

WHEELPEOPLE

NOV 1978



The Official Monthly Publication Of

The Charles River Wheelmen

The Charles River Wheelmen
3 Bow Street
Cambridge, MA 02138

10/78

JOHN J SPRINGFIELD
146 BEACONSFIELD RD. #4
BROOKLINE, MA. 02146

The Charles River Wheelmen is an affiliated club of the country's oldest bicycling organization, The League of American wheelmen.





The Charles River Wheelmen is a group of active adult bicyclists ranging in age from 16 to over 70. Our abilities and interests include beginning rider, long-distance tourer, commuter, and racer. Regular rides are scheduled from spring to fall. These rides have a leader, a route marked with arrows (or a map is supplied), and planned stops to facilitate social fellowship. Efforts are made to encourage new riders in aspects of cycling proficiency, highway safety, and bike maintenance. Optional loops are planned for those who wish to ride longer or shorter distances than the main group. One proficient rider is assigned to the rear of each ride to help with repairs and to insure that nobody is left behind.

In the winter we have informal "Frostbite Rides" where riders meet at a designated point and mutually decide the pace and route of the ride.

Once a year we join with our parent organization, the League of American Wheelmen, and sponsor a 100-mile (Century) Ride. Riders travel at their own pace and try to complete 25, 50, or 100 miles. Refreshments are supplied at designated stops, and patches are award to the those who finish.

If you have any questions about the Charles River Wheelmen, please contact the appropriate officer or chairperson:

Earl Forman, President	894-2084
Ed Trumbull, Executive V.P.	332-8546
Debra Glassman, V.P. of Rides	489-3141
Don Blake, Treasurer	275-7878
Bill Piekos, Social Chairperson	661-2691
Al Basso, Membership Chairperson & Bulletin Distribution	666-8571
David Johanson, Publicity Chairperson	357-9300 (days)
Bill Roberts, Computer Processing	661-8698
John Springfield, Editor	566-1928

The Board of Directors is composed of the following members:

Earl Forman	894-2084
Al Basso	666-8571
Debra Glassman	489-3141
Ed Gross (New England L.A.W. V.P.)	969-0477
Eric Hall	965-4768
Harold Lewis	332-3649
Nancy Peacock	628-7566
John Springfield	566-1928
Joe Stanewick	323-8188
Dick Talbot	449-3792

Membership Application

Membership in the CRW also includes membership in the League of American Wheelmen. The L.A.W. publishes a monthly magazine, sponsors regional bike rallies, and helps in protecting your right to the road.

New? Renewal? If Renewal, include LAW member no. _____

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Single Membership: \$15 per year Household: \$19 per year

The CRW bylaws require that members be at least 16 years of age.

Make checks payable to: Charles River Wheelmen

Mail to: 3 Bow Street, Cambridge, MA 02138

Dues include L.A.W. dues. DO NOT MAIL L.A.W. DUES TO L.A.W. SEPARATELY.

Coming Events

OCTOBER 22, SUNDAY, 10:00 A.M. - Join Harold Lewis, 332-3649, for a 12-mile (20 km.) or 20-mile (32 km.) ride through Wellesley, Weston, Newton, and Needham. Meet at the Duck Feeding Area at Routes 128 and 30. The terrain for these pleasant rides is moderate with some hills. Incidentally, last Sunday he took the official club photograph with his antique 360 Cirkut camera. He took the picture at the beginning of the ride and had it developed in a few hours so people could see it at the lunch stop. If you're interested in buying a copy of the photograph, call Harold.

OCTOBER 23, MONDAY, 7:30 P.M. - First Club meeting of the fall. The topic to be discussed is Winter Cycling. The moderator of the panel discussion is Ed Gross. Panel members are Dick Buck, Eric Hall, Ed Trumbull, and others. If you have any questions or opinions on the best gloves, shoes, headware, or if you're concerned about the effect of cold air, then show up! Meet at the Harvard Community Health Plan, 1611 Cambridge St, Cambridge. New and old members welcome.

OCTOBER 28, SATURDAY, 10:00 A.M. - 3:00 P.M. - First Annual CRW Bike Flea Market at Dick Heeley's garage, 44 Chandler St, Belmont. See next page for directions. Here is your chance to buy, sell, swap bikes and bike parts. Don't miss the bargains. Open to CRW members only. No dealers. Sell your old parts, or donate them to the club to be sold. No self-respecting bike junkie will miss this one. For more information, call Vic Oliver, 272-4915.

OCTOBER 29, SUNDAY, 10:00 A.M. - Meet Kim Rich, 665-0377, and Donald Rich for a 33-mile (53 km.) loop to Salem offering historic museums and sights, or ride a 44-mile (71 km.) loop to Essex and enjoy the country and coastal scenery. This well-marked route is flat and smooth with a few small hills. Restaurants are plentiful. Lunch at McDonald's in Salem. Meet at Saugus Plaza, Routes 129 and 1.

NOVEMBER 5, SUNDAY, 10:00 A.M. - Choose from a 13-mile (21 km.) ride or a 25-mile (40 km.) ride through Needham, Wellesley, Natick, Sherborn, Medfield, and Dover. Start at the Needham Town Hall, Route 135 and Chestnut Street. Lunch will be at Dover Center. This is a joint ride with Needham Cycling Association. Leader: Dick Talbot, 449-3792.

NOVEMBER 6, MONDAY - Mail your Board of Directors ballot NOW! It must be received by Wednesday, November 8. Ballots will be counted on Wednesday night so new Directors can be notified.

NOVEMBER 9, THURSDAY, 7:30 P.M. - Board of Directors meeting at the Harvard Community Health Plan, 1611 Cambridge St, Cambridge. New Board members will start their terms. The President will be selected by the Board. Board members and others are encouraged to bring in examples of colorful jerseys that may serve as the official CRW jersey. All members are invited to share in the discussion. A new Recording Secretary will be appointed by the Board. The Secretary need not be a member of the Board. If you are interested, please come and volunteer.

NOVEMBER 12, SUNDAY, 10:30 A.M. - Join Dave Johanson, 926-3371 home, 357-9300 work, for a figure-8 ride through the towns west of Boston. Each loop is about 25 miles (40 km.). The first part of the ride starts at the Duck Feeding Area, Routes 128 & 30, at 10:30 am. Lunch will be in Weston Center. The second part begins at Weston Town Green around 12:45 pm. Lunch can be bought in Weston.

NOVEMBER 13, MONDAY, 7:30 P.M. - Second Club Meeting. Here is your chance to experience the biggest race of them all, the TOUR DE FRANCE. We have a great film supplied by the Society for French American Cultural Services and Educational Aid, called "Pour Un Maillot Jaune" ("For a Yellow Jersey"). The film depicts the drama as the riders try to win the various stages of the race, and thus be allowed to wear the coveted Yellow Jersey. Pop corn will not be supplied, so bring your own munchies. At this meeting, the President for the next year will be announced.

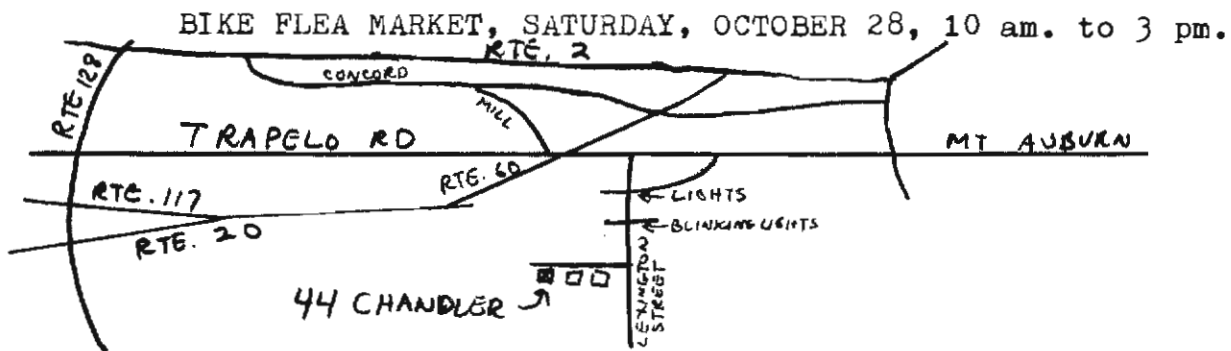
NOVEMBER 19, SUNDAY, 10:00 A.M. - The GYRO-WEST CONCORD Ride brings us to the close of our regular ride season. Now you may ask, "What is a gyro?" A gyro happens to be a creation of the Olympia Restaurant in West Concord. It's made with lettuce, beef, garlic, and yogurt. Of course, your taste may be more ordinary, so we've also found a donut shop where you can lunch. Meet Giannela Garrett, 864-1410, and Will Barron for 20-mile(32 km.) and 45-mile(73 km.) rides. Start at Metro State Hospital, 475 Trapelo Rd, Waltham.

NOVEMBER 26, SUNDAY, 10:00 A.M. - Today begins the winter season of Show-and-Go riding. There are no arrows or planned routes. The riders showing up will decide where and how far they wish to ride. Don't let the lack of a pre-planned route scare you away. Last year we sometimes got out more riders in the winter than we did during the regular season. In fact, when a mild winter Sunday comes along it seems to invite a spin on that bike just one last time. Come prepared with adequate clothing and maps. Meet at the Cambridge Common and work off that turkey dinner.

DECEMBER 3, SUNDAY, 10:00 A.M. - Show-and-Go ride starting at Cleveland Circle, Beacon Street and Chestnut Hill Avenue.

DECEMBER 10, SUNDAY, 10:00 A.M. - Start at the Duck-Feeding Area at Routes 128 and 30.

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By public transportation: take "Waverley" trackless trolley from Harvard Square (#73), or take bus #521 from Newton Center.

FREEWHEELING THOUGHTS

FROM THE PRESIDENT

Well we're back from a great vacation at least in body if not in spirit. About the only defect in an otherwise perfect vacation is that we did no cycling. Our reintroduction to the bikes was a great one though. We went on the October 8 ride from Hopkinton to Mendon. Not only was the route magnificent, the fall foliage in peak perfection, but we all were treated to the hospitality of Larry Williams, Debby Hess, Janet Kornmeyer and John Springfield, who led the ride, and in addition treated all to a most delicious repast of hot cider and beef stew. It made reentry very easy.

I want to say a few final words about our vote on the club name. By now many of you are aware that the members have voted that we are still to be called the Charles River Wheelmen. Two things are significant about the vote. First, it was a relatively large one, over 120 ballots were received. So the decision was not decided by some small and possibly non-representative group. (The frustrating fact is that this is the first issue in my experience with the club that has generated this level of interest and response.) Second, there was a significant vote (almost 40%) for the name change. Clearly there is an important segment of our membership who are sensitive to a possible sexist connotation of our Wheelman name. It is important that we respect that feeling and continue to function in a manner that assures all of our present members and our potential new members that we are interested in all bicyclists and bicycling on an equal basis.

Having said that, now is the time to get back to the delights of cycling. I hope to see you all on the roads.



Earl Forman/October 13, 1978

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RESULTS OF NAME CHANGE BALLOT

Approving Name Change	46
Not Approving	72

The Board counted the ballots at the October 10th meeting and certified the results.

TANDEM TIDBITS

The Massachusetts Association for the Blind, 200 Ivy Street, Brookline, would like to recruit some volunteers to go tandem bike-riding with blind and visually handicapped people in the Boston area. The Association owns seven tandem bikes but, of course, volunteers may use their own bikes! We'd like to match people on a one-to-one basis. If you are interested, please call Fran Weisse at 738-5110.

The Mass. Association for the Blind is also interested in volunteers to keep their bicycles in good repair.

If you volunteer, your availability will be announced on the Association's telephone tape (738-1110) and through publications. These on-going programs will be announced periodically in WHEEL-PEOPLE.

Ralph Galen

Tandem '78 and Midwest Tandem '78

Tandem '78 was held in Hunt Valley, Baltimore County, Maryland, in the rolling hills of beautiful Maryland horse country. This "tandem" was first class all the way; luxury accommodations, great food supplied by a caterer specializing in Maryland farm style dining, country breakfasts, outdoor picnic lunches, a Bull Roast and Seafood Dinner. Seventy five tandem teams attended this event hosted by the Baltimore Bicycle Club. Names you may recognize in attendance were Fred and Pauline DeLong, Glenn and Beth Zeichner (both officers of TCA), "Iron John" and Sandra Granzow of BBC. John and Beth Gordon of CRW attended as did the Waggs. John and Beth impressed everyone by running (on foot) one of the rides (9.8 mi.) before breakfast one morning.

Tandems of almost every make were in evidence; however, the greatest number were Jack Taylors, Schwinn Paramounts, Bill Bostons, and Gitanes. Two amateur frame builders, Suter Hudson and Anton Sober, rode tandems of their own design and both received oh's and ah's in appreciation of their fine craftsmanship.

One of the biggest problems with tandems has been wheels, particularly spoke breakage. This situation has been much improved with most riders using 40, 48, and even 71 spoke rear wheels. The improvement is evidenced by the fact that the winner of the broken spoke award had only two broken spokes during the three-day event, a record for this award. Things are looking up. However, among other failures was a broken rim, Super Champion(ours!), one broken free wheel which spun in both directions, and a broken spring in a rear derailleur which was repaired on the road with a rubber band.

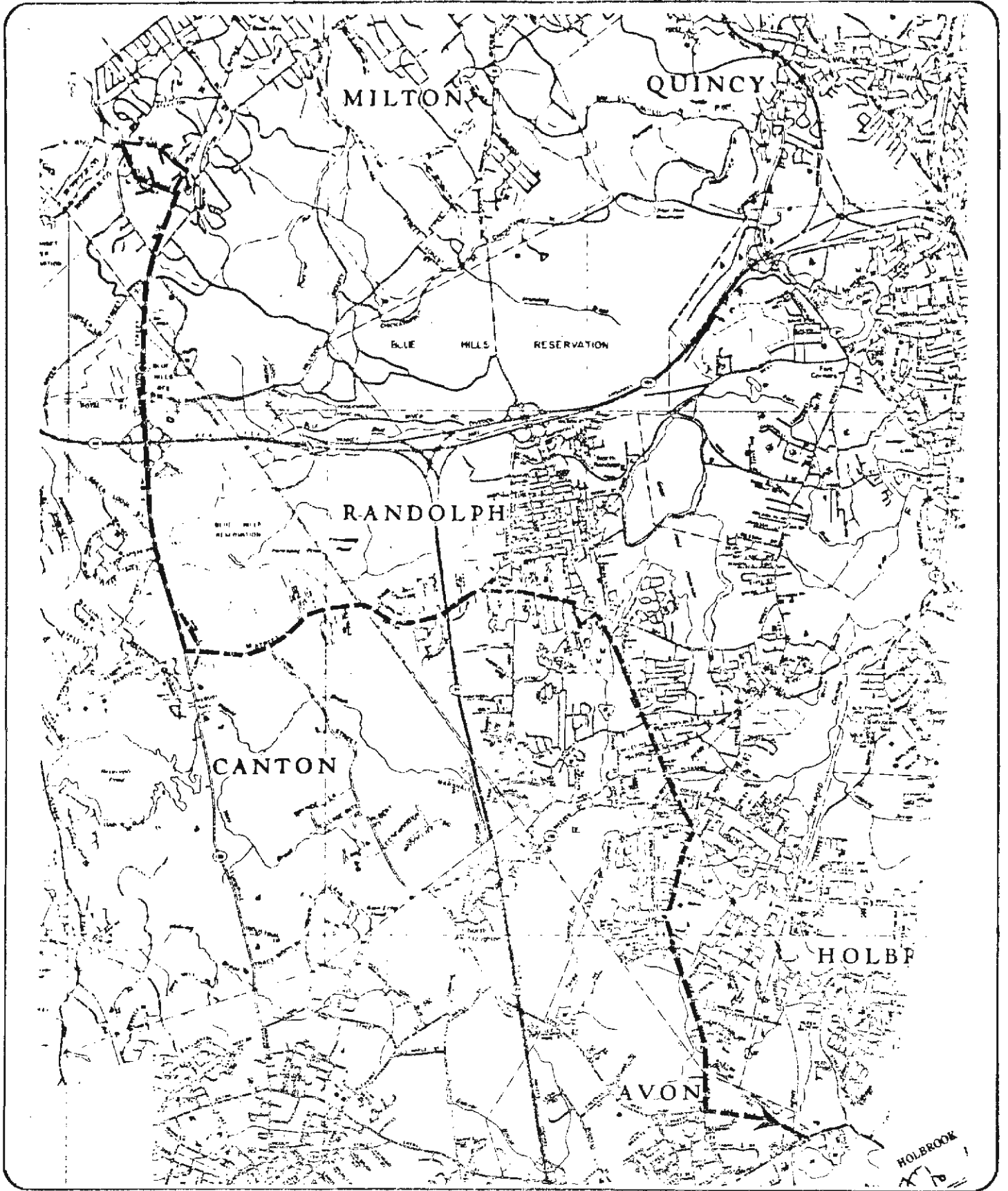
Emory and Ann Glass of Marblehead, MA proposed Tandem '79 be held on Cape Cod. This was accepted and they are going ahead with plans for Tandem '79, tentatively in the first week in October '79.

We journeyed from Maryland to Charleston, SC where we enjoyed riding the streets of old Charleston by bicycle (only way to see the place).

We continued on to Louisville, KY to attend Midwest Tandem '78. 37 tandems from 10 states toured the beautiful blue-grass scenery.

We have thoroughly enjoyed attending these tandem events. It's a grand way to make friends, see a new area, and solve mechanical problems. We hope CRW tandems will attend Tandem '79 on Cape Cod.

Dick and Muriel Wagg



Boston CC
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CAPS	

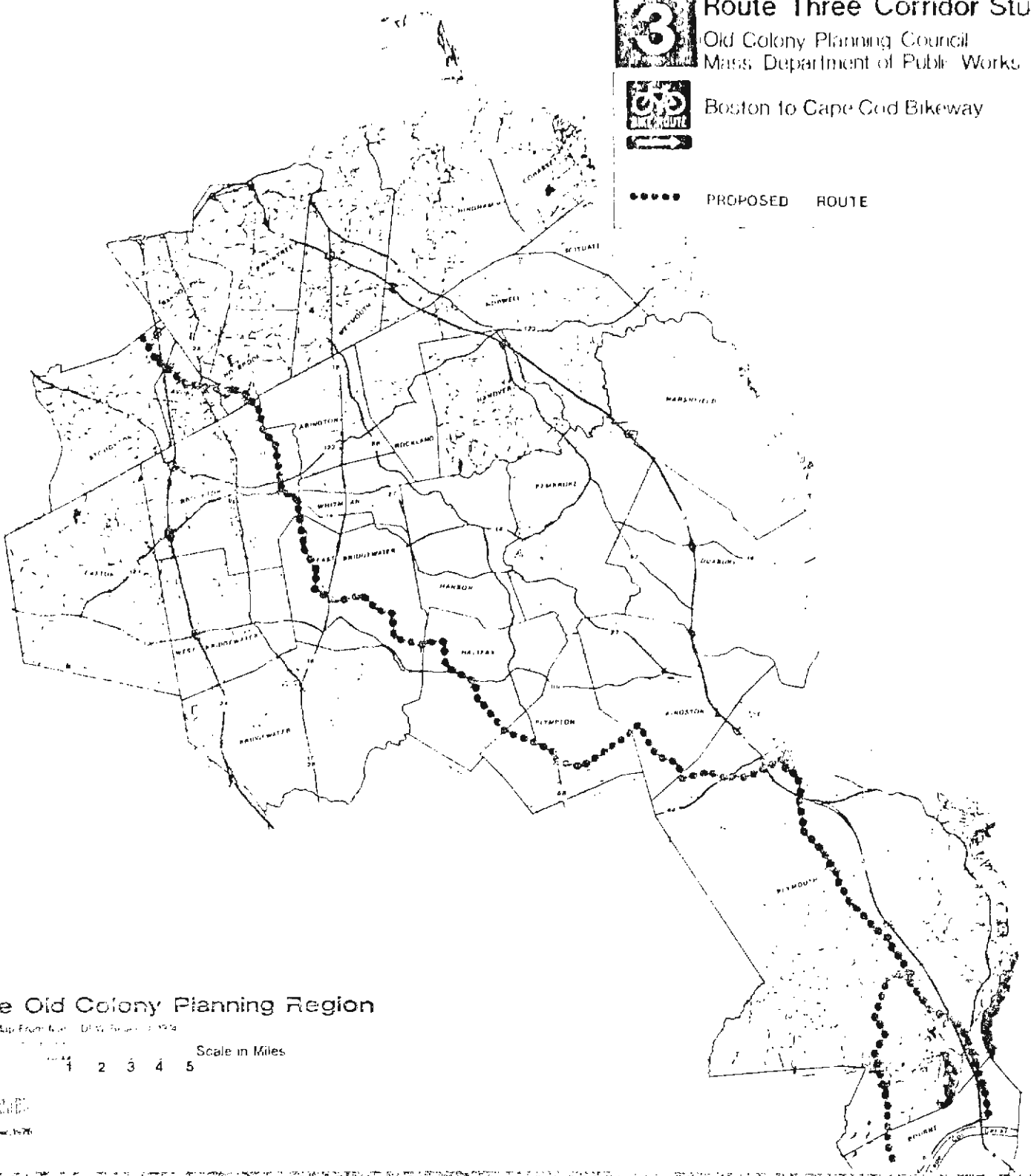
3 Route Three Corridor Study

Old Colony Planning Council
Mass. Department of Public Works



Boston to Cape Cod Bikeway

..... PROPOSED ROUTE



The Old Colony Planning Region

Base Map From U.S. G.S. Series 1:250,000

Scale in Miles

1 2 3 4 5

PLANNED

December, 1976

BUS TO CCOD
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ELECTION

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Six Board of Director positions are to be filled in the elections. The three highest vote-getters will serve for three years; the next three highest will serve for two years. BALLOTS MUST BE RECEIVED BY WEDNESDAY, NOVEMBER 8, 1978! Individual memberships will get one vote; household memberships will get two votes.

Each candidate was given a chance to explain his or her position. The following were received:

S. Marc Altman: As a candidate for the Board of the CRW I was asked to put down a few words concerning my interests in biking. There is no need to express my pleasure in the sport, as that is evidenced by my active participation in the CRW activities and my interest in the the position of a Board member. Instead let me enumerate a few of my beliefs concerning the activity and CRW's part.

1. I believe bikers should be more responsible; ie., stopping at lights, riding on the right side of the road, etc. If we want to be treated as a vehicle, we should act the part.
2. The wearing of helmets should be strongly encouraged (perhaps mandated).
3. The CRW rides should start on time - not 30 to 45 minutes late.
4. There should be more longer rides of 50 to 70 miles.

If other CRW members' interests coincide with mine, they might be interested in electing me to the Board to represent these points of view.

Carla Buerig: I am a newcomer to CRW, having joined this past spring. Last week (September) I also joined the tandem section. CRW is a great group, I enjoy riding much more now and have made several new friends. As a member of the Board of Directors I hope that I can learn much more and help to see the innovative ideas we have materialize. We've all talked among ourselves about bicycle safety for children as well as adults, competitive rides within our own group, collective buying power, and increased membership. I'd like to do what I can to make this all happen.

Ed Gross: I practice and proselytize for bicycling for fitness, transportation, and recreation. As a vice president of LAW I have worked for fair representation for the interests of bicyclists in government as exemplified by the program of Ralph Hirsch; and for the spread of knowledge of proven and logical (as opposed to wishful and theoretical) safety measures as exemplified by the Effective Cycling program of LAW. I believe that CRW and LAW must work to attract cyclists of all levels and interests so as to provide a meaningful forum and a credible voice for bicyclists in the public area. To do so, we must educate members through rides and programs increasing their pleasure and enhancing their safety, and by example, the safety of other cyclists. CRW is the only adult bicycle club in the Boston area and can do much for many unaffiliated adults and their observing children.

FOR SALE - Motobecane Grand Record, 23", with Campagnolo Record Hubs, Campy Record head set, Custom Silver metallic Imron paint job, \$175. Call Bob White at 734-5783.

FOR SALE - Pair of used wheels, Atom small flange qr. hubs with Mavic "Mod E" 700c clincher rims. Trued, w/ tires & tubes. \$55 or trade for used Campy Brakeset. Call Joel, 877-3031.

CYCLING STAMPS FROM BRITAIN - I have 4 or 5 extra sets of cancelled British postage stamps recently issued for the 100th anniversary of the British Cycling Federation & The Cyclists' Touring Club. Free if you send me a self-addressed stamped envelope while supply lasts. Depicted are a Penny-Farthing, an early Safety, 2 bikes from the twenties, modern 20" & 26" wheel touring bikes, and 2 modern road-racing bikes. John Likins, 332 Railroad Ave., Norwood, MA 02062.

FOUND - Green hooded jacket found on Century ride. Call Ralph Galen, 354-2495, 2210 Mass. Ave., Cambridge, MA.

FOR SALE - Many items. 52 cm Cinelli; 23 $\frac{1}{2}$ " Raleigh Record; Peugeot PX-10; training wheels (tubular); Campy derailleurs & Pedals; Cinelli rollers. Call Dick Heeley,

M E M B E R S H I P

Membership continues to climb in spite of the coming cold weather. Last month we had few WHEELPEOPLE bulletins to give away to bike shops and new members due to a miscalculation by the Editor. This month we will have enough. Last month a few bulletins were returned because you failed to notify us of your change of address. Please keep us informed of your current address and phone number so we can keep your WHEELPEOPLE coming. Call Al Basso, Membership Chairperson, if your address needs correction or you fail to receive a WHEELPEOPLE by the 1st of the month.

D I S C O U N T S

Your CRW membership card entitles you to discounts in some of the area bicycle shops. Be prepared to produce a valid membership card (signed and unexpired) and some other form of identification. Contact the individual shops for specifics on the discounts:

The Bicycle Exchange, 3 Bow Street, Cambridge
The Bicycle Workshop, 233 Mass. Ave., Cambridge
Cycle Loft, 7 Muzzey Street, Lexington
Family Bicycle Center, 149A Belgrade Ave., Roslindale
Harris Cyclery, 1249 Washington, West Newton
International Bicycle Center, 70 Brighton Ave., Allston
Northeast Bicycles, 102 Broadway (Rte. 1), Saugus

MARRIAGE IN THE MAKING

Due to the upcoming marriage of the Editor, ALL ARTICLES AND CLASSIFIEDS MUST BE RECEIVED BY NOVEMBER 9th in order to make the December issue. Any attempt to contact the Editor after that date will find him in a mild daze. Mail to WHEELPEOPLE Editor, John Springfield, 146 Beaconsfield, Apt. 4, Brookline, MA 02146.