

JANUARY 1978

NOTICE

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JANUARY MEETING HAS BEEN CHANGED, SEE DETAILS BELOW.

SUNDAY, JANUARY 8, 10:30 A.M. - Frostbite Ride starting at Arlington Town Hall, Massachusetts Avenue in Arlington Center.

MONDAY, JANUARY 9, 7:30 P.M. - BOARD OF DIRECTORS MEETING. A working session to which all members are welcome. Harvard Community Health Plan Clinic, 1611 Cambridge St., Cambridge.

SUNDAY, JANUARY 15, 10:30 A.M. - Frostbite Ride starting from Dedham Plaza, Rt 1, Dedham, opposite Lechmere Sales.

THURSDAY, JANUARY 19, 8:00 P.M. - MEETING.

This month we have been able to secure a speaker of national reputation in the bicycling community - John Forester, author of Effective Cycling, Cycling Transportation Engineering, and other books on the subject of bicycling will be the speaker, and nobody who rides a bicycle should miss this meeting. John is the head of the LAW effective cycling program, president of the California Association of Bicycling Organizations, and is a well known fighter for the rights of cyclist. The subject of the evening will be aspects of the survival of the cyclist in the urban

WHEELPEOPLE

The Newsletter of The Charles River Wheelmen Bicycle Club
3 Bow Street
Cambridge, MA 02138



10/78

John J Springfield
146 Deocer Field Rd #1
Brookline, Ms. 02146

NEWS, ARTICLES, CLASSIFIED ADS ... Please send typed copy by the 10th of the preceding month to the editor, Richard Mazeikus, 266 Fellsway West, Medford 02155

CLASSIFIED ADS - Free to members; 25¢ per word to dealers and non-members.

Healthful Fellowship Through Bicycling.

environment, a subject with which John has come well familiar cycling around Palo Alto. The meeting will be held under joint sponsorship with the Boston Area Bicycle Coalition, the Museum of Transportation, and CRW/LAW and will be held at the new quarters of the Museum of Transportation, 316 Congress Street (by Atlantic Avenue) Boston - near the Giant Hood's Milk Bottle; bicycle parking will be available inside.

SUNDAY, JANUARY 22, 10:30 A.M. - Frostbite Ride starting at Minuteman Statue, Lexington Town Green, Massachusetts Avenue in Lexington.

SUNDAY, JANUARY 29, 10:30 A.M. - Frostbite Ride starting at Waltham Common, Main Street (Rt 20) and Moody Street, Waltham.

FRIDAY, FEBRUARY 3, 8:00 P.M. - This will be a WELCOME EARL party so the membership can get to meet and know the new president, Earl Forman, and also an attempt to start Earl's tenure off with a fattened treasury. This will be a free beer, wine, cheese, and snacks party so we want to see as many new faces as can be mustered - we want to see so many new faces that the old timers will think they're in the wrong place. A donation of at least \$2.00 will be hoped for from everyone attending and we would like to see all the donations go into the treasury so if anyone (bike shops, take note) would donate the evening's refreshment, their generosity would not go unheralded. It's probably deductible too (bike shops take note) - a donation of part of the refreshments would also be appropriate. Those

MEMBERSHIP APPLICATION: Membership in the Charles River Wheelmen also includes a membership in the national cyclist organization, League of American Wheelmen, and includes a subscription to the monthly newsletters of both clubs.

NAME _____

ADDRESS _____

CITY _____ ZIP _____

TELEPHONE _____

Single Membership \$15.00

Household Membership \$19.00

Any special bicycling interest? _____

Charles River Wheelmen decal, - sheet of three \$1.00

East Coast Bike Trail - set of 21 maps, \$4.35 postpaid from Editor.

interested in donating part or all of the refreshments may contact Bill Piekos, 661-2691. The meeting place will be at Dr. Ralph Galen's office, 2210 Massachusetts Avenue, Cambridge, about one-half mile outbound from Porter Square.

SUNDAY, FEBRUARY 5, 10:30 A.M. - Frostbite ride starting at Municipal Parking Lot, Newton Centre, Beacon and Centre Streets.

THURSDAY, FEBRUARY 16, 8:00 P.M. - MEETING.

Originally scheduled for January, but postponed to February because the logistics for getting last month's speaker to Boston required a January meeting.

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Time Trialing may not seem to many as being a form of bicycle racing, after all there is no pack to beat, there are no pace lines, no discernible leader. Because of this it is the form of bicycle racing that should interest riders of the type we have in the CRW.

Time Trialing, TT, is racing against yourself through your previous results on a set course. I suppose most of us have a road that we travel quite often and probably make mental notes comparing one day's ride against another; this is TT in its simplest form. This month's meeting will feature Dick Talbot, the Northeast Bicycle Club's record holder for the Veterans Class Time Trials, (see October bulletin). Dick will discuss the many facets of TT, especially personal satisfaction through goal achievement, and the important role TT can have in the mental and physical development of the casual and tourist bicyclist.

Place: Harvard Community Health Plan Cafeteria

1611 Cambridge Street, Cambridge (between Harvard Square and Inman Square, near Cambridge High and Latin School).

Those wanting to join together for dinner beforehand will meet at the Cambridge Street entrance to the HCHP building at 6:15.

TANDEM TIDBITS

Quietly and without fanfare tandems are showing up at CRW Rides in increasing numbers. Who are they owned by? Where did they come from? Is this a trend in CRW cycling? Is this a trend in cycling nationally? We hope to learn the answers to these questions and perhaps more.

Tandem owners, who are you? Where do you live and what is your telephone number? Would you like to be a member of the Tandem Section of the CRW? Would you like to have special tandem events in addition to the CRW events, or do you wish to remain incognito? (considering the length of your bicycle, that is a near impossibility).

Fill in the coupon below and try to add a double 'T' to the following:
Tandem Touring; Tandem Talk; Tandem Trails; Tandem Tango; Tandem _____
Mail to: Ralph W. Galen, 2210 Massachusetts Ave., Cambridge, MA 02140.

(continued)

Name _____ Age _____

Address _____

Telephone _____

Make and Model of Tandem _____

Special Interests in Tandem Riding _____

BOARD OF DIRECTORS ... On November 28, 1977 the Board of Directors of the Charles River Wheelmen, Inc. met, as required by the Constitution, and elected a new president, Earl Forman, who will serve in that capacity until December 1, 1978. Earl accepted the position under the condition that he get support from the Board and Committee people. He stressed the need to tap the skills of the membership and spread the work around.

Earl appointed Debra Glassman Vice-President of Rides and continued the appointments of other officers in the Club. They include: Don Blake, Treasurer; Joe Stanewick, Membership Chairman; and myself as editor. John Springfield has agreed to act as Recording Secretary of the Board meetings until a permanent one is appointed.

The Board is planning to change the club meeting night from Thursday to Monday; if any members have serious objections to this change, please contact Earl or myself.

EAST COAST BIKE TRAIL - At present the ECBT runs from Richmond, Virginia to Boston but plans are underway to extend it both north and south. The CRW and the Greater Boston Council AYH agreed to work together when the trail was first proposed two years ago, but so far almost all the work that has gone into the Massachusetts section has been the work of the AYH so I think it only fair that the CRW shoulder some of the work and continue the trail north from Boston to New Hampshire. I have already been in contact with the Granite State Wheelmen and they have enthusiastically agreed to work on the trail from the Massachusetts line to the Lake Winnepesaukee area. The AYH has also marked a spur from Boston to the Cape and is working on a route from Springfield to Plymouth.

If anyone would like to help or has questions about the trail, please write or phone me at home. We need people to suggest routes, ride routes, and to mark routes. It shouldn't take more than a few afternoons once the weather warms. When the New Hampshire section is eventually completed it is hoped it will extend into Canada, probably Quebec City or Montreal. In keeping with the name, we also hope to extend the trail from Boston, along the coast into Maine, at least to Mount Desert Island, but that is next year's project.

A NEW PRESIDENT'S LETTER

My intent is to keep you informed about what is happening in our favorite cycling club as a new year starts. You may have guessed by now that we again have a president. I've been greatly honored by being elected by our Board of Directors to fill the office recently vacated by Erv Pfau. I hope that I can live up to the faith

and expectations shown by the Directors at the November 29th special Board Meeting. The tradition set by Erv and his predecessors, who have led the CRW over the past decade, is one of high standards. In order to maintain these high standards I will need the help of all of you.

What I would like to do is to help create a program that would satisfy your desires and thereby increase your level of activity in the CRW. It is my conviction that the greatest attraction for new people joining is to meet active and enthusiastic members. So the question is .. what is it that turn on your enthusiasm?

I have some ideas for programs that I will share with you. By doing so I hope I can interest you in participating in some of the programs. Perhaps you have additional or differing program ideas. I invite you to share them with me or the Board, by writing or phoning (see below) or by coming to one of our monthly Board meetings. The Board will meet monthly on the 2nd Monday of each month at 7:30 p.m. at the Harvard Community Health Plan building in Cambridge. Do come and join us for one or every meeting. The more participants in planning and executing our programs, the better. So do come and join us.

Now for some of my ideas. (I hope we can share some of your ideas in future "Wheelpeople" issues):

First and foremost the cornerstone of any cycling club's program must be the rides program. My feeling is that there is no way that a single distance ride can satisfy the range of interests, available time, and energy of all of our members. Consequently I want to form a Rides Committee of broad membership and ask them to develop a program that has the following features:

1. Whenever possible rides will be planned for multiple distances with the intent to have a 10-15 mile slow to moderate paced alternative each time we have a longer ride. With a little thought it should be possible to have a common start, a common refreshment stop and perhaps even a common finish to promote maximum socializing. Each ride will have someone assigned to ride at the rear to help anyone with mechanical or physical problems.
2. The Committee will encourage as many new ride leaders as possible. We've depended on too few people in the recent past and our program shows signs of staleness because of it. Each of us has some area we like to ride in or perhaps an area we have never ridden but are curious about. The Committee will help any new leader by instructing them in how to lay out a ride and how to function as its leader. Actually laying out and leading a ride gives pleasure to many and is a rewarding experience that does not require all that much effort. If you've never done it - try it. With the help of the Committee I think you'll like it.
3. Ideally, we would like to have a complete rides calendar for the whole season by March 1st. If that is not feasible, then we should at least have two month's of weekend rides scheduled in advance. You can help by volunteering - or short of that, agreeing to help to lead a ride when called by a member of the Rides Committee. The Committee will be calling you in the near future.

4. I'd like to solicit your ideas on more rides with a special theme or flavor. For example combinations with some special sightseeing, a picnic or a swim. One of our most delightful rides has been the daybreak shore ride followed by breakfast hosted by Ed Corea. This is not to say that you must feed the mob (even though we dearly love food) but something with a bit of special twist lends interest. Again we solicit your ideas and contributions.

To accomplish all these ambitious things we already have the nucleus of a super Rides Committee. Chairing it is Debra Glassman, an enthusiastic rider and a talented organizer. In addition, the committee to date includes Dick Talbot, Ralph (Dr. Go) Galen, John Springfield, Dave Johnson, Mike Gengler and Dick Buck. Ralph Galen is particularly interested in organizing some tandem events as part of our rides program so you tandem riders keep your eyes peeled for activities. We would like even more. Ideally, the whole club should be members of the Rides Committee, - so call Debra in Belmont (489-3141) and volunteer to be a committee member, or at least to lead a ride.

Second on the agenda is the feeling expressed at the Board meeting that social activities and functions are desirable - after all we are a social riding club. I'm not very imaginative when it comes to this sort of thing but we are fortunate in having Bill Piekos who will be our Social Chairperson. Among the events already on the drawing board are another mid-winter bash at Ralph Galen's tooth palace (date to be announced) and a repeat of our enormously successful awards dinner. Again, Bill would like your help and ideas and implementation (call him at 661-2691, Cambridge).

There are a number of activities that we should be involved in that also require your help. First there is in the planning stage a Greater Boston Bicycling Week - tentatively planned for early May. If sponsorship and cooperation can be arranged, this major event, sponsored by the Boston Area Bicycle Coalition (BABC) will include bike races, rallies for biking interests, promotion of bike commuting, clinics displays, etc. I have committed CRW to lead some pleasure rides - definitely on the weekends, and possibly short evening rides. Mark Roseman is presently representing us in the planning. He may need help so if you want to take part in what could be a major successful happening in the Greater Boston area, give him a call (723-5775, Boston).

Another area in which we should be active is the field of legislation, motorists-cyclist relations, education for safe biking, etc. In other words as responsible adult cyclists we need to be aware of an influence events or legislation that relates to the promotion of safer and better cycling. Is there an interested and public spirited individual or individuals out there who would like to take the responsibility for being a watchdog over the federal, state and local powers? Such a person would keep us informed via a column in "Wheelpeople", suggest advocacy positions and campaigns and in general watch over our best interests. Call me if you are interested.

Still another opportunity for an interesting service is available. In 1980, two short years from now - the League of American Wheelmen (LAW) will celebrate its

centennial. The league was organized when the Rhode Island Wheelmen and the Massachusetts Wheelmen combined to form the LAW, which met first in Newport, R.I. Newport will be the site of the 100th anniversary celebration to be held over the 4th of July holiday in 1980. We have the opportunity to be co-sponsors and get in on the organizing of the convention festivities. If you are interested in helping organize and being club liaison contact Dr. Ed Gross (969-0477), Newton.

Speaking of the LAW, there is one problem matter that we as a club must face. The League, in order to finance its new and active legislative activities has raised its dues by \$2.00. Our Board of Directors is looking into all the options; ways of maintaining the present membership dues (which include your LAW dues) by possible economies, passing on the dues increase to you, or even making LAW membership optional. We'd like to hear some of your opinions.

Finally, wouldn't it be grand if on that LAW 100th anniversary weekend, all of us, 250-300 strong, rode down to Newport on our bikes - single file and obeying all the rules of safe cycling - in uniform with distinctive CRW cycling shirts (wouldn't somebody like to look into getting club shirts and/or jackets)?

I'm looking forward to it and I hope all of you are also. We've got the makings of a great organization. I'm looking forward to working and riding with all of you to make it so. Let us hear from you. Write to me at: 115 Loring Road, Weston, MA 02193 or call evenings at 894-2084.

Earl Forman

IRELAND Many of you may have read the article in December's LAW Bulletin on page 22, "Sources of Information for Biking in Great Britain and Ireland" and conjured up visions of pedaling on the old sod. You will be able to satisfy those urges this August when Ron Gallagher of Boston AYH leads a three-week bicycle trip to the Emerald Isle. Contact Ron for more information at 34 Perry St., Brookline 02146 (731-0591). Please enclose a self-addressed stamped envelope if writing.

FOR SALE Peugeot U-08, 21" frame, complete with pump, rear carrier and new Dia-Compe brakes. \$120.00 Mike Brien, 222-8083, Attleboro.

WANTED November 1974 and November 1976 copies of Wheelpeople. I'll return them to you after I take copies of them. Richard Mazeikus, 266 Fellsway West, Medford, MA 02155.