

WHEELMEN

MAR 1978



The Official Monthly Publication Of

The Charles River Wheelmen

The Charles River Wheelmen
3 Bow Street
Cambridge, MA 02138

JOHN SPRINGFIELD
146 BEACON FIELD RD #4
Brookline, Ma. 02146

The Charles River Wheelmen is an affiliated club of the country's oldest bicycling organization, The League of American Wheelmen.





The Charles River Wheelmen is a group of active adult cyclists ranging in age from 16 to over 70. Our abilities and interests vary from frank beginner to long-distance tourer to racer. Regular group rides are scheduled from spring to fall. These rides have a leader, a route marked with arrows (or a map is supplied), and planned stops to facilitate social fellowship. Efforts are made to encourage new riders in aspects of cycling proficiency, highway safety, and bike maintenance. Optional loops are often planned for those who wish to ride longer or shorter distances than the main group.

In the winter we have informal "Frostbite Rides" where the riders meet at a starting point and decide the pace and route of the ride.

Once a year we join with our parent organization, the League of American Wheelmen, and sponsor a 100-mile (Century) Ride. Riders travel at their own pace and try to ride 25, 50, or 100 miles. The CRW supplies refreshments at designated stops and awards patches to those who finish.

If you have any questions about the Charles River Wheelmen contact the appropriate officer or chairperson:

Earl Forman, President	894-2084
Ed Trumbull, Executive V.P.	332-8546
Debra Glassman, V.P. of Rides	489-3141
Don Blake, Treasurer	275-7878
Bill Piekos, Social Chairperson	661-2691
Al Basso, Membership Chairperson	666-8571
John Springfield, Editor	566-1928

The Board of Directors is composed of the following members:

Earl Forman	894-2084
Debra Glassman	489-3141
Ed Gross (New England LAW V.P.)	969-0477
Harold Lewis	332-3649
John Springfield	566-1928
Richard Talbot	449-3792

Membership Application

Membership in the CRW also includes membership in the League of American Wheelmen. The LAW will send you a monthly magazine, touring information, and help in protecting your right to the road maintenance. Optional loops are often planned for those who wish to ride longer or shorter distances than the main group.

In the winter we have informal "Frostbite Rides" where the riders meet at a starting point and decide the pace and route of the ride.

Once a year we join with our parent organization, the League of American Wheelmen, and sponsor a 100-mile (Century) Ride. Riders travel at their own pace and try to ride 25, 50, or 100 miles. The CRW supplies refreshments at designated stops and awards patches to those who finish.

If you have any questions about the Charles River Wheelmen

schedule of rides and events

FEBRUARY 26, SUNDAY, 10:30 A.M. - Frostbite Ride starting from the Belmont Savings Bank in Belmont Centre, Concord Avenue and Leonard Street. It is rumored that a bicycle with skis will make its debut. All hardy souls are invited.

MARCH 5, SUNDAY, 10:30 A.M. - Frostbite Ride starting from Dedham Plaza, Route 1, Dedham, opposite Lechmere Sales.

MARCH 12, SUNDAY, 10:30 A.M. - Frostbite ride starting from the Cambridge Common, Mass. Ave. and Garden Street, north of Harvard Square. The sun has promised to appear at 10:31. Be on time.

MARCH 13, MONDAY, 7:30 P.M. - Board of Directors Meeting at the Harvard Community Health Plan Clinic, 1611 Cambridge Street, Cambridge, halfway between Harvard and Inman Squares. Meet with the board members, officers, and chairpersons to discuss the awards banquet, membership packet, rides program, and club events.

MARCH 19, SUNDAY, 10:30 A.M. - The last Frostbite Ride of the season will leave from the Weston Common. Take Route 20 west, turn right at School Street. Go 150 yards to the common.

MARCH 26, SUNDAY, 10:30 A.M. - The first preplanned ride of the season will try to get the kinks out by riding a figure (8) through Weston, Wayland, and Sudbury. Each loop of the 8 is approximately 16-18 miles long, so either half of this ride will make a pleasant short leisurely paced ride. There will be a lunch break in the middle at the Friendly's on Rte 20 in Wayland just west of the Weston town line (bring your lunch or buy one at Friendly's or the adjacent convenience store). The ride will start at the Weston town green (approximately 1.4 miles west of RTE. 128 on Rte. 20 to the 1st traffic light, then right at the light for 150 yards to the green). Those who want to ride the 2nd loop only, can join the group at the lunch stop (about 2 miles west of the Weston town green around 12:30). Plan on joining us for this first formal ride of the season. Leader: Earl Forman, 894-2084.



* * * * *

* MARCH 27, MONDAY, 8:00 P.M. - CLUB MEETING at the Harvard
* Community Health Plan Clinic, 1611 Cambridge Street, Cambridge,
* Between Harvard and Inman Squares.

Topic: AMATEUR FRAME BUILDING
Speaker: Dick Talbot

* Have you ever dreamed of building your own bicycle to suit
* your particular needs? Have you ever wondered if you have the
* skills to fashion metal tubes into a bike frame that will be
* unique? Dick Talbot has done just that. He will share with
* us some of his experiences, trials, and jublations of creating
* his own frame. Dick says: "It can be done!" But even if you
* don't plan to grab your blow torch, come out and learn about this
* fascinating area of bicycling. See you there.

NOTE: NEW DAY

APRIL 2, SUNDAY, 10:00 A.M. - Join us as we loop through the Lexington, Bedford, Hanscom Field area. Starting point will be the Waltham Common, Main and Moody Streets in Waltham. Two loops of 25 miles and 35-40 miles will traverse the moderately flat countryside; but there are some big hills at the beginning to warm you up and test those kneecaps. A late lunch stop is planned for the end of the ride at the Waltham Common. Bring your lunch or buy it at one of the fast food outlets in Waltham Center. Leaders: Quentin Klein, 527-1557 and Pat Ryan.

APRIL 9, SUNDAY, 10:00 A.M. - Explore the Carlisle, Burlington, Chelmsford area as we cycle two relatively flat routes. Both rides begin at the Howard Johnsons opposite the Burlington Mall on the Middlesex Turnpike (just off Rte. 128). You have your choice of biking 15 miles or 35-40 miles. Bring your lunch; we will stop along the way. Leaders: Bill Roberts, 661-8698 and Mary Maraggio, 282-9812.

APRIL BANQUET - Plans for the Annual Awards Banquet are being finalized. Guest speaker will be Dr. Eugene Gaston of the "Medical Advice" column of BICYCLING magazine. Space is limited to 90 people. As of press time Ed Gross is negotiating with a famous chef to create an excellent entree to tantalize the taste buds of hungry cyclists. Specific information will be in the next issue of WHEELPEOPLE. Awards are being donated by area bike shops, club members, and other interested folks. If you have any contacts with area bike shops or would like to donate prizes yourself, call Bill Piekos (661-2691) or Ed Gross (969-0477).

* * * * *

THIS 'N THAT

GREAT EASTERN RALLY (GEAR) - May 26-29 at Millersville, PA. Tour Lancaster County, the heart of Pennsylvania Dutch Country, with its miles of peaceful farmlands. GEAR '78 features a variety of bike workshops, seminars, and riding terrain to please the avid cyclist and touring family alike. For more information check your LAW Bulletin.

BOTTLE BILL - The Committee for a Massachusetts Bottle Bill is trying to raise money for a lobbying campaign aimed at the state legislature. Their object is to ban no-deposit, no-return beverage containers. Let your state legislator know your opinion on this subject. If you want to help the Committee, contact them at 120 Boylston Street, Boston, MA 02116, phone : 423-1796.

ELECTION RESULTS

By a vote of 5 yes to 1 no, the membership passed the constitutional amendment allowing Board members to serve two consecutive terms. The ballots were opened and counted at the February meeting of the Board of Directors.



FREE WHEELING THOUGHTS

Because I'm a newcomer to the Presidency of the CRW, a number of you have asked how I like it or how I'm doing. Well, what makes the President's job pleasant or unpleasant, his regime successful or unsuccessful, all depends on the people he gets to work with him and what sort of job they do (you see its really a very parasitic position). Two events of the past month illustrate why the job so far has given me great pleasure. You and I have great people working for us.

At this writing I'm still enjoying the memory of our first social of the year, the open house at Dr. Ralph Galen's tooth palace. Many of you were there, and for you I don't need to describe the warm fellowship, bounteous food, and good drink we enjoyed. The whole thing was organized and magnificently brought off by Bill Piekos, our new Social Chairman. Not only did Bill get all the goodies and set up the party but he was able to do it at no cost to us. I don't yet know whom we owe our thanks, but their generosity has allowed us to increase our treasury by \$76.00 (the contributions from the attendees). Bill's inaugural effort as Social Chairman was outstanding - I'm looking forward to the next one which should be the awards banquet.

The second achievement that has made my job a pleasure is the tremendous job the Rides Committee is doing. In one evening, using a telephone squad whose success have made the Lloyd-Carr options envious, 31 out of the 36 Sunday rides (from March 26 to November 26) were scheduled. Organized and led by Debra Glassman, the phone squad consisted of Debra, Mike Gengler, Ed Gross (to whom additional thanks are due for letting us use his organization's phones), John Springfield, and the writer. You, our members were so cooperative that we didn't get to call many of you to give you the opportunity to plan and lead a ride.

But, we still need your help in the Ride Program. You will remember that one of our goals this year was to offer shorter and/or slower ride alternatives with every long (say greater than 20-25 mile) ride. Those who signed up to lead Sunday rides will consequently need help since in reality two (2) rides are being run each Sunday. Ideally, each ride should have one or more leaders (eg someone to ride in the rear to help stragglers or people with mechanical problems and someone to lead and direct riders at difficult intersections etc). Thus we really need lots of you to volunteer to help those who have already signed up. Call Debra, (489-3141) and either volunteer in general and have her suggest a ride or rides that could use your help. We need you all to produce a great riding season and to keep the CRW the great organization that it has the potential to be.

Earl Forman

TANDEM TIDBITS

Charter Membership in the CRW Tandem Section will soon draw to a close. If you own a tandem or will by the time the bicycle season begins and want to be a Charter Member send in your vital statistics; see form below. Note that there is no membership fee.

To date the following Charter Members have registered:

Ed Gross & family
Lt. & Mrs. John Gordon
Bea & Earl Forman
Harold Lewis & family
Mokdh & Gloria Ali
Dick & Murial Wagg
Dorothy Cunningham & Ralph Galen

A pleasing schedule of rides has been planned with Rides Chairperson, Debra Glassman. Some will be for tandems only and others will be coordinated with regular CRW rides. Tandem Section members will be asked to lead rides as time goes by and to act as host or hostess in which they will open their homes to our limited membership. On occasion there will be a ride fee to cover expenses such as refreshments and hopefully there will be a ride a year, or more often if desired, to take a blind person out for the day.

The first ride of the season will probably be in the Blue Hills at the home of Dorothy Cunningham where a cookout will follow the ride. Watch the Tandem Tidbits for more specific information.

Speaking of TT talk, not only have we picked up a double "T" from the Lewis Family, namely Tandem Trouble, but a triple "T" from Dick & Murial Wagg, Tandem Temper Tantrum. All such contributions will be gratefully received and published.

For those not yet registered in the Tandem Section please fill out the coupon.

TO: Ralph W. Galen
2210 Massachusetts Avenue
Cambridge, MA 02140

Name _____ Phone _____ Age _____

Address _____

City _____ State _____ Zip _____

Make and Model of Tandem _____

Special Interests in Tandem Riding _____

Bike-A-Thon

Seventh Annual "Ride-a-Bike for the Retarded"
Sunday, April 30th, 8 AM - 5 PM

Meet at the Center School, 84 Billerica Road (Rte. 129), in Chelmsford to ride 25, 50, 75, or 100 miles to raise money for the Mass. Association for Retarded Citizens. Follow the leadership of fellow CRW member Ed Trumbull, who has been the highest money earner annually. Help support the efforts of another CRW member, Donna Haines, who has coordinated the ride in the Greater Lowell area each year. Register with Chelmsford Chairperson, Dot Rostron (of TOSRV-EAST sag wagon fame), who ran the most successful MTA community ride in 1977.

Join the Winning Team on April 30th and help us do it again.

Leader: Dorothy Rostron
737 School St., Lowell 452-3225
Area Coordinator: Donna Haines
12 Munro Circle, Tewksbury 857-7717

TOSRV

Seventh Annual TOSRV-EAST, Friday Night - Sunday, June 23-25

This annual Tour of Scenic Rural Vermont, sponsored by the Greater Boston Council of the American Youth Hostels, is a very popular trip, so get your reservations in early! Number is limited to 80. Cut-off date for reservations is May 15, and no money will be refunded after June 1. Remember, this trip is for the hearty cyclist - 212 miles in two days - all mileage is on Route 100 from Rawsonville, Vermont, north to Waterbury Center, Vermont, and return on the same route.

The fee of \$17.00 includes rustic overnight accommodations at the "Rafters" in Rawsonville on Friday night, and Saturday evening dinner, overnight, and Sunday breakfast at the Ski Hostel Lodge in Waterbury Center, Vermont. Either bring along a sheet sleeping sack or rent linens from the housemother, Martha Guthridge, for a \$1.00 fee payable to her. Detailed information will be sent to you two weeks prior to the trip.

Send your check for \$17.00, payable to TOSRV-EAST, along with a self-addressed stamped envelope to:

Kay Knapschaefer
92 Ramsey Street
Manchester, NH 03103 Ph: (603) 669-7478 (eve.)

Your canceled check is your receipt.

Co-leaders: Donna Haines (617) 851-7717 (Tewksbury)
Dot Rostron (617) 452-3225 (Lowell)

Treasurer's Report

LOOSE CHANGE By Don Blake

January 1978 Income	
Membership dues	\$188.00
January 1978 Expenses	
LAW dues	139.50
Miscellaneous	15.00
	<u>154.50</u>
January 1978 net increase/decrease	+33.50
February 18, 1978 Balance	458.63

Through this column I will attempt to keep you informed of the club treasury. Items of general interest which effect the treasury will be discussed from time to time.

I would like to note two important matters:

- 1) Never send your LAW dues directly to the LAW. As a 100% affiliated club, the CRW retains 10% of these dues. If you send your dues directly to the LAW, you deny our club an important source of revenue.
- 2) The club maintains both a savings and checking account. A minimum amount is kept in the checking account for immediate expenses. The bulk is held in the savings account where it collects interest.



Highlights of the February 16, 1978 meeting:

- 1) Don Blake has sent letters to members whose checks were not processed due to a mixup last year. The letter explains that the membership for both CRW and LAW will start as of February. Many thanks to Don for straightening out this matter.
- 2) Al Basso was appointed Membership Chairperson. He will mail out renewal notices at the same time he assembles the bulletin.
- 3) A membership packet including membership card, CRW constitution and by-laws, LAW brochure, and club description will be sent out to all new members. All present members will receive the packet in a one-time-only mailing.
- 4) The Bicycle Exchange is offering a 10% discount to any club member. The membership card will be used as identification.
- 5) The Rides Committee called members on January 24 asking them to commit themselves to leading a ride this season. Almost the entire schedule was filled. Debra Glassman is sending out a 3-page instructional writeup to all ride leaders.

HOW WOULD YOU LIKE TO BE IN MOVIES?

The following letter was received from the Wrentham Cultural Community Development Program concerning a movie about cycling that they are going to produce:

We are the Wrentham Cultural Program, who intend to produce a film of cycling in Wrentham. This project intends to support the aspect of cycling as one of the alternative types of transportation.

The film will portray ecological sights, historical sights, nature trails, the community environment, and the pleasures of cycling.

We would like to involve the Charles River Wheelmen members in the making of this film. We intend to make it recreational and educational.

Wrentham is a rural town which has not been developed by industry.

Wrentham has a rich history going back to the King Philip War. There are many homes in Wrentham that are over 200 years old. There are Indian walking trails and several very scenic lakes. Helen Keller lived in Wrentham when she attended Radcliffe College.

We feel that this film could benefit the touring bicyclist. If anyone wishes to purchase a copy of this film, or help in its production, please contact one of the below addresses.

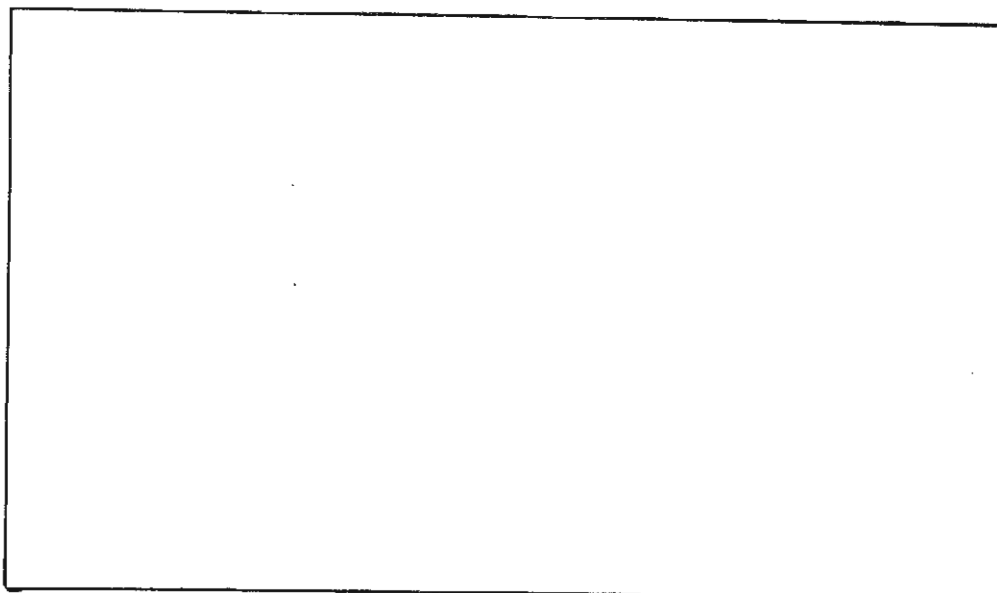
We need cyclists involved in this film to make this truly a cycling event. Any suggestions we would appreciate. We would like this letter submitted in your newsletter. Thank you for your time.

Ellen Newell
215 Maple Street
Franklin, Mass. 02038

Charles Voner
11 Brown Place
Woburn, Mass. 01801

* * * * *

PHOTO OF THE MONTH



Ed Trumbull riding white Peugeot down Comm Ave during February 7th blizzard. He is accompanied by his faithful Alaskan husky, White Lightning.

MBTA PROHIBITS BICYCLES

The following news comes from BIKE NEWS, a monthly newsletter of the Metropolitan Area Planning Council:

BABC's John Hixson and Jim White met with David Gunn, Director of Operations of the MBTA to request that bikes be allowed on the Blue Line. The request seemed reasonable because there is no other way that bikes can get from downtown Boston to East Boston, Revere, and Winthrop. The Mystic River Bridge and Callahan-Summer Tunnels prohibit bikes. John and Jim asked only that three stations be available for bicycle access: Bowdoin, Maverick, and Wonderland. In addition, they asked for the non-rush hour times of 9 am. to 2 pm., and after 6 pm. While Mr. Gunn seemed agreeable to the proposal, but the MBTA's Service Committee turned it down. The Committee cited requests by the DPU not to allow dangers into MBTA stations. The bicycle is viewed as dangerous because:

- 1) It might get in the way of patrons, especially in emergencies
- 2) It is metal and might somehow end up on the third rail, causing a short circuit.

If you have any suggestions on further strategies, contact John Hixson at 876-6800 x 359.

Membership

If there are any mistakes in your address or expiration date on the mailing label, contact Al Basso at 666-8571.

C L A S S I F I E D S

FOR SALE - Raleigh International 23 $\frac{1}{2}$, loaded with extras, perfect condition, must see to appreciate. \$450. Call Richard Samborski, 526-4607.

TOURING CYCLISTS - I'm a cyclist who's trying to get together a small group of people to do some long-distance cycling at the end of next summer (possible destination: Canada ...). If you're interested in planning/joining a bike trip, call Nancy: 864-3078 in Cambridge.

WANTED - Front-end loading bicycle to rescue two participants of February 12th frostbite ride still stranded near Blue Hills observation tower. Army helicopters have dropped in survival supplies consisting of gorp, Clement tires, and Weyless rollers.

What's Happening?

NEWS, ARTICLES, CLASSIFIED ADS - Send to WHEELPEOPLE Editor, John Springfield, 146 Beaconsfield, Apt. 4, Brookline. MA 02146.
CLASSIFIED ADS - Free to members; 25¢ per word to non-members.

Material must be received by the 15th of month preceding issue.