

# Wheel People



Volume XIII

Number 6

June 1984

**The Charles River Wheelmen**

## Ride Schedule

This month we have a few surprises. We dare all-terrain bike owners to try underwater cycling on the several rides that pass by lakes. The owners of newfangled bicycle computers are challenged to rig up radar in case of darkness on evening rides. And we challenge everyone to try the June 10 ride on a four-legged vehicle, like Paul Revere did.

When you have read the preceding paragraph, you will know that it is pure nonsense. But what is true is that every Sunday we offer at least two rides of varying abilities and distances. And--surprise of surprises--we are planning a 1-day invitational in August.

Please arrive at least fifteen minutes before the announced starting time to allow our rides to begin on time.

Mark Lamkin

### June 3

Start: 10:00 AM, at Red Cross Building, Kendrick St, Needham (65 miles) **IMPORTANT:** Do not park near the liquid oxygen tanks. 10:30 AM, at Dover Center (25 miles).

Distance: 65 and 25 miles.

Leaders John Levy (492-6938) and Chip Roth

(923-1043) have planned two rides to Lake Winthrop in Holliston. Expect gently rolling terrain through Dover, Medfield, Sherborn and Holliston. Bring your swim suit if you wish. Refreshments will be available at a farm stand near the lake.

### June 10

10:00 AM

Start: Lexington Green

Distance: 50 and 25 miles

Year after year, these rides by Debra Glassman and Mark Roseman (489-3141) are enthusiastically attended. Besides riding through Lexington and Bedford, you will also cross into Carlisle, Acton and Billerica before reaching Concord center at lunchtime.

### June 17

10:00 AM

Start: Star Market, Granite St., near Quincy center

Distance: 52 and 25 miles

Ron Messier (471-1800, days) and Wayne Miller have planned their rides over moderate terrain through Braintree, Randolph, Brockton, West Bridgewater, and Holbrook. Lunch will be at the DW Field Park; there is a store nearby.

Continued on page 4

# Board Notes

## MAY BOARD MEETING NOTES

May 1 agenda items and actions summary:

Finances: The situation is much improved.

"Big Event": The flea market was quite successful. A few administrative lessons were learned for next time.

CRW Invitational: We are still looking for ideas on where in the Concord area to hold this Aug. 5 event. The ideal spot will have picnic, parking, and restroom facilities. Please let Jill know if you have any suggestions or wish to help.

Awards Banquet: About 50 people attended, fewer than in past years—maybe because of the holiday weekend. Many thanks to the bike shops that contributed doorprizes. We may change the location next year; suggestions are welcome.

Summer BBQ: Likely to be in mid or late August. Help is needed: how about it?

Exit Polls: Dave Brahmer provided a list of February and March non-renewing members. Volunteers will call these people.

LAW Concerns: Jill has drafted a letter voicing concerns. A forum will be held at GEAR-UP; if you are going, contact Jill.

AYH Group Pass: Now available for use by CRW members. Contact Ed Trumbull.

Publicity Chairperson: This important post is still vacant.

Bike Shop Reps: If you would like to be a CRW rep to a bike shop, please let me know. See last month's notes for details.

Next Meeting: June 5, 1984, at 7:30 PM.

Mike Hanauer, Secretary



The club has a AYH Group Pass that is available to any CRW member who wishes to organize a trip. It costs \$5 per week or part of a week, payable on receipt of the pass. Allocation is strictly on a "first come, first serve" basis, so contact Ed Trumbull, 19 Chase Ave., W. Newton, Ma 02165 (332-8546) to reserve your spot.

## Members Business Directory


For the amazing price of \$15, CRW members can include their business cards in this directory for six months.

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Send your \$15 plus business card to:

Geoff Forrest  
36 Hancock Street  
Somerville Ma 02144

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# Editorial

Hopefully, spring will soon give way to summer, and we can at last get some decent cycling conditions (don't anyone dare tell me it always rains in England!). However, that doesn't mean you should stop sending in articles, comments, news and letters. If anybody is suffering from writer's block, see me at the next post-ride party--a few beers usually cures the problem. As I am going to GEAR-UP in June, I must have all copy for the July issue by June 10 at the latest, so that I can get the newsletter to Waltham Copy Shop before I go to Baltimore.

As always, send all correspondence to:

Geoff Forrest  
 36 Hancock Street  
 Somerville, Ma 02144

The Charles River Wheelmen is a group of active adult bicyclists who sponsor a year-round program to promote the enjoyment of bicycling. During the regular season (early spring to late fall), two ride loops are usually available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance, and the leaders stay in the rear to insure that nobody gets left behind. Our winter Frostbite rides are more informal; the route and pace are decided by those who show up to brave the elements.

Our dues include membership in the League of American Wheelmen; CRW members also receive Wheelpeople, the club's official news letter.

Address all correspondence to the Charles River Wheelmen, 19 Chase Avenue, W. Newton, Ma 02165

## OFFICERS AND COORDINATORS

President	Jill Lewis	641-1066
Vice President	Dave Brahmer	387-3243
V.P. of Rides	Mark Lamkin	877-4489
Information	Jacek Rudowski	361-5273
Membership	Dave Brahmer	387-3243
Publicity	vacant	
<u>Wheelpeople:</u>		
Editor	Geoff Forrest	628-1130
Distribution	Jim Broughton	646-4102
Advertising	Geoff Forrest	628-1130
Secretary	Mike Hanauer	862-5927
Treasurer	Don Blake	275-7878
Mileage	Edson Trumbull	332-8546
Winter Rides	Walter McNeil	329-1586

## BOARD OF DIRECTORS

Dave Brahmer	Jill Lewis
Mike Hanauer	Jeffrey Luxenberg
Mark Lamkin	Carol Tesiero
Karen Lease	Edson Trumbull
Dick Lewis	

## SPRING BIKE SPECIAL

*Super deals on '83 models*

10% discount on regular merchandise for Wheelpeople

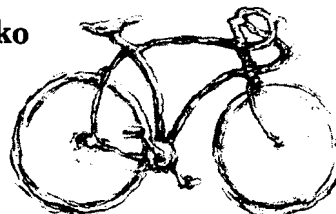
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June 18, Monday

Time and starting point to be decided;  
contact ride leader.

Distance: 22 miles

Barbara Bix (964-8193), Jenny Robbin and Mona Zeftal will lead this after-work ride around Newton, Weston, Waltham and Lincoln. If there is interest, plan on eating dinner at a nearby Chinese restaurant. This is a combined CRW and AMC ride.

June 24

10:30 AM

Start: South Natick Dam, corner of Pleasant St. and Rte. 16, Natick. Please park cars on Pleasant St.

Distance: 55 and 35 miles

Birdy Ellsmore and Sam Johnson (655-8774) lead another club favorite. The rides cover gently rolling terrain in Dover, Sherborn, Medfield, Millis and Natick. Lunch will be at Christie's C&L Frosty in Sherborn. Birdy and Sam will once again host the traditional post-ride party in their backyard. A small donation to cover the cost of refreshments will be requested.

June 26, Tuesday

Time and starting point to be decided;  
contact ride leader.

Distance: 22 miles

Barbara Bix (964-8193) and friends will direct another weekday ride after work.

July 1

10:00 AM.

Start: Hamilton Shopping Center, Rte. 1A, Hamilton

Distance: 44 and 22 miles

Patty Kirkpatrick and Sam Hull (648-4095) will lead us on the fifth annual tour of the scenic farmlands of Hamilton, Ipswich, Boxford and Middleton, over easy to moderate terrain. Lunch will be at Bradley Palmer State Park; you can buy food in Topsfield, about 5 miles before the park.

# Cale

July 8

9:00 AM.

Start: Upper Mystic Lakes parking lot, Mystic Valley Parkway, Winchester

Distance: 48 and 20 miles

Bruce Wisentaner (783-9258) will lead us on moderate terrain in Woburn, Winchester, Reading, Wilmington and Andover. Lunch will be at Harold Parker State Park; buy food about 8 miles before the lunch stop. If you want to take a dip, bring a bathing suit and a lock for your bike.

## BOARD MEETINGS

Board meetings are held on the first Tuesday of every month at 7:30 PM in Building 10, Room 178 (10-178) at MIT.

The next meeting is on: June 5

## OTHER EVENTS

Cape-in-a-Day

Saturday, June 2

A number of people have expressed interest in an additional ride to Provincetown this season. Riders will leave Brookline, from outside EMS on Commonwealth Ave., at 4:30 AM and will return on the 3:15 PM ferry from Provincetown. The ride is not too difficult, but some long-distance experience would be helpful.

Jacek Rudowski will lead riders out of the city and will provide maps of the scenic route. For further details, contact Jacek (361-5273) or Mark Becker (734-3223). The rain date will be the following Saturday.

Annual July 4 Trip to Cape Cod

See last month's Wheelpeople for details.

Space is limited! Send deposit of \$55 (short option) or \$65 (long option) to John S. Allen, 10 Farragut Ave., Somerville, Ma 02144. Deposit will cover all hostel and ferry expenses. For more information, call John at 625-3966 .

## Third Annual Trip to Newport

July 7-9

This trip starts at Jerry Campbell's house in Mendon for the 62-mile ride; from Boston it's about 90 miles. The route has been arrowed both ways and is highly scenic; it passes by farms, orchards, and forests, with a sprinkling of eating and watering places along the way. Traffic is for the most part light.

The approximate cost is \$25.00, which includes breakfast on Saturday morning, two nights' lodging at Newport YMCA hostel, and a gourmet barbeque/picnic Sunday evening.

For more details, send a SASE to or call:

Mike Hanauer  
6 April Lane #11  
Lexington, Ma 02173  
(617) 862-5927

Jerry Campbell  
99 Blackstone St.  
Mendon, Ma 01756  
(617) 478-0490

Send your check for \$25.00 by June 27; after that date a phone commitment will be accepted if there are vacancies on the ride.

## The Ride Around New England (TRANE)

July 31-Aug 5

A 5-day tour passing through all six New England states, averaging about 75 miles a day. TRANE begins and ends at Clark University in Worcester, Ma, with overnight stops at Brattleboro, Vt, Nashua, NH, Hampton Beach, NH, and Framingham, Ma. The terrain is varied, ranging from beautiful stretches along the Atlantic coast to breathtaking climbs up the mountains of southern New Hampshire.

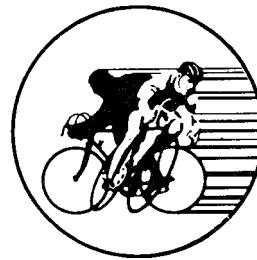
The cost of \$110 covers all lodging, sag-wagon, route instructions and patches.

For more information, contact:

Marc Goldstein  
Connecticut Valley Bicycle Club  
2657 Albany Avenue  
West Hartford, Ct 06117  
(203) 233-7348

Registration is limited to 50 riders, and must be received by June 30.

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# LOCAL BICYCLING NEWS

Summer Access '84 is a group of bicycle activists whose sphere of action is the T. Their goal is off-peak bicycle access on the Red and Blue lines, as well as the suburban commuter rails. The first action took place on May 1, when ten bicyclists entered the Park Street station and had a lengthy 'discussion' with T personnel.

The group needs petitioners, sign-carriers, letter writers, and even martyrs willing to be arrested. If you are interested in helping this cause, contact John Dabrowski (524-1672) or Jeff Axelbank (623-6978).

## For Sale

Campy Record SF hubs, Fiamme Ergal 290 gm rims, new DT stainless 15-gauge spokes (32 front, 36 rear), Regina ORO 5-sp freewheel (13,15,17,19,21). \$95.

Fixed gear/clinchers. Atom SF QR hubs, Weinmann 485 gm alloy rims, new DT 14-gauge spokes (36x36), Schwinn Super Record 27x1 1/8 tires and tubes. Rear wheel has double threaded hub with 18- & 20-tooth fixed cogs installed. Can also accept a single-speed freewheel on one or both sides. Spacing is 120mm rear, 100mm front. \$42. Call Dick Buck (923-8909).

1 pr Rivat shoes (size 9). Brand new, worn only once. \$35 (cost \$68 new). Call Mark (734-3223).



## GSW FIFTH ANNUAL INTERNATIONAL CENTURY WEEKEND



GSW's 1984 premier bicycling weekend will be held July 7-8 in Jefferson in New Hampshire's northern White Mountains.



Headquarters is Sky Wood Manor, Route 2, Jefferson, N.H. 03583.



Rides from 9 miles to 200 kilometers, flat to hilly, intervalles to mountains, will take riders on the "Waumbek Whirl," "White Mountains Meander," or "Grand Groveton Groove," among others.



Whether your delight is a short jaunt followed by a dip in the pool, or a climb to a mountaintop state park with a sublime view of the White Mountains, or a gentle glide along the Connecticut River through covered bridges, or the Saturday grill-your-own cookout that follows, this weekend is for you. Ask anyone who's been on one!



The weekend's gems are Saturday's incredible International Century and International Double Metric Century from Jefferson to Quebec and back through Vermont. Geological, geographical, and highway engineering vicissitudes make most of this outstanding ride downhill (although the last eight miles are up)! Special International Century and Double Metric International Century GSW and LAW patches are available.



There is no registration fee, but you'll be asked to donate \$1 for superb maps.



For room reservations call Sky Wood Manor, Bob Ferguson, 603-586-4491. All accommodations must be made individually with Bob. The two-day (Friday and Saturday night) rates range from \$31 to \$79. The Manor has a swimming pool, beer lounge and snack bar. Bicycles, not allowed in rooms, can be secured in the Manor's barn.



For campers and overflow from Manor: Evergreen Campground and Motel, 586-4449, half a mile west; Jefferson Campground, 586-4510, two miles east. (Both, area code 603.)



For further information, call or write Adolphe Bernotas, Box 532, Concord, New Hampshire 03301; 603-225-2820. Enclose SASE.

## Mileage

### Mileage through April, 1984

Jerry Campbell	2522
Ed Trumbull	2320
Carol Tesiero	2231
Lee Howard	2163
Eric Ferioli	1879
Dick Buck	1518
Osman Isvan	1497
Doug Mink	1270
Jack Donahue	1241
Jim Broughton	1076
Bill McGrath	902
Bob Harvey	900
Greg Canty	879
Jeff Luxenberg	858
Amato Ciampa	854
Mike Hanauer	781
Jill Lewis	732
Emile Bielawa	700
Dick Lewis	604

Charles Hansen	468
Ron Messier	467
Dick Howe	443
Linda Harvey	415
Debbie Luxenberg	376
Jamie King	364
Tom Wylie	331
John Vanderpoel	323
Mark Becker	320
Jacek Rudowski	237
Eliot Specht	210
John Kane	208
Bill Sweetser	203
Rick Macchi	194
Wayne Miller	181
Fran Ciampa	158
John Gregory	150
George Caplan	89
David Gotthelf	67
Lois Harty	65

Somebody should tell Eric that he has to call in his miles if he's going to stay in first place. On the same subject, 28% didn't send an update.

After this month I will drop anyone from the list who doesn't send an update. They will be restored to the list in subsequent months when their updated mileage is received.

Remember, send updates by the 5th of each month to:

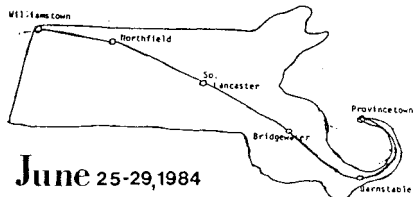
Ed Trumbull  
19 Chase Avenue  
W. Newton, Ma 02165  
332-8546

-----  
30,196

# BAM

## Bicycle Across Massachusetts

Sponsored by the Cyclonauts Bicycle Club



June 25-29, 1984

### BIKING ACROSS MASSACHUSETTS

We invite you to share in the ideal cycling conditions in Massachusetts during the week of June 25-29. Enjoy 5 fulfilled days and approximately 250 miles of cycling across the state. The ride starts in Williamstown and ends in Provincetown.

### PURPOSE

BAM '84 is not an endurance contest, a race or a test of stamina. It is a recreational and social event for serious cyclists, so each rider should plan to set a pace agreeable to his or her own degree of expertise. All capable riders are welcome -- membership in a cycling club is not a requirement.

### LIMIT OF ENTRIES

Number of entries will be limited to a maximum of 200. Priority by postmark date. Minimum number of riders to be 125. If less, the ride will be cancelled. As soon as the number of entries reaches the minimum, you will receive a confirmation of acceptance. This will be no later than May 15. No entrance forms accepted postmarked after June 2.

### FEE

Registration fee of \$145.00 covers indoor sleeping bag floor space and showers for 4 nights, 4 breakfasts, 4 bag lunches, 4 dinners, a banquet in Provincetown, a tour packet, and a BAM tee shirt. Registration fee is non-refundable. You may however transfer your spot by selling privately to purchaser who must contact BAM for a registration form to sign waiver. Minimum age is 18 unless accompanied on the ride by a parent or legal guardian who must sign a release.

### TRANSPORTATION

Each entrant will be responsible for his or her transportation to the starting point in Williamstown, and also for their pickup from the finish point in Provincetown.

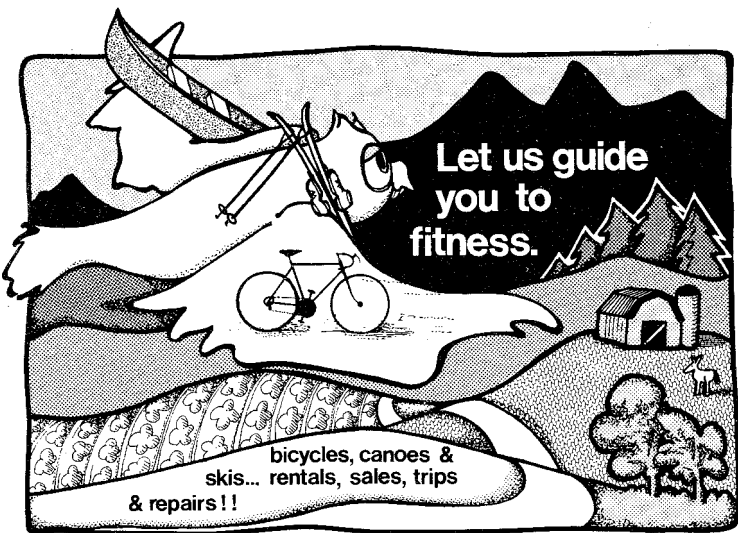
Full details and entry forms are available from Geoff Forrest, but note that the official closing date is June 2. If interested in riding, contact Rolland Dagneault, (413) 596-8553, to find out if any places are still available.



### Ride leaders still needed for:

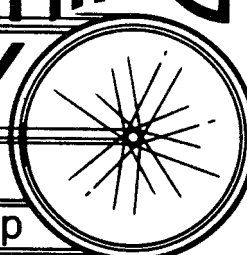
August 26  
November 4  
November 11  
November 18

If interested in leading, co-leading, or hosting a post-ride gathering, please contact Mark Lamkin (877-4489).



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# Bike Shop Discounts

The following shops offer discounts to members of CRW.

<u>Ace Wheelworks</u> 2044 Mass. Ave., Cambridge	876-8200
<u>Aworthy Bicycle</u> 424 Moody St., Waltham 311 Walnut St., Newtonville	893-8769 965-5868
<u>Belmont Wheelworks</u> 480 Trapelo Rd., Belmont	489-3577
<u>Bicycle Bill</u> 253 N. Harvard, Allston	254-9408
<u>The Bicycle Exchange</u> 3 Bow St., Cambridge	864-1300
<u>The Bicycle Workshop</u> 233 Mass. Ave., Cambridge	876-6555
<u>Chelmsford Cyclery</u> 210 Boston Rd., Rt. 4, Chelmsford	256-1528
<u>The Cycle Loft</u> 28 Cambridge St., Burlington	272-0870
<u>Family Bicycle Center</u> 149A Belgrade, Roslindale	323-9720
<u>Farina Cycle</u> 61 Galen St., Watertown	926-1717
<u>Harris Cyclery</u> 1355 Washington St., West Newton	244-1040
<u>International Bicycle Center</u> 70 Brighton Ave., Allston	783-5804
<u>International Bicycle (West)</u> 740A Beacon Street, Newton	527-0967
<u>Laughing Alley Bicycle Shop</u> 51 Harvard Ave., Allston	783-5832
<u>Lexington Cycle</u> 1644 Mass. Ave., Lexington	863-1480
<u>Lifecycle</u> 1013 Mass. Ave., Cambridge	354-8595
<u>Lincoln Guide Service</u> Lincoln Rd., Lincoln	259-9204
<u>Mt. Auburn St. Cycle</u> 145 Mt. Auburn St., Watertown	926-6010
<u>Mystic Valley Wheelworks</u> 889 Main St., Winchester	729-0425
<u>Northeast Bicycles</u> 102 Broadway (Rt. 1), Saugus	233-2664
<u>The Ski Market</u> 860 Comm. Ave., Boston 57 JFK St., Galeria, Cambridge Endicott Plaza, Danvers 34 Cambridge St., Burlington 400 Franklin St., Braintree	731-6100 576-2520 777-3344 272-2222 848-3733

## Why Not Join the CRW? .....

CRW dues include membership in the LAW; do NOT mail your LAW dues separately. If renewal, include your LAW number.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PHONE: \_\_\_\_\_ LAW #: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

I will not hold the CRW, its officers or members responsible for any injury or damage sustained while taking part in any club function.

SIGNATURE: \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_

(if under 18)

DATE: \_\_\_\_\_ TOTAL ENCLOSED: \$ \_\_\_\_\_

Dues: \$25 individual; \$30 household;  
\$35 sustaining

MAIL TO: Dave Brahmer, 9 Hatch Street, Everett  
MA 02149

30 MAY 1984  
Charles River Wheelmen  
19 Chase Avenue  
W. Newton Ma 02165



04/85  
John Kane  
266 Fellsway West  
Medford, MA 02155