



RIDE CALENDAR

May 31, Sunday 9:00 AM

CRW Spring Celebration: Meet at Dedham Plaza (on Rte. 1, one mile N of intersection of Rte. 1 and 128) to register for a L.A.W. sanctioned Quarter or Half-Century ride. Fee of \$2 for CRW members, \$3 for non-members will cover patch (if 25 miles completed in 3 hours, or 50 miles completed in 6 hours), sag-wagon, map, marked route, and refreshments. Commemorative Bike Month patches will be available to buy. The terrain will roll through Dedham, Westwood, Dover, Sherborn, Natick, Needham and Medfield. Lunch will be at the dam in South Natick. Bring your own or buy it at one of the local stores. Check in and finish will be at Andy Spears, 91 Maple Place, Dedham (½ mile from the start) ...where we're invited to linger, rest, and socialize. Co-leaders: Walter McNeil(329-0641) and Guy Minnick(326-1531)

HELP HELP NEEDED! We are looking for volunteers to sign in people, before and after the ride, sell bike month patches, help Mark Roseman run the sag wagon and set up refreshments for the get together at the end of the ride. Also, if anyone has the urge to bring a "goodie" or two, there's no one more appreciative than a hungry biker! If you can help with any of the above, please call Jill Eiseman(444-7836). The turnout has been terrific so far. We hope to see all of you out there!

June 7, Sunday 9:30 AM

John Allen has planned a scenic ride through Lexington, Concord, Wayland and Needham. The ride starts at the small green in Belmont Center (intersection of Concord Avenue and Leonard Street) and travels on terrain that is moderate, with a few hills. The short loop is 25 miles and the long loop, especially suited for tandems, is 50 miles. At the end of the ride Debra Glassman and Mark Roseman will be hosting a party, with all the "goodies", at their house in Belmont(35 Payson Road; just north of Trapelo Road, off Common Street). Be prepared to donate (at least) the \$2 minimum to the CRW refreshment fund when they pass the hat. Call John Allen(254-5995) with any questions.

June 9, Tuesday 7:30 PM

Monthly Meeting of the CRW Board at the MIT Computation Center, Room 530, 60 Vassar Street, Cambridge. Open to all CRW members and interested bikies. Bring yourself and your ideas to a CRW Meeting. The Board listens when spoken to.

June 13, Saturday 8:00 AM

Breakfast Ride
Meet at the Brookline High School, 115 Greenough Street, Brookline (heading east on Washington Street, turn right onto Greenough Street, about ½ mile after crossing Beacon Street; the high school is ¼ mile after the turn onto Greenough Street). Join us for a 10 mile relaxed ride to french toast, omelets or whatever suits your fancy at B.J.'s, a new restaurant (at 27 River Street, Dedham) scouted out by Paul Grimes. You will cycle on scenic, mostly back roads in an area not usually traveled by the CRW. The round trip will be about 20 miles. Leaders: Debbie and Barry Fricks(923-8873). Are you interested in leading a breakfast ride? We need volunteers. Call Debra Glassman, 489-3141, if you are interested.



June 14, Sunday

Bike Day 1981

BABC is the prime mover in this Bike Day celebration which will be held in conjunction with the Yoplait Yogurt 50K challenge. It is a non-competitive bicycling event in which up to 2,000 bicyclists challenge themselves or compete informally on a 50 kilometer (30 mile) course. The 50K challenge will be held in the morning on Memorial Drive in Cambridge. The Bike Fair '81, presented by the BABC and sponsored by Eddie Bauer and Yoplait Yogurt will be held from 12 noon to 5:00 PM on Brigg's Field at the MIT campus (on Vassar Street; a left turn off Mass. Ave. just after crossing the Harvard Bridge). There will be a leaderless CRW ride that is designed to arrive at the Bike Fair at noon, in time for the festivities. It will start at 11:00 AM at the Duck Feeding Area on the Charles River in Weston (near the intersection of Loring and River Roads and Commonwealth Avenue) for a 12 mile ride along Commonwealth Avenue to the river at BU and then across the Harvard Bridge to MIT (Brigg's Field). Other cyclists wishing a shorter distance of 6 miles can link up with the group at 11:15-11:30 at the intersection of Chestnut Hill and Commonwealth Ave. in Brighton.

June 20, Saturday 1:00 AM, 2:30 AM, or 4:00 AM Granite State Wheel-

men invite all Charles River Wheelmen on a "WHIRL" - SIX STATE DOUBLE CENTURY TOUR OF NEW ENGLAND - dedicated to Howard Moore of Malden, Massachusetts, who planned this ride and cycled it in 1933. Three groups of riders will leave Kittery, Maine on a 210 mile ride to Brattleboro, Vermont, touching all six New England states within 24 hours. There's a lot of preparation for this trip so for more information contact Dale Knapschaefer (669-7478) or John Brock (868-7374). Those phone numbers are in Manchester, NH. A Registration Form for this ride is elsewhere in this bulletin.

June 21, Sunday

Celebrate with us the Dr. Percy Anderson Memorial Ride, a cycle to the Wayside Inn,

that has been traditionally held on Father's Day. Dr. Anderson was a strong advocate of cycling, especially for youth, who helped keep bicycling interest alive during the hiatus of the 1920's through the 1960's. There may be other clubs bicycling with us. The ride will pass through the towns of Arlington, Lexington, Concord, Sudbury, Wayland and Waltham on moderate terrain. There will be two separate starts. Those choosing the longer loop of 55 miles will start at 9:30 AM at the Arlington Town Hall in Arlington Center (near the intersection of Mass. Ave. and Route 60). Those taking the shorter loop of 25 mi. will start at 10:30 AM at the green in Concord Center. We will all meet for lunch at the Gristmill at the Wayside Inn. Please bring your own lunch. Leaders: Anne Carlson (491-7085), Del Friedman and John Kane.

June 28, Sunday 10:00 AM

Join us for a ride over gently rolling terrain through Dover, Sherborn, Medfield and Millis.

There will be 2 loops of estimated distances of 25-35 miles for the shorter loop and 40-50 miles for the longer loop. The ride will start at the South Natick Dam (Route 16 and Pleasant Street). Please park on Pleasant Street. For lunch, bring your own food or buy it at a nearby store. However, you might try to save some stomach room for the post-ride gathering at Sam Johnson's house (for only a minimum donation of \$2 to the CRW refreshment fund). Leaders: Sam Johnson (655-8774) and Birdy Ellsmore (965-4978)

July 4 Holiday Weekend

John Allen has provided the impetus and the organization for an exciting bicycle weekend

to Cape Cod, Friday, July 3-Monday, July 6. He has cycled the Cape many times and will share his discoveries with you: quiet roads, away from the traffic, a good ride each day, time to sun, swim and sightsee, too! The trip will leave Jamaica Pond at 6 PM on Friday for a 32 mile ride to the East Bridgewater

Hostel. On Saturday there will be a 60 mile ride to Woods Hole and a late afternoon ferry to Martha's Vineyard. Sunday will be spent exploring the Vineyard; and will end with a ferry ride to Hyannis and a leisurely ride(25 miles) to Orleans. On Monday there will be opportunity to explore the Outer Cape before taking the Provincetown Ferry at 6:15, back to Boston. (Late starters can leave Boston Sat. AM and ride to Woods Hole). The tour is limited to 20 people so reservations should be made as soon as possible. The total cost for the trip will be about \$60, with some additional funds required for the purchase of individual meals. A \$35 deposit is required. Please make your check out to "CRW" and mail it to John Allen, 68 Easton St., Allston, MA 02134 and/or call him with any questions: 254-5995.

July 12, Sunday

The start of this ride is the Newton Centre parking lot at the intersection of Beacon and Centre Streets. For this ride you have a choice of two starting times. Those wishing to ride the longer loop of 40 miles will start at 9:30 AM and those choosing the shorter distance of 20 miles will start at 10:00 AM. We will cycle through the moderate terrain of Weston, Newton, Needham, Dover, Medfield and Walpole and finally wind down at the home of Janet and John Springfield(37 Parker St., Newton) for post-ride festivities(\$2 donation to the CRW refreshment fund). So, ride hard and save your appetite! Leader: Ed Trumbull(332-8546)

Labor Day Weekend

John Allen has another exciting trip in store for us; this time to Nantucket, Friday, September 4-Monday, September 7. You will spend two days on this very interesting island, with bicycling or driving options at either end. Hostel spaces are reserved for Saturday and Sunday nights. Those wishing to make a reservation should send a \$35 deposit, made out to "CRW", to John Allen, 68 Easton Street, Allston, MA 02134 and/or call him with any questions, 254-5995.

I would like to sincerely thank all those CRW riders who sponsored me in the American Diabetes Association, "Ride For Diabetes".

Despite a near cancel at the last minute, due to a brush fire near the designated 7.8 mile course, I packed in my promised 62 miles in 3- 3/4 hours. Sound easy?

As a registered rider, I was obligated to "check in" at five points along the course ... EACH LAP. THAT'S A TOTAL OF 40 STOPS! (And forty desperate sprints.) What a worthwhile way of getting my interval training in.

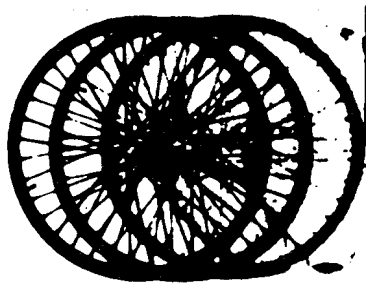
Thanks to you, I've succeeded in raising \$396.00, winning a bicycle for my efforts, which I'll donate to the Wrentham State School.



Thanks again,

Mark G. Broderick

Mark G. Broderick



LAUGHING ALLEY Bicycle Shop

51 Harvard Ave., Allston, MA 02134



- Highest Quality Assembly
- Full Service Repair Shop
- Frame/Fork Repair
- Touring Equipment

TOTAL 1981 MILEAGE THROUGH THE MONTH OF APRIL

John Latva	5705	John Gregory	546
Jerry Campbell	2458	Debbie Fricks	531
Ed Trumbull	2361	Barry Fricks	524
Rob Greene	2131	*Charlie Coburn	524
Joe Cormier	2010	Debbie Luxenberg	433
Doug MacDonald	1819	Dick Lewis	373
Dick Buck	1629	John Springfield	355
Walter McNeil	1526	Vic Crane	351
Jim Barrett	1150	Mark Becker	350
Nancy Tichanuk	1145	John Pershing	330
Scott Turner	1059	Myke Simon	328
Emile Bielawa	1046	Jill Eiseman	325
Jacek Rudowski	1035	John Kane	314
Robert Fisher	1004	Arleen Brown	244
Bill Sweetser	935	Sam Hull	241
Earl Forman	752	Thom Nolan	208
Paul Bowser	628	Patty Kirkpatrick	151
Eva Casey	617	Dave Brahmer	150
Jeff Luxenberg	571	Mark Bayless	98
Pamela Crane	567	Bea Forman	80.5
Dave Zuckerman	567	Ann Fritz	50
Howard Moore	<u>1931</u>	<u>1981</u>	
	545	167	

*No update received

We have many new additions, as you can see, and many changes in position, 2nd place for example. Reporting mileage seems to give added impetus to ride. Get your name on our roster!

MAIL your mileage by the 5th of the month to Ed Trumbull,
19 Chase Avenue, West Newton, MA 02165 or call 332-8546.

NOTICE OF AVAILABILITY: " A Bikeway Guide for the Northern Middlesex Region"

The Northern Middlesex Area Commission is pleased to announce the publication of "A Bikeway Guide for the Northern Middlesex Region."

This Bikemap is a graphic representation of the regional and local routes encouraged for bicycle use in the Regional Bikeway Plan pre-

pared by the NMAC last year. The Plan's purposes were twofold - to analyze potential routes for recreation and commuter bike trips, and to enable local communities to qualify for State reimbursement for bicycle related roadway improvements.

The guide is intended to be distributed to, and used by those area residents and visitors interested in bicycling as a form of transportation and recreation.

To get your Guide write to: Joseph P. Hannon, Executive Director
144 Merrimack Street
Lowell, MA 01852
Or call: 617-454-8021

CONGRATULATIONS TO WALTER MCNEIL AND CHRIS MENTON!

They have won the 3rd Annual Boston Commuter Marathon, Tuesday, May 12, from Dedham to the Boston State House. They accomplished this on a tandem, which Walter had ridden for only the second time, and with handicapped scoring which added 5 minutes to the time for locking the bicycles and showering. It is also important to note that they beat a moped and all other forms of transportation, including cars, trains and subways. Another congratulations is also in order to Mark Broderick and his partner, for finishing 10 seconds behind them, and to all the other CRW members who participated.

GRANITE STATE WHEELMEN "WHIRL" - SIX STATE DOUBLE CENTURY TOUR OF NEW

ENGLAND - Fill out the registration form and send a stamped, self-addressed envelope with the \$10.00 registration fee by June 7. Information on the exact starting point, car pooling and overnight accommodations in Brattleboro will be sent, along with the route map. Arrangements have been made to leave cars in Portsmouth, NH, just south of Kittery. If you cancel before June 13, the registration fee will be returned.

Requirements for the ride are:

1. Complete a century ride during the previous six months.
2. Be prepared for night riding with reflective vest, headlight, etc.
3. Stick with the group you start with.
4. Sign a form to release the GSW and ride leaders from responsibility for accidents.

For more information or, if you can help with the ride in any way, contact Dale Knapschaefer, 669-7478 or John Brock, 868-7374. Sag wagon drivers are needed. A van and truck are at our disposal for the ride; drivers are needed as well as additional sag wagon vehicles.

NAME: _____ PHONE: _____

ADDRESS: _____

GROUP: SLOW PACE 1:00 AM MEDIUM PACE 2:30 AM FAST PACE 4:00 AM (ZIP)

I will make my own overnight arrangements.

I want to share a room to reduce expenses.

I can take the following number of riders and bicycles to the start. _____

I need a ride to the start.

Mail to: Dale Knapschaefer, 92 Ramsey Street, Manchester, NH 03103.

MEMBERS' ADS

For Sale: Adapters to fit 5-speed sprocket cluster to Sturmey-Archer hub. Ideal for multi-speeds on a bike which can not use a front derailleur (folding bike, recumbant, -). Call John Allen, 254-5995.


Short People, Take Heart! - (Randy Newman, fie on you!) I have the frame and rims to build a fine bike with 24" wheels. I could build it for you. Call John Allen, 254-5995.

For Sale: 4 year old, orange, 21" mixte frame, Windsor Carrera Sport. In excellent condition and already has low gearing. Call Midge Sullivan, 254-3800, X167 days or 782-5201 evenings.


For Sale: Good commuting bike. Men's 25" Puch Ventura, steel frame and rims, Shimano brakes and derailleur. 5 years old. \$75. Call Carol Theiman, 787-5410 evenings (Brighton)

FAMILY BICYCLE CENTER


SALES SERVICE
149A BELGRADE AVE.
ROSLINDALE, MASS. 02131




TEL. 323-9720



QUALITY BICYCLES
for the whole family

RALEIGH 




PEUGEOT

BMX
% discount offered
CRW members(w/card)

QUALITY SERVICE FOR
ALL MAKES

Quality Parts & Accessories

MARATHON SPORTS



1654 Mass. Ave.
Cambridge
617 354-4161

FEATURING
FOOTWEAR BY
Saucony
New Balance
Adidas
Brooks
Etonic
Nike

We stock Gookinaid/
E.R.G. for summer-
time body fluid re-
placement.

**LEADING
BIKE SHOPS**




WHEEL WORKS

MYSTIC VALLEY 617-729-0425
889 Main Street Winchester, Massachusetts 01890

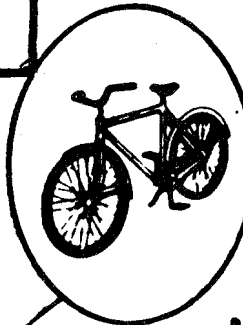
ACE 617-876-8200
2044 Massachusetts Avenue Cambridge, Massachusetts 02140

Bicycles and Cross Country Ski
Sales, Service, Accessories and
Clothing.


Stock and Custom Racing and
Touring Frames by
Peter Mooney.

Custom Wheel Specialists.

No MasterCard or Visa on Club
Discounts, Please.



HARRIS CYCLERY
NEWTON'S OLDEST **RALEIGH** DEALER
RAMPAR - FUJI - UNIVEGA





FULL ASSEMBLY INCLUDES
KICK STAND & REFLECTORS
PLUS ONE YEAR SERVICE
WE REPAIR ALL MAKES

MOTOBECANE

AUTHORIZED
SALES • SERVICE
PARTS • ACCESSORIES

244-1040

1294 Washington St., WEST NEWTON
(Near West Newton Cinema Rt 16)

BICYCLES & MOPEDS





EDITORIAL

At this writing, our club rides in May have been magnificently well-attended THANKS to JILL EISEMAN and her super organization of BICYCLE MONTH. We had + 200 riders at our first May ride (it was a gorgeous day for openers), we had + 50 riders at our Mothers Day ride (it rained at the start and then cleared), and we had + 100 riders at our 3rd ride on another exceptionally good weather day. All this proves that JILL EISEMAN deserves SPECIAL APPLAUSE for bringing CRW and other cyclists together for a very successful AMERICAN BICYCLE MONTH A LA CRW!

NEW EDITOR WANTED

HELP WANTED ads in the Wheelpeople usually get excellent results - so we hope this ad brings out an eager beaver to assume the editorship of this monthly mag. I am resigning with regret as soon as my replacement volunteers to wear this hat. The job is fun! You get lots of co-operation from lots of people. It requires 4 to 6 hours a month for typing and layout - more if you want to editorialize, less if you're a speedy typist. Our printer picks up and delivers. We have a Circulation Editor. (My only problem has been the deadline - it seems that each month when the bulletin is to be done, I am also involved in another project and the drain of my energy cannot easily be resolved even by Nancy Clark, our everready nutritionist). So speak up, you anxious to be creative person - I'll be happy to show you the ropes that go with the hat (if need be). Call me at home at 894-2084, or drop a note with your good intentions and your phone number and I'll get in touch with you and answer any questions.

EDITOR WANTED EDITOR WANTED EDITOR WANTED EDITOR WANTED EDITOR

POLITICAL ACTION PERSON needed - to bring petitions to sign at the start of each ride - to push for a Bottle Bill (the situation is getting worse - a cyclist can hardly enjoy the passing scene for dodging glass shards and dangerous pot-holes, let alone uneducated motorists who resent bikers on the roads), to advance the education of motorists, to educate new cyclists, etc. Call Sam Johnson, our President and say you'll make noise on our behalf.

HOSTS AND HOSTESSES WANTED Do you think we should have a sign-up sheet at the start of rides during the month of June? Want to be in charge of it for a Sunday Ride? Pitching in this way helps you meet everyone (and everyone likes to make new friends). Call me at 894-2084 and choose a Sunday to greet the gang.

Bea Forman
115 Loring Road
Weston, MA 02193



**International
BICYCLE Center**

ONE OF THE LARGEST SELECTIONS OF TOURING & RACING EQUIPMENT, CLOTHING & ACCESSORIES.

RALEIGH *Fuji* **WINDSOR**  **787-4909**
 **783-5804**

• LARGE SELECTION OF TOURING & RACING BICYCLES
• OVER 200 BICYCLES TO CHOOSE FROM

SALES & SERVICE
70 BRIGHTON AVENUE • ALLSTON

EDITOR'S NOTE: Please mail all items announcements, ads, stories, etc. to the editor: Beatrice Forman 115 Loring Road Weston, MA 02193
Material for publication must be in the editor's hands by the 15th of the month before issue.
Information about advertising can be gotten from Walter McNeil, 329-0641.

MEMBER'S BUSINESS DIRECTORY

JOHN J. SPRINGFIELD
INDEPENDENT COMPUTER CONSULTANT

Specializing in CICS

TELEPHONE
(617) 969-5183

37 PARKER STREET
NEWTON CENTRE, MA 02159



SPORTS NUTRITION ASSOCIATES
830 BOYLSTON STREET, BROOKLINE, MA 02167

NANCY CLARK, R.D., M.S.
NUTRITION COUNSELING

TELEPHONE
739-2003

BICYCLE TOUR NORTHERN
ITALY-Milan to Venice. Experience
the cuisine and the arts of this
magnificent land. Country inns.
meals. support vehicle. Two week
tours for all levels of ability.
Free brochure.

NO 515
175 FREEMAN STREET
BROOKLINE, MA 02146

**PASCAL'S
BICYCLE
TOURING**



Nadine Krasnow

Within good cycling
distance of where you
are and where you
want to be

REAL ESTATE

26 Annawan Road
Waban, MA 02168
(617) 965.5355
(617) 244-9008

For CRW members only: Send your business card and \$10 to CRW, 3 Bow St., Cambridge, MA 02138. We will list you for 6 months. Support our CRW Wheelpeople - Tell us your line.

DISCOUNTS

CRW membership entitles you to various discounts in the following shops:

Ace Wheelworks, 2044 Mass. Ave., Cambridge	876-8200
The Bicycle Exchange, 3 Bow Street, Cambridge	864-1300
The Bicycle Workshop, 233 Mass Ave., Cambridge	876-6555
The Cycle Loft, 1644 Mass Ave., Lexington	862-7048
Family Bicycle Center, 149A Belgrade Ave., Roslindale	323-9720
Harris Cyclery, 1249 Washington Street, West Newton	244-1040
Harry's Bicycle Shop, 185 Wolcott Square, Readville	364-9718
International Bicycle Center, 70 Brighton Avenue, Allston	783-5804
Laughing Alley Bicycle Shop, 51 Harvard Avenue, Allston	783-5832
Mystic Valley Wheelworks, 889 Main Street, Winchester	729-0425
Northeast Bicycles, 102 Broadway (Route 1), Saugus	233-2664

THIS CRW BULLETIN HAS BEEN PRINTED BY:

YOUR EDITOR CAN ATTEST TO THE TIMELY,
ECONOMICAL AND PROFESSIONAL JOB THAT
KEN DEMPSEY IS DOING FOR THE CRW.
IF YOU HAVE NEED FOR PRINTING OF ANY
KIND, WE SUGGEST YOU CALL MOONLIGHT
PRINTING CO., BY APPOINTMENT, THE
OFFICIAL PRINTER OF THE CHARLES RIVER
WHEELMEN.

All Your Printing Needs



Moonlight Printing Co.

Catering to the Small
Business Men

Ken Dempsey
1-238-4291

Pick-up & Delivery