

# Wheel People

Volume XIII

Number 5

May 1984



**The Charles River Wheelmen**

## Celebrate May -- It's Bike Month

**Join the CRW for a month of rides and gear up for summer!**

**5** Saturday, 8:00 AM—Breakfast Ride  
Starting from Lars Anderson Park in Brookline (off Goddard Street), the ride will travel to the IHOP in Needham for breakfast, a distance of about 8 miles. Further details: M Deuerlein (734-5323)

**6** Sunday, 10:30 AM—Club Ride  
Starts from the Hayden Recreation Center, Lexington. There are rides of 10, 25, and 40 miles. For more details contact M. Hanauer (862-5927) or G. Canty (861-7294).

**12** Saturday, 8:00 AM— Breakfast Ride  
The ride will begin in Medford Square, and travel to the Friendly's in Stoneham for breakfast, a distance of about 12 miles. For more details call J. Rudowski at 361-5273.

**13** Sunday, 10:30 AM—Club Ride  
Starting from the Mystic Lakes swimming area in Winchester, there will be rides of 15, 35, and 50 miles. For further details, contact D. Brahmer at 387-3243.

**20** Sunday—CRW Spring Celebration  
7:30 AM (100 miles)  
9:30 AM (25 and 50 miles)  
Starts from the Duck Feeding Area near the junction of Routes 30 and 128 in Newton. There is a registration fee of \$3 for CRW members and \$4 for non-members, which includes refreshments, map and patch. Further details: J. Broughton (646-4102) or E. Trumbull (332-8546).

### Inside

	page
May Day ride	7
Other events	4
Laying down the LAW	6

# Board Notes

## APRIL BOARD MEETING NOTES

April 3 agenda items and actions summary:

Awards Banquet: As of April 3, only 30 have signed up.

CRW Membership List: The club policy of not releasing the list under any circumstances was re-stated.

Finances: Dues increase, membership renewal and NEAR money have helped.

Pro-Rating of Dues: To ensure that LAW and CRW memberships coincide, under specific circumstances membership periods of less than one year will be accepted at .80/month.

CRW Description: Ed Trumbell has rewritten the Wheelpeople club manifesto; it will be submitted to the editor.

Bike Month Activities: A flier/CRW application form is being typeset and printed thanks to Karen Lease; volunteers will distribute and post.

Exit Polls: Debby Allinger, Jim Broughton, Jerry Campbell, Mike Hanauer, Karen Lease and Ed Trumbell have agreed to call a few nonrenewing members on a rotating basis. The survey will begin in May. More volunteers are encouraged.

CRW Invitational: We are still looking for venues in the Concord area to hold this Aug. 5 event. The ideal spot will have picnic, parking, and restroom facilities.

GEAR-UP: For those interested, there is a train that goes to Baltimore. Call Amtrak.

CRW Application Form: Mike Hanauer has re-designed the handout; Dave Brahmer will make copies and distribute. If questions on the Bike Month flier prove successful, they will be incorporated in future

Bike Shop Representatives: It was decided that CRW will have individuals acting as club liaisons with bike shops. Responsibilities include: keeping the shop stocked with applications, event fliers, newsletters, etc; coordinating advertising with the Advertising Editor; providing general CRW visibility. A number of people at the board meeting have accepted assignments, but more are needed. Contact Mike if you want to help.

Publicity Officer: This important position is still vacant. Please let me know if you would like to lend a hand.

State of the LAW: Jill suggested a forum be held at GEAR-UP. If you have comments, contact Jill.

Next Meeting: May 1, 1984, at 7:30 PM.

Mike Hanauer, Secretary

## Members Business Directory


For the amazing price of \$15, CRW members can include their business cards in this directory for six months.

Where else can you reach such a large potential market for so little?

Send your \$15 plus business card to:

Geoff Forrest  
36 Hancock Street  
Somerville Ma 02144

SPORTS MEDICINE RESOURCE, INC.



SPORTS NUTRITION ASSOCIATES  
830 BOYLSTON STREET, BROOKLINE, MA 02167

NANCY CLARK, R.D., M.S.  
NUTRITION COUNSELING

TELEPHONE  
739-2003


SPRINGFIELD ASSOCIATES  
COMPUTER CONSULTING & TRAINING

JOHN J. SPRINGFIELD  
PRESIDENT

37 PARKER STREET  
NEWTON CENTRE, MA 02159  
617-969-5183

VENTURE ADVISORY SERVICES, INC.  
680 WORCESTER ROAD  
DEERSKIN PLAZA  
FRAMINGHAM, MA 01701  
617-875-3373

DEBRA GLASSMAN  
Mergers & Acquisitions



**BUSINESS  
BROKERS'**  
Each office independently owned and operated

Kimberly Warren  
*Certified Muscular Therapist*

172 Harvard Street  
Cambridge, Ma  
354-6520

6 Thoreau Street  
Concord, Ma  
369-8268

Our thanks to Ken Dempsey, printer of the CRW Wheelpeople, at:

Waltham Copy Shop  
991 Main Street  
Waltham Ma 02154



The Charles River Wheelmen is a group of active adult bicyclists who sponsor a year-round program to promote the enjoyment of bicycling. During the regular season (early spring to late fall), two ride loops are usually available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance, and the leaders stay in the rear to insure that nobody gets left behind. Our winter Frostbite rides are more informal; the route and pace are decided by those who show up to brave the elements.

Our dues include membership in the League of American Wheelmen; CRW members also receive Wheelpeople, the club's official news letter.

Address all correspondence to the Charles River Wheelmen, 19 Chase Avenue, W. Newton, Ma 02165

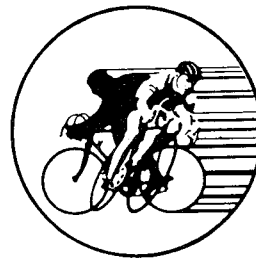
#### OFFICERS AND COORDINATORS

President	Jill Lewis	641-1066
Vice President	Dave Brahmer	387-3243
V.P. of Rides	Mark Lamkin	877-4489
Information	Jacek Rudowski	361-5273
Membership	Dave Brahmer	387-3243
Publicity	vacant	
<u>Wheelpeople:</u>		
Editor	Geoff Forrest	628-1130
Distribution	Jim Broughton	646-4102
Advertising	Geoff Forrest	628-1130
Secretary	Mike Hanauer	862-5927
Treasurer	Don Blake	275-7878
Mileage	Edson Trumbull	332-8546
Winter Rides	Walter McNeil	329-1586

#### BOARD OF DIRECTORS

Dave Brahmer	Jill Lewis
Mike Hanauer	Jeffrey Luxenberg
Mark Lamkin	Carol Tesiero
Karen Lease	Edson Trumbull
Dick Lewis	

# CYCLE LOFT



## 28 CAMBRIDGE STREET

Next To Crossroads Shopping Center  
(Exit 41S Off Rt. 128)

**BURLINGTON**  
**272-0870**

Open 6 Days A Week    Plenty Of Parking  
Open Until 8 PM Every Night

## WE CLOSED THE LEXINGTON STORE

### NOW BURLINGTON IS EVEN BIGGER AND BETTER THAN BEFORE

- Quality Service On
- All Makes Of Bicycles
- Free Assembly
- Free Instruction
- Free Warranty
- Free Fitting

## \$5.00 OFF

### SPRING TUNE-UP SPECIAL

Reg. \$21.95 **NOW \$16.95**

- Complete Tune-Up
  - Includes All Adjustments
- With this coupon    Expires 6-1-84

## 20-40% OFF

### PANNIERS, HANDLEBAR BAGS

30% off ECLIPSE slide mount panniers

20% off ALL 1983 H/B bags and panniers

With this coupon    Expires 6-1-84

## ARROWED RIDES

May has finally arrived! As part of our Bike Month program, we have rides for varying abilities--including rides designed for beginners. We are also fortunate in that, after each Sunday ride in May, a club member has offered to host a post-ride get together.

To allow ride leaders to start their rides on time, you should arrive at the start of the ride at least 15 minutes before the starting time. Those driving to the start should park a block or two away from the start to avoid congestion.

May 5  
May 6  
May 12  
May 13  
May 20



See front page

May 27

10:30 AM

Start: Weston Center

Show and go!

June 3

Start: 10:00 AM, at Red Cross Building, Kendrick St., Needham (65 miles); 10:30 AM, at Dover Center (25 miles).

Distance: 65 and 25 miles.

John Levy (492-6938) has planned two rides to Lake Winthrop in Holliston. Expect gently rolling terrain through Dover, Medfield, Sherborn and Holliston. Bring your swim suit if you wish. You will be able to buy refreshments at a farm stand near the lake.

June 10

10:00 AM

Start: Lexington Green

Distance: 50 and 25 miles

Year after year, these rides by Debra Glassman and Mark Roseman (489-3141) are enthusiastically attended. Besides riding through Lexington and Bedford, you will also cross into Carlisle, Acton and Billerica before reaching Concord center at lunchtime.

June 17

Start: Quincy

Ron Messier (work 471-1800 or 471-1412) is leading the ride, but needs some assistance with arrowing, etc. If you are interested in being co-leader, please call him a.s.a.p.

## BOARD MEETINGS

Board meetings are held on the first Tuesday of every month at 7:30 PM in Building 10, Room 178 (10-178) at MIT.

The next meetings are on: May 1  
June 5

## OTHER EVENTS

May 12, Saturday

10:00 AM

Start: Kancamagus Highway, Loon Mountain parking lot, Lincoln, NH.

Distance: 80, 65, or 30 miles

Choose from three rides on one of the Granite State's most scenic and challenging highways, with possible overnight stay at Pinkham Notch Camp for those who need an other day of mountain air. Low gears and good cycling skills are recommended. For details, directions and carpool information contact:

Greg Bakos  
729-4740 (home)  
482-1870 (work)

## Nashoba Valley Pedalers' Invitational

May 19

6:00 AM Double Metric  
9:00 AM Metric Century

Start: Digital Plant on Porter Street, Littleton, about 1/2 mile north of I-495/Rt. 2 interchange. Exit off I-495 onto Rt. 2 west, then immediately exit Rt.2 at Taylor Street-Littleton. Turn left onto Taylor Street; then turn left onto Porter Street.

This will be a mildly rolling, scenic ride with no very steep hills, visiting Harvard, Lancaster, Shirley, Groton, Pepperell, Dunstable, Tynsborough and Westford. There will be coffee and restrooms at the start. \$3.00 covers map, cookie stop and limited sag wagon. LAW patches will be available at cost (approx. \$1.50). For more details, contact Chris Paulhus, 772-0784.

## Third Annual Trip to Newport      July 7-9

This trip starts at Jerry Campbell's house in Mendon for the 62-mile ride; from Boston it's about 90 miles. The route has been arrowed both ways and is highly scenic; it passes by farms, orchards, and forests, with a sprinkling of eating and watering places along the way. Traffic is for the most part light.

The approximate cost is \$25.00, which includes breakfast on Saturday morning, two nights' lodging at Newport YMCA hostel, and a gormet barbeque/picnic Sunday evening.

For more details, send a SASE to or call:

Mike Hanauer  
6 April Lane #11  
Lexington, Ma 02173  
(617) 862-5927

Jerry Campbell  
99 Blackstone St.  
Mendon, Ma 01756  
(617) 478-0490

Send your check for \$25.00 by June 27; after that date a phone commitment will be accepted if there are vacancies on the ride.

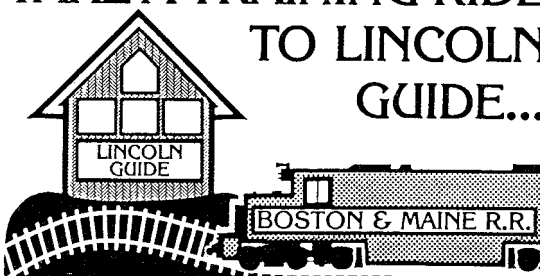
## Annual July 4 Trip    July 4-8 (long option) to Cape Cod            July 5-8 (short option)

The low-cost, hassle-free way to see the Cape! 50 miles per day maximum--plenty of time for sun and swimming; no need for camping or cooking equipment.

Itinerary, by popular request: ride from Boston to East Bridgewater hostel; ride to New Bedford, ferry to Martha's Vineyard, stay at hostel; ferry to Hyannis; ride to Orleans hostel; ride to Provincetown; ferry to Boston. Long option will allow time to relax and swim the first day, and two nights on Martha's Vineyard.

Space is limited! Send deposit of \$55 (short option) or \$65 (long option) to John S. Allen, 10 Farragut Avenue, Somerville, MA 02144. Deposit will cover all hostel and ferry expenses. For more info, call John at 625-3966.

**TAKE A TRAINING RIDE  
TO LINCOLN  
GUIDE...**



Great prices on all bike goods!

27x1 1/4 Japanese tubes \$2.75  
(presta valve \$3.50)  
Blackburn AR-1 racks \$25.50  
Kryptonite K-4 locks \$26.50

Super weekly surprise specials!

Complete line of Cannondale and  
Univega bikes

Expert service

**LINCOLN GUIDE SERVICE**  
Lincoln Road/Lincoln, MA  
(617) 259-9204



Dear Editor, Wheel People

REPLY TO: March 28, 1984

I am writing to correct some misinformation contained the Anita Brewer's letter published in the March issue of Wheel People.

1. The letter said the League's legislative program has been cut. Not true. The 1984 budget approved unanimously by the Board of Directors calls for spending \$3,000 more on the legislative program than was spent in 1983. We have hired a professional to coordinate government relations, replacing Ralph Hirsch, contracted consultant who resigned effective January 31, 1984. Our government relations program will operate out of our Baltimore office, saving the \$550 a month rent Hirsch's 3-room office suite in Philadelphia was costing us. Consolidating our operations will also provide/secretarial and administrative support to our legislative activities for the first time. The legislative program has been strengthened, not cut.
2. The letter said the name of the League has been changed. Not true. The Board made a commitment to retain League of American Wheelmen as the legal name, to preserve our history and tradition. BICYCLE USA is being used as the name of our monthly magazine and as our tradename to help us recruit new members so that our resources will grow enough to allow us to improve the services and programs our members want.
3. The letter said that 8 of 15 Board positions are open. Not true. Three Board members resigned (two had to because they moved out of their regions), one in November, another in December and the third effective February 6th. Following a Board vote that supported the authority of the President to make appointments to fill vacancies, replacements were named to serve until the next election (see page 2 of the March BICYCLE USA magazine). They will have an opportunity to stand for reelection in the next election, the nominating process for which begins this July immediately following the Annual Meeting. The other five positions are not open. They are currently filled by incumbents who will continue to serve until winners of the ongoing election take office at the Board meeting this July.
4. The letter said it is not clear how new revenue derived from membership growth will be spent. All items of projected revenue and expense are detailed in the 1984 budget which was approved by unanimous vote of the Board of Directors at their meeting in December 1983. Your current Regional Vice President, Ed Gross, who is also a member of The Charles River Wheelmen, has had a copy of the League's 1984 budget since before the December meeting. Copies of the budget are available to any League member upon request from the office. I will gladly answer any questions you have concerning the League's budget.

The support and participation of the Charles River Wheelmen in the League is greatly appreciated. The League's programs are growing in spite of the misinformation that is being circulated.

Sincerely, Steven Leiby  
Treasurer, League of American Wheelmen

# LEAGUE OF AMERICAN WHEELMEN

## Anita Brewer replies:

I stand behind what I wrote in March, and to be completely certain, I've rechecked my sources.

Legislative program: yes, the salary of the new coordinator is \$3000 more than Ralph Hirsch was paid, but according to the FY84 budget sheets, the program as a whole drops from \$57,000 to \$22,000--stated to be a \$21,872 decrease from actual '83 expenditure. "Strengthened" to some may mean "diminished" to others.

Name change: yes, LAW is the legal name, but what counts is the visible, public name of the group: BICYCLE USA.

Board positions: here our differences seem to be semantics. To me, an "open" position is one that has been vacated by resignation, or a position slated for routine election. Three resignations plus five elections add up to eight openings, and this total is important considering the size of the board (15).

Future revenues: yes, I have the budget in front of me, but neither it nor the marketing plan states how the bigger budget and membership rolls will affect the League.

Finally, if Mr. Leiby knew how the CRW feels about its treatment by the LAW in recent months, I don't think he could end by affirming the LAW's conduct.

## Mileage

### Mileage through March, 1984

Eric Ferioli	1879	Bill McGrath	421
Jerry Campbell	1705	Dick Lewis	338
Ed Trumbull	1669	John Vanderpoel	323
Carol Tesiero	1561	Jill Lewis	287
Lee Howard	1530	Charles Hansen	246
Dick Buck	1148	Jacek Rudowski	237
Doug Mink	857	Tom Wylie	208
Osman Isvan	854	John Kane	208
Amato Ciampa	854	Bill Sweetser	203
Jack Donahue	750	Eliot Specht	170
Jim Broughton	588	Fram Ciampa	158
Jeff Luxenberg	472	Dick Howe	125
Ron Messier	467	Rick Macchi	111
Greg Canty	424	Debbie Luxenberg	92
Mike Hanauer	421	David Gotthelf	67
		Lois Harty	65
			-----
			18438

Eric Ferioli is not only #1 on the mileage list, but also #1 can/bottle recycler. Nice to have you on board, Eric.

At the other end of the spectrum, Eliot Specht put a footnote to his meagre mileage: a new personal worst.

Ned Weld has been having knee problems so has dropped from the list. He says it makes him too competitive! Get well soon and back on the list.

Friendly competition is the name of the game, so let's have your miles by the 5th.

Ed Trumbull, 19 Chase Ave., W. Newton Ma 02165 or phone 332-8546.

# LOCAL BICYCLING NEWS

## BABC Slide Show

7 PM, May 23

CRW has Show-and-Go rides, BABC has Go-and-Show slides! Bring along some of your best bike tour slides, or just come to learn about new touring destinations. The meeting is at 70 Vassar Street in Cambridge. Further details from Doug Mink (253-4115, afternoons), especially if you have some slides to show.

## Bike to Work Day

May 1

On the first day of National Bicycle Month, the BABC is going to sponsor its sixth group commuter ride and rally. As in the past, bicyclists will converge on the Boston Common from Porter Square in Cambridge, Cleveland Circle in Brighton, Lexington and Quincy Center.

We have decided not to ride behind banners as we have in the past, but to increase our visibility in less obstructive ways. Ideally, each bicycle in the procession should have its own banner: signs taped to baskets or frames, small banners flying from fiberglass bike flag poles, and colorful clothing are all possibilities.

Starting locations and times are: Lexington Battle Green (6:45 AM, Webb Sussman, 494-2694 work), Arlington Center in front of Robbins Library (7:10 AM), Porter Square Shopping Center on the Mass. Ave. side (7:30 AM, Doug Mink, 547-0154 home), Cambridge City Hall (7:45 AM, Bill Schwartz, 492-5517 home), and Quincy Center MBTA Station (7:00 AM, Jeanne Watson, 749-1767 home).

## Letters

We bike riders have all had experiences with dogs, and occasionally their owners. Generally these encounters are negative, but recently I experienced the flip side of the coin.

On the way to Dover an old, grey-nosed black dog came after me. I was afraid he might intercept my leg, and figured I'd have a better chance off the bike. I dismounted hastily, rested the bike against a stone wall and

faced down the dog. This was a successful maneuver and the dog went home. When I went back to my bike, however, I discovered that it had slipped down the wall, breaking my wind fairing.

I wrote to the dog's owner relating the incident and suggesting that it seemed reasonable for him to reimburse me for the replacement of the Zipper. Lo and behold, I promptly received a most pleasant letter apologising for the incident and a check for the replacement cost--\$50.45.

So you see, there are some nice folks out there and this gentleman is certainly one of them

Ed Trumbull

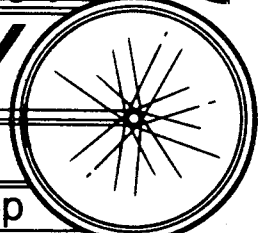
Some of you may have noticed that there is now a new membership coordinator. As part of the job, I would like to hear from you if you have an incorrect name or address on the mailing label of the Wheelpeople. Also let me know of any type of membership problem--my address is on the membership application form.

In the meantime, please bear with me until all of the membership problems can be identified and corrected.

I would finally like to thank Karen Lease for the work she has done for the club

David Brahmer

# LAUGHING ALLEY



Bicycle Shop

## THE ENTHUSIASTS' SHOP

**BIANCHI • PEUGEOT • TREK • MIYATA • ROSS**

- Sold To Fit Individual Needs And Sizes
- Bicycles Assembled With Precision and Care
- Complete Facility To Handle Specialized And Regular Repairs
- Full Line Of Cycling Components And Clothing

**51 Harvard Avenue, Allston 783-5832**  
HOURS: Mon-Sat 10-6 Thur, Fri 10-8

# Bike Shop Discounts

The following shops offer discounts to members of CRW.

<u>Ace Wheelworks</u> 2044 Mass. Ave., Cambridge	876-8200
<u>Aworthy Bicycle</u> 424 Moody St., Waltham 311 Walnut St., Newtonville	893-8769 965-5868
<u>Belmont Wheelworks</u> 480 Trapelo Rd., Belmont	489-3577
<u>Bicycle Bill</u> 253 N. Harvard, Allston	254-9408
<u>The Bicycle Exchange</u> 3 Bow St., Cambridge	864-1300
<u>The Bicycle Workshop</u> 233 Mass. Ave., Cambridge	876-6555
<u>Chelmsford Cyclery</u> 210 Boston Rd., Rt. 4, Chelmsford	256-1528
<u>The Cycle Loft</u> 28 Cambridge St., Burlington	272-0870
<u>Family Bicycle Center</u> 149A Belgrade, Roslindale	323-9720
<u>Farina Cycle</u> 61 Galen St., Watertown	926-1717
<u>Harris Cyclery</u> 1355 Washington St., West Newton	244-1040
<u>International Bicycle Center</u> 70 Brighton Ave., Allston	783-5804
<u>International Bicycle (West)</u> 740A Beacon Street, Newton	527-0967
<u>Laughing Alley Bicycle Shop</u> 51 Harvard Ave., Allston	783-5832
<u>Lexington Cycle</u> 1644 Mass. Ave., Lexington	863-1480
<u>Lifecycle</u> 1013 Mass. Ave., Cambridge	354-8595
<u>Lincoln Guide Service</u> Lincoln Rd., Lincoln	259-9204
<u>Mt. Auburn St. Cycle</u> 145 Mt. Auburn St., Watertown	926-6010
<u>Mystic Valley Wheelworks</u> 889 Main St., Winchester	729-0425
<u>Northeast Bicycles</u> 102 Broadway (Rt. 1), Saugus	233-2664
<u>The Ski Market</u> 860 Comm. Ave., Boston 57 JFK St., Galeria, Cambridge Endicott Plaza, Danvers 34 Cambridge St., Burlington 400 Franklin St., Braintree	731-6100 576-2520 777-3344 272-2222 848-3733

## Why Not Join the CRW? .....

CRW dues include membership in the LAW; do NOT mail your LAW dues separately. If renewal, include your LAW number.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PHONE: \_\_\_\_\_ LAW #: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

I will not hold the CRW, its officers or members responsible for any injury or damage sustained while taking part in any club function.

SIGNATURE: \_\_\_\_\_

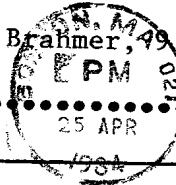
PARENT SIGNATURE: \_\_\_\_\_

(if under 18)

DATE: \_\_\_\_\_ TOTAL ENCLOSED: \$ \_\_\_\_\_

Dues: \$25 individual; \$30 household;  
\$35 sustaining

MAIL TO: Dave Brahmner, 49 Hatch Street, Everett



MA 02149

FEDERAL DEPOSIT  
INSURANCE  
CORPORATION



Charles River Wheelmen  
19 Chase Avenue  
W. Newton Ma 02165

04/85  
John Kane  
266 Felleway West  
Medford, MA 02155