



# WHEEL PEOPLE

Charles River Wheelmen

Volume XI Number 7

July, 1982



## CALENDAR



### Rides, Meetings, and Other Events

JULY 4, SUNDAY 9:00 am 80 miles  
"A day at the Races"

Starting point: Waltham Town Green

Our 4th of July ride will be a trip to Fitchburg to watch and cheer one of the oldest and best criterium races in the nation. Many of the countries' top riders race at Fitchburg because it is a race designated as part of the national team development circuit. This will be an unarrowed ride that will follow Route 117 all the way to Fitchburg. We plan to arrive at noon and return after the main race finishes. Lunch can be purchased in Fitchburg Center, the location of the race. The leader is Earl Forman, 894-2084.

JULY 7, TUESDAY 7:30 pm  
"CRW Monthly Board Meeting"

The Board meets at the MIT Electric Power Systems Engineering Lab Conference Room, Building 10 Room 178 (10-178) on the ground floor under the Great Dome, 77 Massachusetts Avenue, Cambridge. Board meetings are open to all CRW members.

JULY 11, SUNDAY 9:30 56 mile loop  
10:30 25 mile loop

Starting point: Long loop-- MDC Rink, Milton, intersection of Canton Ave. and Unquity Rd. (Take Rt. 138 North exit off Route 128 and continue on Rt. 138 to Robbins St. at the 5th set of lights. Take a right on Robbins St. to the stop sign at Canton Ave. Take a left on Canton Ave. & after about 1/4 mile you will see the skating rink on the right. Take a right onto Unquity Rd.)

Short loop-- Canton High School, Washington St., Canton. (Take Rt. 138 South exit off Route 128(Stoughton, Canton). At the bottom of the first hill on Rt. 138 make a right onto Washington St. at the traffic lights and after 3 1/2 miles you will see the high school on the right).

The ride will cover moderate to hilly terrain through Milton, Canton, Walpole, Medfield, Millis, Sherborn, Westwood and Norwood. Lunch will be at the Medfield Friendly's but don't eat too much because our leader, Jack Dickison, 333-0962, is generously offering his house for a party after the ride. The co-leader is Eva Casey, 734-1289.

JULY 11, SUNDAY 10:30 am  
"Bicycle Skills Workshop"

Place: Canton High School (see above)

This workshop led by John Allen, 783-1558, will include mechanical inspection, minor adjustment and repairs, and riding skills instruction for efficient pedaling and safe riding in traffic and groups. After the workshop there will be an 8 mile ride to Jack Dickison's house to join cyclists from CRW's regular Sunday ride for a post ride party.

JULY 18, SUNDAY 9:30 am 30 and 62  
mile loops

Starting point: In Winchester at the Upper Mystic Lake Swimming Area, the first parking area you come to on the Mystic Valley Parkway,  $\frac{1}{2}$  mile south of Bacon Street.

Today's ride will take you through the towns of Winchester, Woburn, Wakefield, Reading, Andover and Wilmington, over terrain that is mostly flat, with a few short steep hills. Lunch for the short loop will be at Lake Quannapowitt in Wakefield (stores to buy lunch in nearby Wakefield Center). Lunch for the long loop will be at the Harold Parker State Forest (there is swimming, and a convenience store about 10 miles before the park). If people want to swim at either the State Forest or the Mystic Lake they should bring locks as well as swim gear. The leaders are: Karen Lease, 623-7418, and Bruce Wisentaner, 783-9258.

JULY 25, SUNDAY 10:00 am 25 and 50  
mile loops

Starting point: Concord Green, Concord Center

On this ride you will pass through the towns of West Concord, Littleton, Boxborough, Carlisle and Stow. The terrain on the short loop is moderate and on the long loop is hilly. Lunch will be in Stow. There is a small grocery store

that is being alerted of our arrival. The leaders, Annemarie and Marc Altman, 369-3576, have generously offered to have a post-ride party at their house, so be prepared to "hang out" afterwards and enjoy some light refreshments.

AUGUST 1, SUNDAY 9:30 am 55 and 75 mile  
10:30 am 25 and 45 mile

Starting point: Weston Town Green

The ride leader, Mark Lamkin, 877-4489, has planned a scenic route over moderate terrain through Bolton, Wayland, Sudbury and Stow, with lunch at the Wayside Inn. (Bring your own or buy it on the way.)

AUGUST 7, Saturday 4:00 pm  
"CRW Summer Bar-be-que"

Place: 71 Greenough Street, Brookline at the corner of Gotham Avenue. Look for a white house with green trim. The house is near the intersection of Washington Street and Cypress Street for those biking or driving and very close to the Brookling Hills stop on the Green Line D car for those arriving by transit.

Jim Kirtly Jr. and Family, 277-2628, have graciously offered their home for a CRW summer bar-be-que. The club will provide the main entrees and basics (plates, silverware, . . .). Members are encouraged to bring accompaniments according to their last name: salads A-H; Beverages I-P; and Desserts Q-Z. Join the fun for what might be the start of a traditional CRW event.

AUGUST 8, SUNDAY 10:00 am 22 and 44  
mile loops

Starting point: Hamilton Shopping Center in Hamilton, at the corner of Route 1A and Walnut St. (Take Route 1A north off Route 128).

Join us for Patty Kirkpatrick and Sam Hull's popular ride through Hamilton, Ipswich, Boxford, Topsfield & Middleton, over easy to moderate backroads and farm country. Lunch will be at the Bradley Palmer State Park (about 5 miles from Topsfield). Call Patty or Sam with any questions at: 648-4095.

## Other Rides

JULY 10-11 Weekend

"ASW International Century Weekend"

Place: Sky Wood Manor, Route 2, Jefferson, NH 03583

What: The Granite State Wheelmen offer a premier bicycling weekend in New Hampshire's Northern White Mountains. Rides from 9 miles to 200 km, from flat to hilly, from tours in intervalles to climbs up mountains will be offered.

Costs: There are no registration fees but you may be asked to donate 25 ¢ for maps.

Accommodations: For rooms reservations call Bob Ferguson at Sky Wood Manor, 586-4491. For campers and overflow from Manor: Evergreen campground and Motel, 586-449; Jefferson Campground, 586-4510; Roger's Campground, 788-4885. (All Area Code 603).

More information: Call or write Adolphe Bernotas, Box 532, Concord, NH 03301. (603) 225-2820. Enclose SASE.

JULY 25, SUNDAY

"Rhody Roundup"

Place: Fort Adams State Park, Newport, RI

Time: Registration 8:30 to 9:30 am  
Rides Begin--10:00 am  
Picnic Starts--3:00 pm

What: The Narragansett Bay Wheelmen sponsor this event which offers great riding along the Atlantic Ocean and Narragansett


Bay among the splendor of Nineteenth Century mansions. Rides of varying length from 10 to 40 miles followed by a late afternoon picnic. For advance registration forms send a SASE to Rhody Roundup, Narragansett Bay Wheelmen, PO Box 1317, Providence, RI 02901.

Cost: \$5 in advance (by July 15th); \$6 day of the event. Plus \$1 parking fee (pay State Park). Cost includes patch and picnic.


AUGUST 15, SUNDAY

"MS Bicycle Tour"

Tour of Boston's North Shore and Southern New Hampshire (25, 50, and 100 miles) to support Multiple Sclerosis. Pledges or registration fee fill be required. For more information or if you are interested in being a ride leader, contact the MS Society in Waltham at 890-4990.



**PETER MOONEY**  
CUSTOM RACING AND  
TOURING FRAMES



# WHEEL WORKS

**MYSTIC VALLEY** 729-0425  
889 Main Street Winchester

**ACE** 876-8200  
2044 Massachusetts Avenue Cambridge

**NEW WHEELWORKS STORE OPEN**

Belmont Wheelworks  
480 Trapello Road  
Belmont  
(Waverly Square)  
489-3577  
10% Discount to CRW Members

**BICYCLES & CROSS COUNTRY SKIS**  
SALES • SERVICE ACCESSORIES • CLOTHING

Custom Wheel Specialists

No MasterCard or Visa on Club Discounts. Please.

# Mileage

The following are mileage totals for 1982 for CRW members through the end of May.

John Latva	5522
Joe Cormier	4369
Jerry Campbell	4298
Ed Trumbull	3711
Osman Isvan	3119
Ned Weld	3007
Peter Reagan	3000
Emile Bielawa	2671
Don Blake	2472
Bob Fisher	2358
Dick Buck	2258
Paul Foley	2249
Scott Turner	2152
Jill Eiseman	2044
Dick Lewis	2022
Barry Fricks	1733
Greg Lenhardt	1670
Mark Remaly	1647
Jeffery Luxenberg	1628
Jacek "Rudy" Rudowski	1580
Dave Taylor	1559
Karen Lease	1430
Richard Levine	1400
Gail Taylor	1392
John Gregory	1359
Francie Sparks	1309
Pete Moss	1293
Debbie Luxenberg	1196
Eliot Specht	1112
Roger Kay	1090
Glen Coffman	1028
Mike Hanauer	980
Greg Canty	910
Mike Dunn	868
Sue Cavalli	800
Bill Sweetser	747
Paul Bowser	680
Mark Becker	669
Earl Forman	559
Butch Black	479
Leo Keightley	418
Andy Weiner	338
George Caplan	305
Eva Casey	303
David Gotthelf	296
John Springfield	292
"Who is this?"	232
Martha Creedon	204
Ann Fritz	166

Rosalie Blum	90
Howard Moore	84
23 with no update	9336

Total reported to date:	86434
Last Year:	65057

I wonder how much greater the 86,434 would have been if the 23 who forgot had remembered? Starting June 30th sleep at the bottom of the bed until you have either called or mailed in your update. If that doesn't work, I'll think of something else.

There were five new members to the "1000 miles a month club". They are Bob Fisher, Ned Weld, Jill Eiseman, Dick Lewis and also Osman Isvan with a most commendable 1556 miles. Congratulations to all of you. I know you are proud of your accomplishment and have every right to be.

Jerry Campbell is no stranger to 1000 miles in a month but he deserves special mention for his new personal high of 1801 miles for May. Watch out Joe.

Last month (April) I didn't get the name of someone who called in with 122 miles. So I listed him as "Who was this?" Well, this month I got a postcard with an additional 110 miles for May identified as, you guessed it, "Who was this", no other clue being offered as to the answer. Maybe we'll find out in June.

As for me the harder I crank the behinder I get. Oh me!

Mail in your mileage by the fifth of the month to Ed Trumbull, 19 Chase Avenue, West Newton, MA 02165 or call 332-8546.

-Ed Trumbull  
Mileage Coordinator

# From The President

Dear Fellow Cyclists,

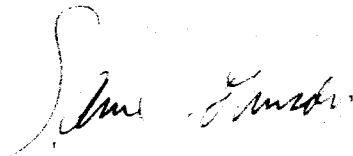
So far this year, several individuals and organizations have asked the CRW to assist them in planning and/or sponsoring their tours, bike-a-thons and other events. We have even been requested to support a candidate for political office. At our June meeting, the Board of Directors discussed various issues related to our sponsorship of non-club activities. The following summarizes the Board's position concerning our future involvement in outside events:

- To assure the safeguarding of our member's rights to privacy, we will not sell or lend our membership list to any non-member individual or organization.
- Bicycling related events promoted by non-members will continue to be reviewed by the Board on a case-by-case basis.
- Activities judged to be of interest to a majority or our members will be briefly summarized in "Wheelpeople" under the heading of other rides/events.
- Non-members desiring further publicity and description of their activities may purchase advertising space in "Wheelpeople" subject to Board approval.
- Cycling related activities offered by CRW members will be sanctioned by the club and given publicity in our newsletter, if the event is consistent with our basic purpose to advance recreational bicycling, if it is non-profit oriented and satisfies our standards.

This policy was developed to better assure consistent and fair publicity of non-club events thought to be of interest to our membership. We will continue to be aware of our responsibility as a respected voice in the bicycling community by advocating and

supporting events and issues which preserve and enhance the CRW's identity and basic mission.

Your thoughts and comments are welcomed.



## Notices

Joan and Walter wish to thank all those who attended GEAR-Up and participated in their wedding ceremony.

#####

Wanted: one pair of relatively inexpensive 27" wheels for my commuting bike. Alloy or steel. Quick release hubs not necessary. Please call Bob Mantell at 862-6142 or write 676 Waltham St., Lexington, Mass. 02173.

#####

The Wheelpeople still needs a staff person to assist in typing and other tasks. If you fit the bill please contact Wheelpeople editor Jeffery Luxenberg, 254-3318, as soon as possible.

# MARATHON SPORTS



1654 Mass. Ave.  
Cambridge  
617 354-4161

FEATURING  
FOOTWEAR BY  
Saucony  
New Balance  
Adidas  
Brooks  
Etonic  
Nike

IN STOCK  
E.R.G.  
and  
Gaterlode 280



# Commuter Caravan



Photos by Joe Cormier

Bicyclists congregate at the Boston Common for a short rally following May 14th's Commuter Caravan. This year's caravan started at three locations: Porter Square, Cambridge; Cleveland Circle, Brighton; and Fields Corner, Dorchester.

## The Charles River Wheelmen

The purpose of the Charles River Wheelmen is the enjoyment and advancement of bicycling and related healthful activities. We try to fulfill our purpose through the sponsorship of rides and other social gatherings, through publicity of the benefits of cycling, through cooperation with other organizations (notably the League of American Wheelmen and the American Youth Hostels), through encouragement of favorable actions by the bicycling industry and by government, through education of the bicycling community and general public, and through other suitable means.

We are perhaps best known for our year-round rides program. Our regular season goes from early Spring to late Fall; it includes Sunday rides that have at least two differently-paced routes. Leaders stay in the rear to assist new riders and insure that nobody gets left behind. The routes are arrowed in advance by the leaders, and sometimes maps are given out. Sunday rides usually meet at a common lunch stop to facilitate social interaction (swapping advice, tall tales, sandwiches, and brake cables). Our Winter Frostbite Rides are more informal; the pace and routes are mutually decided by the hardy bunch that shows up to brave the elements. We also sponsor at least one Century (100-mile ride) each year and award patches to those who complete 25, 50, or 100 miles.

Riding with a group is different than riding alone. It is imperative that you obey all traffic laws, especially stopping for red lights and stop signs and signalling when turning. You should always carry a pump, a small patch kit, and wrench and screwdriver, a map, and most importantly, the knowledge of how to use them. Often, others in the CRW will stop to assist you if you have a flat or a minor

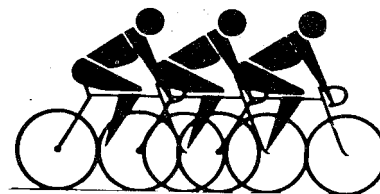
adjustment, but you should be prepared just the same. The CRW is a volunteer group. We cannot and will not take responsibility for problems or injuries that may arise due to road hazards, improper traffic maneuvers, bad weather, chasing dogs, improperly maintained equipment or that hot pastrami sandwich you had for lunch. But we will take credit if you meet a new friend, discover a new route, learn a tip from an old-timer, see the ocean at sunrise, ride your first Century, meet your future spouse, or discover the bicycle of your dreams in our classified ads. May the wind always be at your back!

### OFFICERS and COORDINATORS

- President - Sam Johnson 655-8774
- Vice-President - Jill Eiseman 641-1066
- V.P. of Rides - Debra Glassman 489-3141
- Membership - Rosalie Blum 272-7785
- Information - Jacek Rudowski 625-0610 (call between 7 and 8 pm Wed/Thurs only)
- Editor - Jeffery A. Luxenberg 254-3318
- Assistant Editor - Sue Cavalli 782-6564
- Circulation Editor - Rosalie Blum 272-7785
- Advertising Editor - Walt McNeil 325-8229
- Treasurer - Don Blake 275-7878
- Mileage Coordinator - Ed Trumbull 332-8546
- Social - Bill Piekos 395-5699
- Safety - Bill Risinger 321-7623
- Awards - John Kane 396-2230
- Winter Rides - Walter McNeil 325-8229

### BOARD OF DIRECTORS

- Dave Brahmner
- Jill Eiseman
- Barry Fricks
- Sam Hull
- Sam Johnson
- Patty Kirkpatrick
- Mark Lamkin
- Dick Lewis
- Jeffery A. Luxenberg



\*\*\*\*\*

### CRW APPLICATION/RELEASE FORM

CRW membership includes membership in the League of American Wheelmen. Do NOT mail your LAW dues separately to LAW. Ignore renewal notices from LAW. If renewing, please include your LAW number (on your LAW Bulletin label).

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ LAW # \_\_\_\_\_ (if renewal)

I acknowledge that bicycling has an inherent risk of bodily harm, and I agree to assume those risks. I release and hold harmless, the Charles River Wheelmen, its officers and participants. I am at least 16 years old.

SIGNATURE \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_ (if under 18)

DATE \_\_\_\_\_

TOTAL ENCLOSED \_\_\_\_\_  
Dues: \$20 individual, \$26 household, \$30 sustaining membership


MAIL TO: Rosalie Blum  
11 Humbolt Avenue  
Burlington, MA 01803

\*\*\*\*\*

100% CHAPTER CLUB OF THE LEAGUE OF AMERICAN WHEELMEN

# Members Business Directory

The Wheelpeople Business Directory allows CRW members to have their business cards printed for 6 months for only \$10. Send your business card, with a \$10 check payable to CRW, to:  
 Jeff Luxenberg  
 CRW Wheelpeople  
 19 Sparhawk St.  
 Brighton, MA 02135




**ENTERPRISES**

Water & Energy Conservation  
 35 Payson Road  
 Belmont, MA 02178  
 (617) 489-3141

DEBRA GLASSMAN

Toilets  
 Faucets  
 Showers

**SPORTS MEDICINE RESOURCE, INC.**




**SPORTS NUTRITION ASSOCIATES**  
 830 BOYLSTON STREET, BROOKLINE, MA 02167

NANCY CLARK, R.D., M.S.  
 NUTRITION COUNSELING

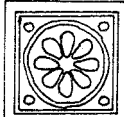
TELEPHONE 739-2003

**BICYCLE TOUR NORTHERN ITALY** Milan to Venice. Experience the cuisine and the arts of this magnificent land. Country inns, meals, support vehicle. Tours for all levels of ability. Free brochure.



**PASCAL'S BICYCLE TOURING**

NO 515  
 175 FREEMAN STREET  
 BROOKLINE, MA 02146



**Nadine Krasnow Real Estate, Inc.**

26 Annawan Road Waban, MA 02168  
 634 Commonwealth Avenue Newton Centre, MA 02159  
 (617) 244-8228

**ALAN S. BARKER**  
 ATTORNEY AT LAW

268 PEARBODY ST.  
 NEWTON, MASS. 02158

TELEPHONE  
 OFFICE 969-4590  
 HOME 527-2714

# Bike Shop Discounts

CRW membership entitles you to various discounts in the following shops:

- Ace Wheelworks, 2044 Mass. Ave., Cambridge 876-8200
- Belmont Wheelworks, 480 Trapello Road, Belmont 489-3577
- The Bicycle Exchange, 3 Bow Street, Cambridge 864-1300
- The Bicycle Workshop, 233 Mass Ave., Cambridge 876-6555
- Chelmsford Cyclery, 210 Boston Rd- Rt 4 Chelmsford 256-1528
- The Cycle Loft, 1644 Mass. Ave., Lexington 862-7048
- Family Bicycle Center, 149A Belgrade Rosindale 323-9720
- Harris Cyclery, 1249 Washington St., West Newton 244-1040
- International Bicycle Center, 70 Brighton Ave., Allston 783-5804
- Laughing Alley Bicycle Shop, 51 Harvard Ave., Allston 783-5832
- Lincoln Guide Service, Lincoln Rd., Lincoln 259-9204
- Mystic Valley Wheelworks, 889 Main St. Winchester 729-0425
- Northeast Bicycles, 102 Broadway (Route 1), Saugus 233-2664

## CRW JERSEYS!

The body of the jersey is red with blue and white vertical stripes and blue rear pockets. The club logo is heat set into the back.

Order from:

**Jones**  
 CYCLE WEAR

24 Brown Avenue  
 Lunenburg, Ma. 01462  
 (617) 342-7439

Complete line of  
**CUSTOM CYCLING APPAREL**



## CRW Jersey prices:

Cotton/poly or acrylic	\$26.00
Quiana	\$28.50
Wool	\$38.50
Acrylic/Wool	\$34.50

includes club logo  
 Embroidered name - 40¢/letter

Our thanks to Ken Dempsey the printer of the CRW Wheelpeople:

(617) 891-3740

**Waltham Copy Shop**

Xerographic Copies • Offset Printing  
 Typesetting • Bindery & Mailing Services

Ken Dempsey  
 Steve Kilgore

991 Main Street  
 Waltham, MA 02154

The Charles River Wheelmen  
 3 Bow Street  
 Cambridge, MA 02138

BULK RATE  
 U.S. POSTAGE  
 PAID  
 Woburn, MA 01888  
 Permit No. 130