and rear, Maeda "Pro-Comp" 14 to 34 freewheel, and TC panniers this summer on Hemistour, and very highly recommend each. Only wear was the normal amount on the rear derailleur idler wheels. No wear on freewheel, though I used two chains. (But put Loctite on outer bearing race ring on the freewheel.) Panniers are far and away the best design I've used or examined - these bags appear to be completely indestructible!

Hemistour Report - The group covered 4000 miles from Anchorage to Coos Bay, Oregon, after a 5-week stop for resupplying and resting in Missoula, Montana. The June 1973 issue of National Geographic will carry the story of our trip through Alaska and Canada. Plans are to be in Phoenix on December 9 then on to Mexico and South America. A later bit of news has it that they will be crossing into Mexico in early January. Due to shorter days and poor weather, progress has slowed, for awhile, at least to 35 miles/day.

RETIREMENT OF TWO OFFICERS

It is with regret that we receive the resignations of Mary Jane Bohlen, Chairman of Activities and Orin Cunningham, Communications Chairman. Mary Jane has become actively involved in 4-H activities which take up much of her time. We thank them both for their support and contributions to C.R.W. activities and events - we know the Club is better because of their interest.

WELCOME TO NEW OFFICERS

We welcome Pat Goodwin as V-P of Activities and Ken Opin (868-6550) as Communications V-P.

CLASSIFIED

Wanted ... Bicycle frame, man's, 21", any condition.

Also Randonneur alloy handlebars, brake levers (any brand), Brooks B-17 wide saddle.

Parts for

Sale: ... 46 tooth Campag. chainring (\$9), 49 tooth Campag. chainring (\$9) (less than 500 miles on each), Clement "Strada 66" 9 oz. tubulars (new) (\$8 each).

Also: Simplex F&R derailleurs; 32 and 40 hole Mavic rims for tubulars.
Contact John Likins (665-4525)

NEW MEMBERS

Kerstin Ericsson
287 Commonwealth Ave.
Boston, MA 02115

267-0962

Edwin E. Harrow
4 Ayr Road
Brookline, MA 02146

734-8144

CHANGE OF ADDRESS

Dale Knapschaefer 662-9655
86 Sargent Street
Melrose, MA 02176

RENEWING YOUR MEMBERSHIP

In the right hand corner of the address label on your monthly Bulletin is a date indicating the month your membership expires. To renew your membership simply send your check (\$10 single, \$13 family, \$20 sustaining) made out to C.R.W. on or before the expiration date. Checks should be mailed to: Miss Ann Murphy, 15 Harvard Road, Belmont MA 02178. Your cooperation will help our bookkeeping and will be greatly appreciated. Thank you!!

JANUARY EXPIRATIONS -

Glenn Chandler - Henry Fales - Rudolph Fannon - Morris Finger - Ralph Galen - Patricia Goodwin - Priscilla Jenkins - Frank Jones - Charles Lee - Gilbert Lipman - John Likins - Wilbert Mason - Janet McBride - Charles Mead - Eugene Ritvo - Norman Satterthwaite - Jack Schylling - Ruth Sebell - Robert Shave - Martin Slobodkin - Leonard Spaulding - Joseph Stanewick - Wayne Stewart - Alphee Surette - John Vanderpoel - Frederic Vega - Dick Wagg - Brian Watson - Bernard Weisman - Dr. Cutler West - Raymond Whitehouse

ASSOCIATE MEMBERS

The American Wheel Shops 653-3042 38 Central Street Natick, MA 01760	Waltham Cycle 893-9426 723 Main Street Waltham, MA 02154
Lifecycle 354-8595 1005 Massachusetts Ave. Cambridge, MA.	The Bicycle Peddler 731-3550 832 Commonwealth Ave. Boston, MA 02215
The Bicycle Exchange 864-1300 3 Bow Street Cambridge, MA	Mike Farny's Lincoln Guide Service Lincoln Rd. & Lewis St. 259-9204 Lincoln, MA 01773

CALENDAR OF COMING EVENTS

January

7	12 Noon	Second Frostbite Ride - Mike Gildea 861-8222
7	10 a. m.	First Ski Tour - Carol Storrs 326-4504
9	7:30 pm	Board of Directors Meeting, CRW Headquarters
14	12 noon	"Rain" date for 2nd Frostbite Ride
20	7 pm	First Annual Awards Banquet

* (from first page) (late arrival)

re Sunday, Jan 7th ride ... note CHANGE IN MEETING PLACE.

Meet at CRW Headquarters, 131 Mt. Auburn St., Cambridge. Whether a ride will be held and the length of the ride, if held, will be determined by road and weather conditions. Since neither can be forecast with any certainty in advance, please check each week with the ride leader, Mike Gildea, weekdays 1-6 at 354-8595 and evenings at 861-8222.

As previously announced, rides are scheduled every other weekend with the alternate weekend being the "snow" date of the previous ride. This schedule will continue for the balance of the winter.