

SEPTEMBER  
1976

SATURDAY, SEPT. 11, 10:30 A.M. Rides of 10, 20 and 26 miles will be available at the Ponkapoag School, in Canton on Rt 128 just south of Rt 128. These rides will be followed by a corn roast at the home of Mrs. P. H. Sherwood, who has hosted this event annually. We hope to be joined by some AYH members. Mrs. Sherwood will provide sweet corn and sherry - you supply any additional refreshments. Leaders: Dalton Harrow, 1-659-4464, and Jim Emerson, 1-344-7364. Volunteers are needed at 10:00 a.m. to help Mrs. Sherwood set up the corn roast.

SUNDAY, SEPT. 12 - SECOND ANNUAL TENTH ANNIVERSARY RIDE.

That's right, second annual. To mark the completion of the Club's first decade, we will have a re-run - at least as closely as we can reconstruct it - of our first ride. We had a hot lunch that day, provided by station wagon, and we'll have a cookout this time, Ashland State Park, as before. That ride was strictly "show and go". A brief outline of our trip is as follows:

From 2210 Massachusetts Avenue, Cambridge, we make our way to Rt 16 and follow that all the way to Holliston Center. A right onto Hollis Street, just past the lovely old church on our right, leads us to yet another right at Highland Street. Bearing right onto Chestnut Street, just over the Ashland line, to a nice downhill run into Ashland Center. We stop there for a moment of nostalgia at

VHEELPEOPLE

The Charles River Wheelmen  
2210 Massachusetts Avenue  
Cambridge, MA 02140



10/76

JOHN J SPRINGFIELD  
16 RANSOM RD. APT 16  
BRIGHTON, MA. 02135

NEWS, ARTICLES, CLASSIFIED ADS ... Please send typed copy by the 10th of the preceding month to the editor, Richard Mazeikus, 55 Newman Rd., Malden 02148.

CLASSIFIED ADS ... Free to members, 25¢ per word to dealers and non-members.

HEALTHFUL FELLOWSHIP THROUGH  
BICYCLING

what used to be the railroad station. From there we take Summer Street which quickly runs into Union Street (Rt 135) and the State Park comes up shortly on our left. It's about 27 miles to this point and a good place to break for lunch. Back on the road, we'll continue on 135 to Hopkinton Center where a right onto Rt 85 will get us to the junction of Rt 30 in Southboro. Rt 30 eastward leads into Framingham Center and 12 6 left leads to Rt 20 in Wayland Center. Rt 20 back to Watertown, and 16 again back to Cambridge will make the total miles for this commemorative ride about 64.

A few miles have been eliminated from that first ride - and also that insidious railroad crossing on Rt 20 just west of Wayland Center (our then newly-elected president took a nasty spill there on his Allegro Special). The pace will be geared to accommodate social exchange and encourage new acquaintances as well as renewal of old ones. Let's hope for drier weather this time!

Reservations are necessary and must be made by Sept. 1; the cost per person is \$2.50. Call Mike Cengler, 484-5088 or Lilyan Frank, 661-7203 for reservations.

SATURDAY, SEPT. 18, 11:00 A.M. - A leisurely paced 15 mile ride, starting from the Trailside Museum, Blue Hills Reservation on Rt 138 in Milton, will be led by Any Rudowski. This ride will proceed through Canton, Westwood and Dedham, and is an opportunity for new members (and old members who may be a bit rusty) to enjoy a club ride. Leader: Andy Rudowski, 361-5273.

SUNDAY, SEPT. 19, 6:30 A.M. - The annual Sunrise Ride on the South Shore. There will be two marked routes, one of 17 miles and the other of 25 miles, including a stop at the Bicyclist's Rock of 1879. Breakfast will be served after the ride at the house of the ride leader, Ed Corea. Important - call if you plan to attend so the Coreas will know how many to plan for. Directions: from Rt 3A Hingham, approximately 5 miles beyond Fore River Bridge, turn left at Exxon Station on Downer Ave., pass the Curtis Compact Store and take third left (Mann Street) to 14 Mann Street. A group will ride from the Cambridge Common (show and go - no leader) at 4:30 a.m. You must have a light. Leader: Ed Corea, 749-4741.

NATIONAL CENTURY (& HALF CENTURY) RIDE - SUNDAY, SEPT. 26.

Starts at Lincoln Guide Service - Lincoln Road, Lincoln 7:30 a.m. (Rain date Sunday, October 3).

This year CRW's Century Ride has been mapped over a new route, traversing 101+ miles of flat to gently rolling terrain. Starting at Lincoln Guide Service, the route wends its way northward through Sudbury, Acton, and Westford to Groton, our first check point. Riders desiring to complete a 50 mile ride only may, after registering at Groton, return to Lincoln by backtracking the same route and thus earn their Half Century Patch.

Century riders will swing southward after Groton following easily identifiable roads through the towns of Harvard, Clinton, Shrewsbury and Upton on the

way to checkpoint #2 at Bellingham. The last leg of the ride swings northward beyond Bellingham passing through Millis, Natick and Wayland ending at Lincoln, the starting point.

After hearing many constructive criticisms about previous Century runs such as .. "routes longer than the required 100 miles" and .. "route over Mount Wachusett being too taxing for many people" .. your Century chairman has endeavored to design a Century which overcomes both principal complaints.

Firstly, the route is almost exactly 100 miles in length (just a shade over). Secondly, we will be bypassing the "western spur" of previous years' rides which carried us either around or over Mt. Wachusett. Thirdly, special emphasis has been placed on picking a route which is as flat as possible. This has been accomplished by concentrating on a more southward routing rather than the westward thrust of previous rides. We thus will be mostly on flat or gently rolling terrain as we roughly parallel route 495 between the northern and southern checkpoints. Lastly, to make the route as easy to follow as possible, only numbered roads will be utilized (no back-country streets, etc.) The roads will be marked with painted arrows and a detailed route map plus route sequence sheet will be given to each rider at registration.

Because this ride is a controlled affair we must account for all riders to assure necessary sag wagon pickups. In order to accomplish a safe day for all and to ease the burden on our checkers and sag wagon drivers, the following rules must be adhered to:

1. Registration for both the Century and Half Century will be at Lincoln Guide Service from 7:30 a. m. to 8:30 a. m. All riders must be on the road by 8:45 a. m. **THERE WILL BE NO EXCEPTIONS. LATE REGISTRATIONS WILL NOT BE ACCEPTED. NO REGISTRATION BY 8:30 a. m., NO PATCH!**

2. If any rider decides to terminate either his Century or Half Century once in progress and return to Lincoln or go home, he or she must notify the sag wagon information center by telephone by calling 259-9204 before 4:00 p. m. or 259-9771 after 4:00 p. m.

The registration fee is \$2.50 per person and covers maps, light refreshments which will be available at checkpoints, and the patch, which will be awarded to you at the completion of your certified ride.

Let's have a good showing of CRW members to commemorate our "Bike-centennial Year."

Dick Talbot - Century Chairman - 449-3792

**FOR SALE:** Family Tandem. Chuck Harris custom built, child-powered 10-speed tandem as described in August issue of *Bicycling*. Extra low gearing with Sun Tour Derailleurs, \$175. Call John Grande 268-0925.

SUNDAY, OCTOBER 3, 10:00 A. M. Fall Foliage Ride No. 1, a 50 mile loop from Charles River Dam, Rt 16, South Natick, to Diamond Hill State Park, R. I. and return. The ride passes through Rocky Woods and Stony Brook Reservations, and Broadmoor Sanctuary, an Audubon Society bird sanctuary. Roads will be arrowed. A group will ride from the Town Hall, Belmont Center, at 8:30 a. m. to meet those who will start from So. Natick. Total distance starting from Belmont is about 70 miles. Leader: Mike Gengler, 482-1360 (days) and 484-5088 (evenings).

SUNDAY, OCTOBER 10, 11:00 A. M. Fall Foliage Ride No. 2, a 30-40 mile ride, with refreshment stop, beginning at the Weston Town Green, Weston Center. The ride will travel through scenic suburban and rural areas west of Boston. Leader: Earl Forman, 894-2084.

SATURDAY - SUNDAY - MONDAY, OCTOBER 9, 10, and 11 ... New England Rally, Brunswick, Maine sponsored by Penobscot Bay Wheelmen. Each day will feature a variety of short, intermediate, and longer rides along scenic coastlines and through river valleys. There will be a variety of terrain ranging from flat to very hilly. Ride maps will be furnished. There will be a Century on Sunday, Oct. 10th. Rally headquarters is the Holiday Inn, Rt 24, Cook's Corner (between Brunswick and Bath), tel. 207-729-3317. On Saturday night, Oct. 9th there will be a rally dinner at the Holiday Inn at 6 p. m., preceded by a happy hour at 5 p. m. Entertainment will be furnished by our own distinguished Ralph Galen, whose presentation will be followed by a cycling movie. Rates at the Holiday Inn will be \$16 for 1 or 2 persons in a room, 1 double bed; \$24 for 2-4 persons, 2 double beds; \$30 for 3-6 persons, 3 double beds. The Penobscot Bay Wheelmen recommended that motel reservations be made one month in advance. Other area motels and phone numbers:

Interstate Oasis Motel, Brunswick, 729-9991

Mainline Hotel, Brunswick, 725-8761

Siesta Motel, Brunswick, 729-3364

New Meadows Inn & Cottages, West Bath, 443-3921

Sheraton Motor Inn, Bath, 443-9741

Campgrounds are also available: Bradbury Mountain State Park, Pownal  
Stoddard's Pond (private) 666-5769, \$4/day  
Meadowbrook Camping Area, 443-4967, \$4/day

The registration fee is \$5 per head of family and \$1 for each family member. Families are encouraged to bring their children, as this will be an all-ages event. There will be early registration at rally headquarters Friday evening, Oct. 8th or you may register in advance by writing to Owen Marble, 45 Congress St., Augusta, Maine 04330. Additional information is available from Owen at 207-662-0392 or Ed Barfod at 207-236-4506.

SATURDAY, OCTOBER 16, 8:45 A. M. Prompt - Fall Foliage Ride No. 3. This ride is a joint event with the Granite State Wheelmen, the merry band that travels the north woods. The ride is a series of hill climbs, and utilizes mostly back roads around Milford, N. H. The scenery is truly spectacular. The hills are steep and

long and some of the roads are bumpy, so low gears and caution are necessary. The Cranite Staters call this ride the "Masochistic Mountain Merry-go-round." Starting point is the A&P parking lot, Rt 101, Milford, N.H. Leader: Roy Marshall, 603-673-1989. Information may also be obtained from Mike Gengler, 4 82-1360 (days) or 484-5088 (evenings).

### COMING EVENTS . . .

SUNDAY, OCTOBER 17 - Fall Foliage Ride from Malden to Andover.

SATURDAY, OCTOBER 23 - Rides of various lengths with refreshments from the home of Dalton Harrow.

PLUS, the event you've waited all year for - TOBUMPAL

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### PRESIDENT'S MESSAGE

As a day tripper who had never taken an extended bicycle trip before, I approached my projected solo ride from Newport News, Virginia, to Boston with a certain degree of apprehension and no fixed route. My original intention was to use the East Coast Bicycle Trail but I had not received the maps from the East Coast Bicycle Congress in spite of frantic telephone calls. As a result, I made up a route as I went along until I arrived in Wilmington, Delaware, at which time I was able to obtain a set of trail maps through a chance meeting with Tom Culbertson of the Delaware Friends of Bikecology. For the balance of the trip back I stayed fairly close to the trail except for some minor deviations - some good, some bad.

My original intention was to ride the estimated 650 miles in 12 days; as it turned out I rode 830 miles in the same period! I also went through four sew-up tires, including two new Clement 50 "puncture-resistant" tires, 3 gallons of Gatorade, innumerable bottles/cans of soda, many gallons of water and 8 pounds of fat! I also shot five rolls of Kodacolor film in my daughter's brand new Kodak Trimline camera only to learn on my return that the shutter was defective and not one shot was worth printing!

But it wasn't all like that, really. For next month's issue of The Wheelpeople I plan to write a more complete story of the trip, particularly to critique the East Coast Bicycle Trail. In the meantime, if you are interested in the trail you may obtain the set of 21 strip maps by sending your check for \$4.35 to the editor or see him on a ride where the map pack will only cost \$3.00.

Letter from Citizens Bikeway Building Committee:

For the last few months progress of S. 1534, the Bulger bikeway bill has been halted. Questions were raised as to the constitutionality of using Highway Trust Fund monies for bikeway construction and the Senate petitioned the Massachusetts Supreme Court for an opinion on this question.

On August 3rd, the Court ruled unanimously "that a bikeway as defined in the proposed bill is so intimately related to a highway, to traditional highway uses, and to the interests of motorists that the establishment of bikeways is within the scope of the provision in art. 78 (the highway trust fund) permitting the use of the specified funds for the 'construction, reconstruction, maintenance and repair of public highways.'" In view of this decision, it is expected that the Senate will pass S. 1534 in the near future.

Our next big hurdle is the House. The bill will be referred to the House Ways and Means Committee. Last year this committee killed the bikeway bill; this year we need to convince them of the merit of our proposal and make them aware of the large numbers of people who support S. 1534. A letter to the following people would be helpful: John J. Finnegan, Chairman, House Committee on Ways and Means; Louis Nickinello, House Chairman Joint Committee on Transportation; and your own representative. Their address is: State House, Boston, MA 02133. Please write these people expressing your support for a bikeway fund in Massachusetts.

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FOR SALE...

Very Durable Kowalit East German Sew-ups, 285 grams (9.5 oz)	\$8.00 each
One pair of 27x1 1/4 clincher wheels, Normandy sport high flange quick release hubs, cross three double butted spokes with NISI Evian smooth sided alloy rims. These wheels have only been used 300 miles and are true.	\$35.00 pair
Set of Mafac Racer brakes, with 4 extra brake blocks and some spare parts	\$7.50
Three cables for front derailleur when used with handlebar end levers or for rear derailleur when used with Simplex or Campy downtube levers.	\$ .25 each
One cable for rear derailleur when used with handlebar end levers or Simplex and Campy downtube levers	\$ .25 each
Shimano crane rear racing derailleur, will fit Campy dropouts, range 13-28 teeth	\$8.00
Set of French thread rings for Phil Wood sealed bottom bracket axle with vial of Loctite.	\$3.00
Lightweight chromed metal Sturmey Archer spoke protector	\$ .75
Four Campy cable clamps used for securing rear brake cable tubing to top tube. ... (Jacek "Rudy" Rudowski, 361-5273 evenings)	\$ .50 each
"McKinley" tandem frameset, complete with cranksets, chains, and all bearings. Approx. 50 years old, with remote steering, by rod, from the rear, as well as front steering. 20" dropped front/23" regular rear. Asking \$50. Call Jim Berger in Boston (353-1214).	