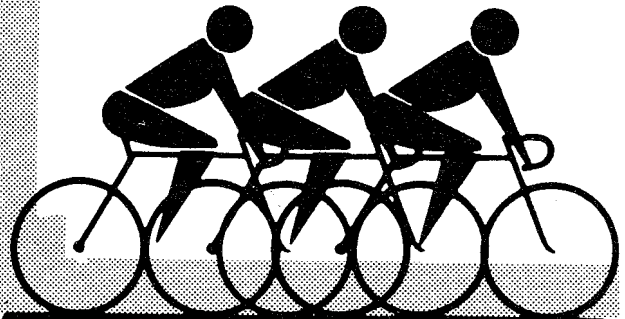


Wheel People

Volume XIII

Number 4

April 1984



The Charles River Wheelmen

The Big Event

Sunday April 29, 1984

Girl Scout House

74 Walden St., Concord



Annual Banquet



*details
inside*

There is still (just) time to book a place (or two), but final numbers are required by April 3, so rush your check to Don Blake.

Don't be an April Fool, join the

Effective Cycling Course

Course will be taught at the Cambridge YMCA by John Allen, certified Effective Cycling Instructor, and Jacek Rudowski, EC graduate. Classes will be held on Thursday evenings (with a couple of Saturday sessions), beginning April 12, and continuing into early May.

Through group rides, coaching, hands-on repair sessions and classroom work, this course is by far the fastest way to build cycling enjoyment. The course is highly valuable not only for beginners, but also for experienced riders to pick up the theory behind riding techniques. For more info, contact the Cambridge Family Y, 876-3860.

and inside

I fought the LAW, and the LAW won

Board Notes

MARCH BOARD MEETING NOTES

March 6 agenda items and actions summary:

Get well Dave Brahmaer: Getting your appendix out is a hell of a way to lose weight!

Big Event Flea Market: April 29 in Concord is when to sell your basement, ride, eat, dance and socialize. Volunteers are needed: please call Ed Trumbull or myself. See separate article.

Exit Polls: The board approved a survey of non-renewing members. Call me if you would like to help; not much time is required.

CRW Remains a 100% LAW Club: The vote was 132 yes, 37 no, 3 undecided. Jill Lewis will notify the LAW that our members would like to have more visibility and consideration of our 100% status.

Awards Banquet: Friday, April 13. It is probably not too late to sign up: call Jill. See separate article.

Budget: A 1984 budget was approved by the board (if you want a copy, send a SASE to Jill). A dues increase, effective April 1, and NEAR money have helped the crunch.

May is Bike Month: Many activities are planned, including short rides for novices. A flier/application form will be available.

AYH Affiliation: The purchase of an AYH pass is being investigated by yours truly for use by club members.

Rides Program: A few complaints have been received concerning late starts, so please arrive early. When you lead a ride, start your talk on time.

Next Meeting: April 3 at 7:30 PM.


--Mike Hanauer, Secretary

NOT
an ad from
BUILDING
19

We recently got overstock from a NEAR-by rally... What to do with all the extra maps?? The arrows are gone, but discover 18 new rides with handsome maps of Worcester County.

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For the amazing price of \$15, CRW members can include their business cards in this directory for six months.

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Our thanks to Ken Dempsey, printer of the CRW Wheelpeople, at:

Waltham Copy Shop
991 Main Street
Waltham Ma 02154



Editorial

The Charles River Wheelmen is a non-profit organization dedicated to the advancement of bicycling through the sponsorship of rides and other social activities. CRW is a 100% chapter of the League of American Wheelmen and works with other groups to encourage government and industry to act favorably toward the interests of all bicyclists. Membership in CRW entitles members to take part in the club's year-round rides program, as well as full membership in the League of American Wheelmen. CRW members also receive a free subscription to Wheelpeople, the club's official newsletter. Wheelpeople is published monthly. Address all correspondence to Charles River Wheelmen, 19 Chase Avenue, W. Newton, MA 02165.

OFFICERS AND COORDINATORS

President	Jill Lewis	641-1066
Vice President	Dave Brahmer	387-3243
V.P. of Rides	Mark Lamkin	877-4489
Information	Jacek Rudowski	361-5273
Membership	Dave Brahmer	387-3243
Publicity	vacant	
<u>Wheelpeople:</u>		
Editors	Geoff Forrest	628-1130
	Carol Tesiero	628-6492
Distribution	Jim Broughton	646-4102
Advertising	Geoff Forrest	628-1130
Secretary	Mike Hanauer	862-5927
Treasurer	Don Blake	275-7878
Mileage	Edson Trumbull	332-8546
Winter Rides	Walter McNeil	329-1586
Awards	John Kane	396-2230

BOARD OF DIRECTORS

Dave Brahmer	Jill Lewis
Mike Hanauer	Jeffrey Luxenberg
Mark Lamkin	Carol Tesiero
Karen Lease	Edson Trumbull
Dick Lewis	

Hopefully, with the arrival of April, warm sunny days will be a lot more common than they have been over the last few months. Those of us who have kept our "skinny-tire" bikes inside most of the winter can exercise them again. Be sure to check the Calendar and "Other Events" sections this month; there is a good assortment of interesting day and weekend rides planned during the next few months.

As revealed in other sections of this newsletter, the voting was in favor of remaining 100% Bicycle USA affiliated. This appears to be an especially important time for the League--a lot of changes have been made recently, and our ideas as LAW members have not been solicited. There is growing concern among members and LAW-affiliated clubs over these changes. Over the next few months, it will be especially important that our opinions be heard regarding "Bicycle USA" decisions. Please send in your ideas to the newsletter, or let CRW Board members know your views regarding these issues.

After this issue of Wheelpeople, I have decided to resign from my position as co-editor. I feel that decisions can be made more effectively and expeditiously if one person is responsible for newsletter coordinating--Geoff is in a good position to do this since he has taken over as advertising officer also. I would like to continue to receive your ideas, however, as a "fellow cyclist" and as a CRW Board member, in order to increase your input into Club decisions.

Carol Tesiero

Send articles, letters, comments, etc. by the 10th of each month to:

Geoff Forrest
36 Hancock Street
Somerville, MA 02144

We all know how hard it is to ride those first few miles after a long winter. This April, stretch out those leg muscles on some CRW classics and new rides. Each Sunday, we offer at least 2 rides of differing lengths and difficulties. Since May is Bike Month, we have also planned extra rides designed for novices.

Rides start promptly, so please arrive at least 15 minutes early. If you drive a car to the start, please park several blocks away and cycle the extra distance.

April 1 10:30 am

Start: Newton Center, intersection of Centre and Beacon Sts.

Distance: 40 and 20 miles

Our leader, Ed Trumbull (332-8546), has agreed to repeat his popular early spring rides to Walpole. Both rides will traverse moderate terrain to the lunch stop, the Bubbling Brook Restaurant.

April 8 9:30 am (50 miles)
10:00 am (20 miles)

Start: Wakefield Common at the southern end of Lake Quannapowitt, Main St., Wakefield. By car, take Rt. 128, exit 34 (Rt. 129 south to Wakefield). Please park on the surrounding streets since there are several churches nearby.

Distance: 50 and 20 miles

With John Kane (396-2230) and Debbie Luxenberg (665-0432) as ride leaders, these two loops are guaranteed to include roads rarely seen on CRW rides. They will lead us through the easy rolling terrain of Essex County north of Boston. At this time, the exact location for lunch has not been decided.

April 15 10:00 am

Start: Lexington Green

Distance: 40 and 20 miles

Karen Lease (623-7418) and Pat Sommers (354-2364) will lead us over the flat to moderate terrain northwest of Boston, through Lexington, Bedford, Carlisle, and Billerica. You may want to bring your lunch since Karen and Pat have not agreed on the location of the lunch stop.

April 22 9:45 am (50 miles)
10:30 am (25 miles)

Start: Weston Green, at the intersection of Church St. and Boston Post Rd. Please park away from the Center.

Distance: 50 and 25 miles

Concord Center will be the destination and lunch stop for these 2 rides led by Osman Isvan (494-1456) and Jacek Rudowski (361-5273). From Weston Center, riders will cycle over rolling terrain through Wayland, Sudbury, and Lincoln on their way to Concord. The 50 mile ride will also include Acton and Carlisle.

"The Big Event" April 29

Location: Concord Girl Scout House, 74 Walden Street, Concord

An all-day get-together sponsored by the CRW, AYH, Nashoba Valley Pedalers, and Seven Hills Wheelmen. The main events are:

8:00 am: Booths open to receive merchandise for sale on consignment (club retains 10% of proceeds)

9:00 am - 4:00 pm: Flea market and club displays

10:00 am: Arrowed rides of 12 and 30 miles

1:00 pm: " " " " " " "

5:00 pm - 6:30 pm: Pot-luck buffet

7:00 pm - 9:30 pm: Square dance (\$1.50 per person)

Do you have a bike, bike components or accessories, backpack, tent or other sporting goods you want to sell or swap? Or are you looking for some good used equipment? Here is your chance to do some buying and selling, plus have some fun cycling, eating and dancing in what should be one of the biggest gatherings of local bicyclists this year.

If you are coming to the pot-luck buffet, please bring a food contribution as follows: A-D, deserts; E-L, cold cuts, rolls/bread; M-Z, salad or cold dish and beverages.

To register your goods for sale, call Ed Trumbull (332-8546) or Mike Hanauer (862-5927). Volunteers are needed to help out, so please call if you can lend a hand.

May 5, Saturday 8:00 am
"Breakfast Ride"

Start: Larz Anderson Park, Goddard St., Brookline

Distance: 16 miles

Marie Deuerlein (734-5323) will lead the hungry on an easy 16-mile loop through West Roxbury to Needham. Breakfast stop will be at the International House of Pancakes in Needham.

May 6 10:30 am

Start: Hayden Recreation Center, Lincoln St. and Worthen Rd., Lexington. Please park in the upper parking lot.

Distance: 40, 25, and 10 miles.

This first Sunday of Bike Month offers something for everyone--3 different rides plus a post-ride get-together. Mike Hanauer (862-5927) and Greg Canty (861-7294) will lead us through Lexington, Lincoln, Wayland, Weston, and Sudbury. The 25 and 40 mile rides cover moderate terrain, and the 10 mile ride will cover flat terrain particularly suited for novices. The two longer rides will stop at Weston Center for lunch, but don't overeat since Greg will have lots of refreshments at his house in Lexington after the ride (donation to cover cost of food is requested).

May 12, Saturday 8:00 am
"Breakfast Ride II"

Start: Medford Center

Distance: 20 miles

Jacek Rudowski (361-5273) and Osman Isvan (494-1456) have organized their popular breakfast ride for Bike Month. They will guide riders through many parts of Medford and Melrose to breakfast at the Haywardsville Restaurant in Melrose.

May 13 10:30 am

Start: Upper Mystic Lakes parking lot, Mystic Valley Parkway, Winchester

Distance: 50, 35, and 15 miles

Dave Brahmer (387-3243) has organized 3 rides designed to build your confidence so that you will try our sanctioned rides next Sunday. The 15-mile ride will be especially suited for novices. More details next month.

May 20 7:30 am (100 miles)
9:30 am (50 and 25 miles)

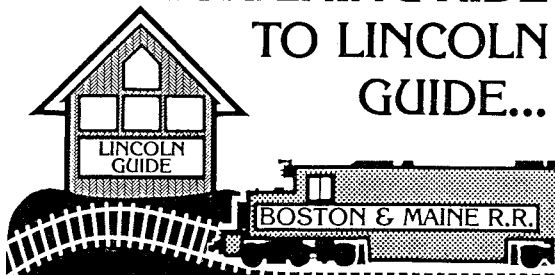
"CRW's Spring Celebration"

Start: Duck Feeding Area, near the intersection of Rts. 128 and 30, near the Waltham-Weston line

Distance: 100, 50, and 25 miles

Finish off Bike Month with a century, half-century, or quarter-century patch. The club has rejuvenated its century ride to Dighton Rock State Park. Riders will head in the general direction of Fall River, but may choose to take shortcuts to finish with 25 or 50 miles instead of 100 miles. Fees for this ride will be \$3 for CRW members and \$4 for non-members and will cover the cost of maps, patches, and refreshments after the ride. For more info, or to volunteer in assisting in this event, contact Jim Broughton, 646-4102.

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OTHER EVENTS

Tour of New England Training Ride April 14-16

First off, our apologies for the schedule conflict to Karen and Pat, who are leading the club ride on the 15th. This training ride is open to anyone, whether or not they are coming on the Tour of New England. On Saturday, the Great Chief Bob Fisher and Resident Gear Freak Jacek Rudowski will ride 110 miles from Somerville to the River Bend Motel in Newfane, VT. On Sunday, route will go over Mount Snow and Hogback to the Monadnock Inn in Jaffrey Center, NH (85 miles). On Monday, the ride will be 60 miles back to Somerville, with arrival around mid-afternoon. For more info, call Bob (625-9126, eves) or Jacek (361-5273, eves). Bob will be handling the reservations, and because of the iffy weather in mid-April, he will decide on the evening of the 13th whether we roll or not.

Fifth Annual Tour to Mystic May 5-6

Start: 90 mile/day option: Promptly at 5:15 a.m. on Saturday, Jacek will depart for Jerry's house in Mendon from the intersection of Rts. 16 and 30 in West Newton. Contact Jacek if you plan to start here. 65 mile/day option: Drive by car to the start of the ride at Jerry's house on Saturday morning.

Jerry will be serving a carbohydrate-loaded breakfast between 7:00 and 8:30 on Saturday morning. Departure for Mystic will be at 9:00 a.m.

Lodging will be at the Whalers Inn in downtown Mystic. Approximate cost will be \$27 per person. Send Jerry a check for \$15 to cover room deposit. In case of bad weather, deposit will be refunded. Please confirm with Jerry 2 weeks before departure. For more info, contact:

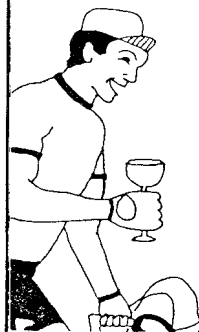
Jerry Campbell
99 Blackstone St.
Mendon, MA 01756
478-0490 (home)
762-6700, x3630 (work)

Eighth Annual Tour of New England May 26-28

Covers all six New England states through some of the most beautiful scenery in the area. Total distance is 340 miles. The non-refundable \$53.00 fee is due by April 9. See February Wheelpeople for more details. For more info, send a self-addressed, stamped envelope to:

Jacek Rudowski
One Belnap Road
Hyde Park, MA 02136
361-5273 (evenings)

Annual Banquet



Annual Awards Banquet

April 13
6:30 drinks
7:30 dinner

To guarantee reservations at the Banquet, Don Blake must receive your check by April 3, 1984. If your check is likely to arrive after that date, please contact Jill Lewis (641-1066) who will advise on booking arrangements.

Annual July 4-Cape Cod Trip July 4-8 (long) July 5-8 (short)

The low-cost, hassle-free way to see the Cape! 50 miles per day maximum--plenty of time for sun and swimming. Ride from Boston to East Bridgewater hostel; ride to New Bedford, ferry to Martha's Vineyard, stay at hostel; ferry to Hyannis, ride to Orleans hostel; ride to Provincetown, ferry to Boston. Long option allows time to relax and swim the first day, and two nights on Martha's Vineyard.

Space is limited! Send deposit of \$55 (short option) or \$65 (long option) to John Allen, 10 Farragut Avenue, Somerville, MA 02144. Deposit covers all hostel and ferry expenses. For more info, call John (625-3966).

Third Annual Tour to Newport July 7-9

This trip starts at Jerry Campbell's house in Mendon. Distance to Newport, RI from Mendon is 70 miles. See next month's Wheelpeople for more info, or call Jerry, 478-0490, or Mike Hanauer, 862-5927.

LOCAL BICYCLING NEWS

Paris-Brest-Paris Tour Talk 8:00 pm, April 18

Warren Sass will be giving a talk on the 1983 Paris-Brest-Paris (which he completed) at the April meeting of the N.T.O. committee of the Appalachian Mountain Club (3 Joy Street, Beacon Hill, Boston). It is open to the public and there is no admission charge. Meet the man who has sipped cocktails with Lon and Sue! For more details on the talk, or bicycling in the AMC, contact Janet Kuhn, 643-6652.

Mileage

Mileage through February, 1984:

Lee Howard	1046
Ed Trumbull	1040
Carol Tesiero	1020
Jerry Campbell	974
Dick Buck	638
Jack Donahue	504
Osman Isvan	429
Doug Mink	374
Mike Hanauer	324
John Vanderpoel	323
Greg Canty	316
Jeff Luxenberg	304
Bill McGrath	279
John Kane	208
Ned Weld (1)	191
Charles Hansen	155
Bill Sweetser	146
Jacek Rudowski	99
Dick Howe	95
Rick Macchi	88
Jim Broughton (1)	76
David Gotthelf	67
Lois Hartly	65
Debbie Luxenberg	48
Total	8809

So the race is on! Come one, come all, because, to the contrary of the political race that is going on, in our race everyone's a winner.

Let me hear from you by the 5th.

Ed Trumbull
19 Chase Avenue
W. Newton, MA 02165
332-8546

"The Bulletin Board"

I am planning to go to GEAR-UP and am willing to collect CRW members' application forms so we can get adjoining rooms; I have registration forms for those who need them. I am also interested in hearing from people who would like to rent a van to go to GEAR-UP.

Jacek Rudowski
361-5273

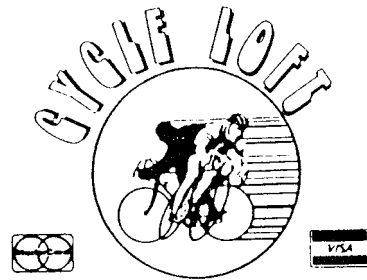
FOR SALE

Very light cycling tent with fly, but without poles or ropes. Used a lot, but still serviceable. Weighs 2 lbs. \$15. John, 369-7237 (Concord), before 9:00 pm.

Wheels: Campy NR LF hubs, DT 14 ga. spokes, Ambrosio Elite Durex rims, 700 C, Panaracer 700 x 25 tires. Used 250 miles. \$150. Wayne, 828-6569, after 5:00 pm.

Mint condition Bickerton folding bike with carrying bag. Must sell! A steal at \$275. Also have lots of bike components--Campy, Sugino, etc.--plus touring bags, hats, jerseys, t-shirts. Dick, 449-3792, after 6:00 pm.

Vetta Trainer (brand new). \$70. Call Mark, 734-3223, evenings.



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Bike Shop Discounts

The following shops offer discounts to members of CRW.

<u>Ace Wheelworks</u> 2044 Mass. Ave., Cambridge	876-8200
<u>Aworthy Bicycle</u> 424 Moody St., Waltham 311 Walnut St., Newtonville	893-8769 965-5868
<u>Belmont Wheelworks</u> 480 Trapelo Rd., Belmont	489-3577
<u>Bicycle Bill</u> 253 N. Harvard, Allston	254-9408
<u>The Bicycle Exchange</u> 3 Bow St., Cambridge	864-1300
<u>The Bicycle Workshop</u> 233 Mass. Ave., Cambridge	876-6555
<u>Chelmsford Cyclery</u> 210 Boston Rd., Rt. 4, Chelmsford	256-1528
<u>The Cycle Loft</u> 28 Cambridge St., Burlington	272-0870
<u>Family Bicycle Center</u> 149A Belgrade, Roslindale	323-9720
<u>Farina Cycle</u> 61 Galen St., Watertown	926-1717
<u>Harris Cyclery</u> 1355 Washington St., West Newton	244-1040
<u>International Bicycle Center</u> 70 Brighton Ave., Allston	783-5804
<u>Laughing Alley Bicycle Shop</u> 51 Harvard Ave., Allston	783-5832
<u>Lexington Cycles</u> 1644 Mass. Ave., Lexington	862-7048
<u>Lifecycle</u> 1013 Mass. Ave., Cambridge	354-8595
<u>Lincoln Guide Service</u> Lincoln Rd., Lincoln	259-9204
<u>Mt. Auburn St. Cycle</u> 145 Mt. Auburn St., Watertown	926-6010
<u>Mystic Valley Wheelworks</u> 889 Main St., Winchester	729-0425
<u>Northeast Bicycles</u> 102 Broadway (Rt. 1), Saugus	233-2664
<u>The Ski Market</u> 860 Comm. Ave., Boston 57 JFK St., Galeria, Cambridge Endicott Plaza, Danvers 34 Cambridge St., Burlington 400 Franklin St., Braintree	731-6100 576-2520 777-3344 272-2222 848-3733

CRW Application/Release Form

CRW membership includes membership in the League of American Wheelmen. If renewal, do NOT mail your LAW dues separately to the LAW as they are included in your CRW dues. Please include your LAW number (on your American Wheelmen magazine).

NAME _____

ADDRESS _____

PHONE _____ LAW # _____
(if renewal)

OCCUPATION _____

I will not hold the CRW, its officers or members responsible for any injury or damage encountered while participating in any club function.

SIGNATURE _____

PARENT SIGNATURE _____
(if under 18)

DATE _____

TOTAL ENCLOSED _____

Dues: \$25 individual, \$30 household,
\$35 sustaining

MAIL TO: Dave Brahmer, 9 Hatch Street
Everett, MA 02149

Charles River Wheelmen
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W. Newton Ma 02165

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John Kane
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