

WHEELPEOPLE

Charles River Wheelmen

Volume XI Number 11

November, 1982

Editor's Corner

Meet the Editor

. . . Wheelpeople to feature Centerfold
and disclose secrets

Four score and seven flat tires ago (sometime in April 1982), I joined the CRW. I originally volunteered as graphics coordinator. One thing led to another, I went from graphics coordinator to assistant editor to editor, to head of propoganda (as Rudy calls this position). Yes, I successfully pedalled by all the potholes to obtain this position. You ask what's in it for me? Isn't it obvious...lots of mail every month. So who am I? To many of you, I'm sure the name doesn't sound familiar. But maybe you've seen my bike ... a brown Fuji S-12S, 21 inch frame with only a rear fender. I've been on several of the long rides, including the infamous Tour of New England 1982. Imagine, a lost soul from CA who was suckered into believing you can actually tour New England in one 3-day weekend. As for my other biking extravaganzas, I spent the summer of 1981 bicycle touring and camping in Europe, I organized a weekend camping trip in Newport, and I enjoy winter frostbite rides.

My experience as an editor is not as vast as my cycling experience. Before serving as assistant editor for the Wheelpeople, I organized a college newsletter for the crew team. That's the extent of my publishing experience.

What then can I offer as the new editor besides a newsletter every month? I hope to continue the timeliness and quality of the Wheelpeople. Basic policies will remain the same. All letters, articles and ads must be received by the 10th of each month, typed. You may notice some changes in the newsletter as well. The Calendar will be moved to the center section, so you can easily remove it and pin it up on your bulletin board (yes, the Wheelpeople will now feature a centerfold!). I am also adding a new column: "Do It Yourself" for those cycling enthusiasts interested in tips about bicycle repairs, maintenance and other neat ideas. This column is a place for members to disclose those deep, dark secrets of their cycling careers. The column will also be used to answer members cycling questions.

Once again, to continue the quality of the Wheelpeople that Jeffrey Luxenberg has achieved I'll need your help. Send in your articles and contributions on time and legibly I'll try to publish everything (well, almost everything).

-Susan Cavalli

Mileage

THE FOLLOWING ARE CRW MEMBERS 1982
MILEAGE TOTALS THRU THE END OF SEPT.

| | |
|----------------------|-------|
| JOHN LATVA | 14024 |
| JOE CORMIER | 10598 |
| JERRY CAMPBELL | 9539 |
| ED TRUMBULL | 7894 |
| DON BLAKE | 7868 |
| NED WELD | 7814 |
| JOHN VANDERPOEL | 7411 |
| OSMAN ISVAN | 7185 |
| EMILE BIJELAWA | 6471 |
| ELAINE BRAUN-KELLER | 6047 |
| LEE HOWARD | 5518 |
| DICK BUCK | 5174 |
| BOB FISHER | 5006 |
| BOB HARVEY | 4967 |
| GREG CANTY | 4786 |
| PAUL FOLEY | 4731 |
| PAT SUMMERS | 4150 |
| JOHN GREGORY | 4119 |
| JEFF LUXENBURG | 4107 |
| RICHARD LEVINE | 4045 |
| ROGER KAY | 3965 |
| KAREN LEASE | 3908 |
| NANCY TICHANUK | 3693 |
| DICK LEWIS | 3679 |
| FRANCIE SPARKS | 3556 |
| JACK "RUDY" RUDOWSKI | 3530 |
| PETE MOSS | 3500 |
| FRANCIE SPARKS | 3556 |
| MIKE HANAUFER | 3276 |
| MARK ALTMAN | 3112 |
| DEBBIE LUXENBERG | 3046 |
| JILL EISEMAN | 3041 |
| FLIOT SPECHT | 2612 |
| GEORGE PAULE | 2601 |
| MARK HANNA | 2431 |
| ANN MARIE ALTMAN | 2211 |
| BILL SWEETSER | 2170 |
| BILL MCGRATH | 2152 |
| JIM BROUGHTON | 2145 |
| PAUL BOWSER | 1879 |
| PETER VAN ETTEN | 1842 |
| GLEN COFFMAN | 1822 |
| RON MESSIER | 1700 |
| LINDA HARVEY | 1589 |
| CHRIS LUCAS | 1565 |
| MARK LEONARD | 1489 |
| GREG SMITH | 1473 |
| JOHN KANE | 1429 |
| GEORGE CAPLAN | 1398 |
| ANDY WEINER | 1324 |

| | |
|------------------|---------|
| LEE ANDRE | 1283 |
| EVA CASEY | 1238 |
| JACK KAGAN | 1234 |
| ANN FRITZ | 1177 |
| DAVE BRAHMER | 898 |
| JOHN SPRINGFIELD | 517 |
| MARK ROSEMAN | 516 |
| ROSALIE BLUM | 506 |
| HOWARD MOORE | 504 |
| 38 NO UPDATES | 59,722 |
| | ----- |
| TOTAL TO DATE | 271,187 |

LOOKS LIKE THE GOAL OF 500,000 MILES WAS A LITTLE "PIE IN THE SKY". OH WELL, ITS NICE TO DREAM. WE ARE, HOWEVER, 100,000 REPORTED MILES AHEAD OF LAST YEAR. NOT BAD GANG!


ALSO I HEARD FROM 15 THIS MONTH WHO HAD MISSED ONE OF MORE MONTHS LAST TIME, AND THERE ARE 6 BRAND NEW PEOPLE ON THE LIST THIS TIME. SO MAYBE, JUST MAYBE, SOME OF OUR 38 "LOST SHEEP" MIGHT COME BACK TO THE FOLD NEXT MONTH.

MAIL IN YOUR MILEAGE BY THE 5TH OF THE MONTH TO ED TRUMBULL, 19 CHASE AVE. WEST NEWTON, MA 02165 OR CALL 332-8546.

-ED TRUMBULL
MILEAGE COORDINATOR

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617 354-4161

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Gaterlode 280

From the President...

Dear Fellow Cyclists,

I have good news and bad news. Debra Glassman has been our Director of rides for six years. She has decided to relinquish that responsibility as of November 30. Anyone who has ridden with CRW during her long tenure should be thankful for Debra's sustained hard work and major contributions. Debra and Mark Roseman will continue to host the club's annual holiday party at their home (December 10), during which the new Co-Director of Rides, Patty Kirkpatrick and Mark Lamkin will circulate among those attending to recruit ride leaders for the 1983 season. I hope that you all plan to join us at Debra and Mark's for a great time.

November is election month. Please vote for up to three of the candidates running for election to the Board of Directors and return your ballots promptly. Results will be announced in the next bulletin.

Who says committees never accomplish anything? A Board appointed committee is nearing completion of a major revision of our ride leader instructions. Mike Hanauer is spearheading this project. The objective is to develop an easy to follow and yet thorough set of guidelines which will result in improving the consistency and quality of our rides. Mike will be presenting a final draft of these guidelines to the Board on November 2. Please come to the Director's meeting, if you would like to participate in the discussion of this and other issues.

As seasoned CRW members know, we hold club meetings monthly during the winter. Past years' meetings have included bicycle tour slide shows, repair clinics, bicycling related movies (e.g., Tour de France), etc. We need your topic ideas and a location. If anyone has or can obtain free access to a

dependable location which will comfortably accommodate 50 or more people, please give me a call. A preferred location would be well within Route 128 and outside of downtown Boston.

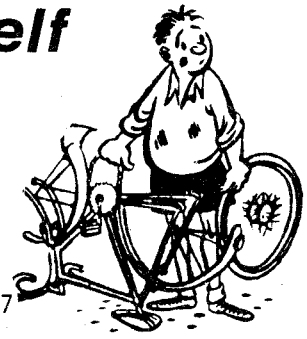
Our regular rides program ends on November 21. If you haven't ridden with us yet this year or have been an infrequent CRW rider, I hope that we will be seeing you on at least one of our remaining scheduled rides.



Do it Yourself

Send material to:

Susan Cavalli
Editor, CRW Wheelpeople
177 Florence Street
Chestnut Hill, MA 02167
969-3864



THE "DO IT YOURSELF" SECTION OF OF THE WHEELPEOPLE IS AN IDEA THAT IS DESIGNED TO GIVE CRW MEMBERS THE BENEFIT OF THE KNOW HOW OF MANY OF MANY OF ITS CLUB CYCLISTS. MANY OF US WHO ARE SERIOUSLY INTO BICYCLING HAVE COME ACROSS SOME VERY UNIQUE AND USEFUL IDEAS THAT WOULD BENEFIT OTHER CLUB MEMBERS. IF YOU HAVE ANY INTERESTING AND USEFUL BIKE TIPS THAT YOU THINK WOULD BE OF INTEREST TO OTHERS, SEND THEM IN TO OUR NEW EDITOR, SUSAN CAVALLI. IT COULD BE A GADGET THAT IS USEFUL ON A BICYCLE OR A BIKING TECHNIQUE THAT WOULD BE USEFUL TO OTHER WHEELPEOPLE READERS. IN OTHER WORDS, "DO IT YOURSELF", IS A COMMUNITY EFFORT BY ALL, TO SHARE BIKING IDEAS FOR A COMMON GOOD. IT WILL ALSO MAKE FOR A STRONGER AND A MORE ACTIVE BIKING CLUB

-JOE CORMIER



CALENDAR

Rides, Meetings,

NOVEMBER 2, TUESDAY 8:00 AM-8:00 PM
MILEAGE VARIABLE

STARTING POINT: YOUR HOME.
THIS RIDE IS A MUST FOR ALL CRW MEMBERS (AND EVERYONE ELSE) REGARDLESS OF WEATHER. THE RIDE WILL GO FROM YOUR HOME TO YOUR POLLING PLACE, WHERE YOU WILL HAVE THE OPPORTUNITY TO VOTE YES ON QUESTION 4, THE BOTTLE BILL. ITS A SHORT RIDE BUT WE HOPE ALL WILL ATTEND. OTHERWISE, YOU ONLY HAVE YOURSELF TO BLAME FOR YOUR NEXT PUNCTURE.

NOVEMBER 2, TUESDAY 7:30 PM

THE BOARD MEETS AT THE MIT ELECTRIC POWER SYSTEMS ENGINEERING LAB CONFERENCE ROOM, BUILDING 10 ROOM 178 (10-178) ON THE GROUND FLOOR UNDER THE GREAT DOME, 77 MASS. AVE. CAMBRIDGE. BOARD MEETINGS ARE OPEN TO ALL CRW MEMBERS.

NOVEMBER 7, SUNDAY 10:30 AM
25 + 35 MILE LOOPS

STARTING POINT: LARZ ANDERSON PARK, ON GODDARD AVE. (BETWEEN NEATON AND AVON STREETS) IN BROOKLINE. PARKING IS AVAILABLE ON NEARBY STREETS AND IN THE PARKING LOT AT THE TOP OF THE HILL IN THE PARK. THE ENTRANCE FOR TOP OF THE HILL PARKING IS ON NEWTON ST.

JACEK "RUDY" RUDOWSKI (361-5273) AND LORRAINE MASTROPIERI HAVE PLANNED A RIDE THRU BROOKLINE, ROSLINDALE, WEST ROXBURY, HYDE PARK, DEDHAM, WESTWOOD AND NORWOOD. LUNCH WILL BE AT THE FRIENDLY'S IN NORWOOD. (YOU MAY WANT TO BRING A LOCK)

NOVEMBER 14, SUNDAY 10:00 AM
25 AND 40 MILE LOOPS

STARTING POINT: NEWTON CENTER PARKING LOT. (AT THE INTERSECTION OF BEACON + CENTER STS.)

BILL SWEETSER (244-8626) HAS PLANNED A RIDE FOR US ON MODERATE TERRAIN THRU NEWTON, NEEDHAM, DOVER, SOUTH NATICK, WELLESLEY, SUDBURY AND WESTON. LUNCH WILL BE AT THE WESTON TOWN GREEN WHERE THERE IS A SANDWICH SHOP AND A CONVENIENCE STORE.

NOVEMBER 21, SUNDAY 10:00 AM + 1:30 PM
20 + 40 MILE LOOPS

STARTING POINT: DUCK FEEDING AREA, NEWTON. (AT THE INTERSECTION OF RTS. 128 + 30)

THIS IS A FIGURE 8 (DOUBLE LOOP) RIDE WITH 20 MILES FOR EACH LOOP. LUNCH IS AT THE STARTING POINT WHERE THERE ARE NO STORES, SO BRING YOUR OWN. THE MORNING LOOP WILL GO THRU WALTHAM AND LEXINGTON AND THE AFTERNOON LOOP THRU WESTON, NATICK, WELLESLEY AND NEEDHAM THIS IS A RIDE OF "TWO FIRSTS", ONE FOR EACH OF OUR LEADERS, ED TRUMBULL (332-8546) AND JOHN KANE (396-2230). THIS IS A REPEAT OF THE "FIRST" RIDE LED BY ED (NOV. 7 1971); AND IT WAS ALSO THE "FIRST" RIDE FOR JOHN WITH THE CLUB 10 YEARS AGO. CONGRATULATIONS TO BOTH OF THEM!

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NDAR



and Other Events

NOVEMBER 28, SUNDAY 11:00 AM
SHOW + GO

STARTING POINT: ARLINGTON TOWN HALL
ON MASS. AVE, JUST NORTH OF RT. 60
(PLEASANT ST.)

THIS IS THE LAST SUNDAY OF THE
ORGANIZED RIDE SEASON. FROM NOW ON
UNTIL NEXT MARCH, WE WILL HAVE OUR
"FROST BIKE" RIDES, SO GET ON YOUR
LONG JOHNS AND JOIN US FOR THE COLD
WEATHER. WE HAD A GOOD TURNDOUT LAST
WINTER, HOPE TO SEE YOU ALL THERE!

DECEMBER 5, SUNDAY
SHOW + GO - FROSTBIKE RIDES

STARTING POINT: VARIES, WILL BE
ANNOUNCED IN THE NEXT WHEELPEOPLE.

DONT BE FOOLED BY THE NAME OR COWED
BY THE TEMPERATURE. FROM NOW, THRU
THE WINTER, UNTIL NEXT MARCH, THE
RIDES WILL BE LEADERLESS AND NOT
PRE-PLANNED. DURING THIS TIME WE
HAVE SOME OF THE BEST RIDING
(WEATHER PERMITTING) OF THE YEAR.
THE AIR IS CRISP, THE SCENERY
DIFFERENT -- YOU CAN SEE WHAT WAS
HIDDEN ALL SUMMER BY ALL THAT FOLIAGE
-- AND THE PARTICIPANTS ARE
ENTHUSIASTIC. YOU'LL GET TO KNOW
WHAT SHOPS SERVE THE BEST HOT
CHOCOLATE, HOT COFFEE AND PASTRIES.
YOU'LL ALSO DISCOVER THAT RIDING
THRU THE NEW ENGLAND DEEP FREEZE IS
POSSIBLE AND ENJOYABLE.

FOR EACH OF THE WINTER RIDES A
STARTING TIME AND LOCATION ARE
DESIGNATED. FROM THERE THE GROUP
DECIDES THE LENGTH AND DIRECTION
OF THE ROUTE. DRESS APPROPRIATLY,
BRING YOUR MITTENS, SKI MASK,
WOOL SOCKS AND MOST OF ALL YOUR
ENTHUSIASM!

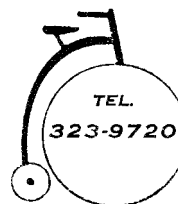
DECEMBER 10, FRIDAY EVENING 7:30 PM
WINTER SOLSTICE PARTY

PLACE: 35 PAYSON ROAD, BELMONT
DIRECTIONS: TAKE TRAPELO RD. TO
COMMON ST. NORTH ON COMMON ST. FOR
ONE BLOCK TO PAYSON RD. ON THE RIGHT.

MARK THIS DATE ON YOUR CALENDAR! THIS
IS THE TIME FOR THE CRW ANNUAL HOLIDAY
SOCIAL. MEET CRW OFFICERS, OLD AND NEW
FRIENDS AT "DEBRA AND MARK'S PLACE."
SEE IF YOU CAN RECOGNIZE PEOPLE
WITHOUT THEIR BICYCLES, HELMETS AND
CYCLING SHORTS. SWAP "TRAILS" OF THE
PAST YEARS TRIPS AND MAYBE GET SOME
IDEAS FOR NEXT YEAR.

LIGHT REFRESHMENTS, LIQUID AND SOLID,
WILL BE PROVIDED BUT IF YOU HAVE A
FAVORITE THIRST OR HUNGER ELIMINATOR
BRING IT ALONG TO SHARE. THIS WILL
ADD GREATLY TO THE FESTIVITIES.
PLEASE NOTIFY DEBRA GLASSMAN OR MARK
ROSEMAN OF YOUR GASTRONOMICAL
INTENTIONS SO THEY CAN BALANCE THE
MENU TO MEET NANCY CLARK'S STANDARDS.

MORE INFO: DEBRA OR MARK, 489-3141.



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Notices

DEBRA GLASSMAN RETIRES AFTER 6 YEARS

AFTER SERVING AS VP OF RTDES FOR THE PAST 6 YEARS, DEBRA GLASSMAN IS RETIRING. SHE WILL BE REPLACED BY MARK LAMKIN AND PATTY KIRKPATRICK. THANK YOU TO DEBRA FOR A JOB WELL DONE AND GOOD LUCK TO THE NEW RIDE VICE PRESIDENTS.

HELP UPGRADE MASS. VEHICLE LAWS

THE STATE LEGISLATURE COMMITTEE FOR THE L.A.W. HAS INVITED INTERESTED PERSONS TO ATTEND THEIR MEETINGS. THE NOV. MEETING WILL BE HELD IN BRIGHTON ON NOV. 10 AT SUE GENSER'S (782-6485). IN DEC. THE MEETING WILL BE AT PETER CAMPAGNA'S (752-4092) IN WORCESTER. MEETINGS BEGIN AT 7 PM.

WINTER MEETINGS

DOES ANYONE HAVE ACCESS TO A SCHOOL ROOM OR OTHER ROOM FOR WINTER MEETINGS? PLEASE CONTACT SAM JOHNSON (655-8774).

WHEELPEOPLE NEEDS YOUR HELP

THE WHEELPEOPLE NEEDS YOU TO HELP-- TYPING, LAYOUT, GRAPHICS ETC. DONT BE SHY! IF INTERESTED CONTACT SUSAN CAVALLI AT HOME (969-3864) OR WORK (366-6000 X4314)


HEADPHONES ARE ILLEGAL

THE "NASHOBA VALLEY PEDALERS" REPORTED THAT THE MASS. STATE LEGISLATURE PASSED A LAW MAKING IT ILLEGAL TO RIDE A BICYCLE WHILE WEARING HEADPHONES. FINES ARE \$25 FOR THE 1ST OFFENCE, \$50 FOR THE 2ND AND \$100 FOR THE 3RD.


Editor's Mailbox

Members should feel free to use this column as a sounding board. Keep the letters, articles, stories, and other material coming in. Material for publication must be in the Editor's hands by the 10th of the month before the issue for which it will appear. Send material to:

Susan Cavalli
Editor, CRW Wheelpeople
177 Florence Street
Chestnut Hill, MA 02167
969-3864



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 ***** NOVEMBER 2 *****
 ***** VOTE YES ON QUESTION 4 *****
 ***** THE BOTTLE BILL *****

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A HAPPY THANKSGIVING TO ALL MEMBERS OF THE CHARLES RIVER WHEELMAN. PIG OUT ON THANKSGIVING, BUT SHOW UP FOR THE RIDE THE 28TH TO WORK IT OFF.

The Charles River Wheelmen

The purpose of the Charles River Wheelmen is the enjoyment and advancement of bicycling and related healthful activities. We try to fulfill our purpose through the sponsorship of rides and other social gatherings, through publicity of the benefits of cycling, through cooperation with other organizations (notably the League of American Wheelmen and the American Youth Hostels), through encouragement of favorable actions by the bicycling industry and by government, through education of the bicycling community and general public, and through other suitable means.

We are perhaps best known for our year-round rides program. Our regular season goes from early Spring to late Fall; it includes Sunday rides that have at least two differently-paced routes. Leaders stay in the rear to assist new riders and insure that nobody gets left behind. The routes are arrowed in advance by the leaders, and sometimes maps are given out. Sunday rides usually meet at a common lunch stop to facilitate social interaction (swapping advice, tall tales, sandwiches, and brake cables). Our Winter Frostbite Rides are more informal; the pace and routes are mutually decided by the hardy bunch that shows up to brave the elements. We also sponsor at least one Century (100-mile ride) each year and award patches to those who complete 25, 50, or 100 miles.

Riding with a group is different than riding alone. It is imperative that you obey all traffic laws, especially stopping for red lights and stop signs and signalling when turning. You should always carry a pump, a small patch kit, and wrench and screwdriver, a map, and most importantly, the knowledge of how to use them. Often, others in the CRW will stop to assist you if you have a flat or a minor

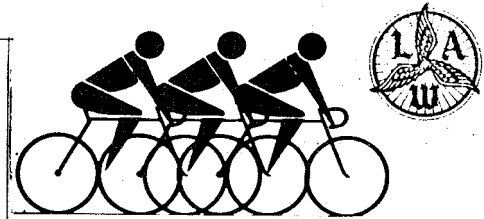
adjustment, but you should be prepared just the same. The CRW is a volunteer group. We cannot and will not take responsibility for problems or injuries that may arise due to road hazards, improper traffic maneuvers, bad weather, chasing dogs, improperly maintained equipment or that hot pastrami sandwich you had for lunch. But we will take credit if you meet a new friend, discover a new route, learn a tip from an old-timer, see the ocean at sunrise, ride your first Century, meet your future spouse, or discover the bicycle of your dreams in our classified ads. May the wind always be at your back!

OFFICERS AND COORDINATORS

- | | |
|---------------------------------|----------|
| President - Sam Johnson | 655-8774 |
| Vice-President - Jill Eiseman | 641-1066 |
| V.P. of Rides - Debra Glassman | 489-3141 |
| Membership - Rosalie Blum | 272-7785 |
| Information - Jacek Rudowski | 361-5273 |
| Editor - Susan Cavalli | 969-3864 |
| Assistant Editor - Eric Ferioli | 235-4762 |
| Circulation Editor-Rosalie Blum | 272-7785 |
| Advertising Editor-Walt McNeil | 325-8229 |
| Treasurer - Don Blake | 275-7878 |
| Mileage Coordinator-Ed Trumbull | 332-8546 |
| Social - Bill Piekos | 395-5699 |
| Safety - Bill Risinger | 321-7623 |
| Awards - John Kane | 396-2230 |
| Winter Rides - Walter McNeil | 325-8229 |

BOARD OF DIRECTORS

- | | |
|--------------|----------------------|
| Dave Brahmer | Patty Kirkpatrick |
| Jill Eiseman | Mark Lamkin |
| Barry Fricks | Dick Lewis |
| Sam Hull | Jeffery A. Luxenberg |
| Sam Johnson | |



 CRW APPLICATION/RELEASE FORM

CRW membership includes membership in the League of American Wheelmen. Do NOT mail your LAW dues separately to LAW. Ignore renewal notices from LAW. If renewing, please include your LAW number (on your LAW Bulletin label).

NAME _____

ADDRESS _____

PHONE _____ LAW # _____
 (if renewal)

I acknowledge that bicycling has an inherent risk of bodily harm, and I agree to assume those risks. I release and hold harmless, the Charles River Wheelmen, its officers and participants. I am at least 16 years old.

SIGNATURE _____

PARENT SIGNATURE _____
 (if under 18)

DATE _____

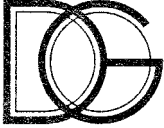
TOTAL ENCLOSED _____
 Dues: \$20 individual, \$26 household,
 \$30 sustaining membership

MAIL TO: Rosalie Blum
 11 Humbolt Avenue
 Burlington, MA 01803

Members Business Directory

The Wheelpeople Business Directory allows CRW members to have their business cards printed for 6 months for only \$10. Send your business card, with a \$10 check payable to CRW, to:

Susan Cavalli
CRW Wheelpeople
177 Florence St.
Chestnut Hill, MA
02167



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PETER C. BRASETH, D.M.D.
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PAULA F. GUTLOVE, D.M.D.
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ATTORNEY AT LAW

268 PEABODY ST.
NEWTON, MASS. 02158

TELEPHONE
OFFICE 969-4590
HOME 527-2714

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CRW membership entitles you to various discounts in the following shops:

- Ace Wheelworks, 2044 Mass. Ave., Cambridge 876-8200
- Belmont Wheelworks, 480 Trapello Road, Belmont 489-3577
- The Bicycle Exchange, 3 Bow Street, Cambridge 864-1300
- The Bicycle Workshop, 233 Mass Ave., Cambridge 876-6555
- Chelmsford Cyclery, 210 Boston Rd- Rt 4 Chelmsford 256-1528
- The Cycle Loft, 1644 Mass. Ave., Lexington 862-7048
- Family Bicycle Center, 149A Belgrade Rosindale 323-9720
- Harris Cyclery, 1249 Washington St., West Newton 244-1040
- International Bicycle Center, 70 Brighton Ave., Allston 783-5804
- Laughing Alley Bicycle Shop, 51 Harvard Ave., Allston 783-5832
- Lincoln Guide Service, Lincoln Rd., Lincoln 259-9204
- Mystic Valley Wheelworks, 889 Main St., Winchester 729-0425
- Northeast Bicycles, 102 Broadway (Route 1), Saugus 233-2664

THIS SPACE AVAILABLE
CONTACT WALTER McNEIL
FOR AD INFORMATION

The Charles River Wheelmen
3 Bow Street
Cambridge, MA 02138

