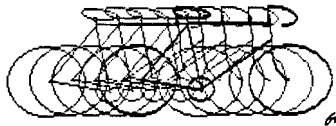


# Wheel People



Volume XV      Number 7      July 1986

**The Charles River Wheelmen**



## EDITORIAL

Congratulations are in order this month for Charles Hyde-Wright, Doug Mink and the other officers and members of the Boston Area Bicycle Coalition, the Charles River Wheelmen, and other bicycle clubs and organizations who spearheaded the recent successful "Bikes-on-the-T" campaign in metropolitan Boston.

Praise is also due to the State legislators and T officials who have supported "Bikes-on-the T". As a result of their combined efforts, bicyclists are able as of June 1, 1986 to use the Red, Orange, and Blue rapid transit lines of the MBTA on Sundays and certain holidays on a regular basis.

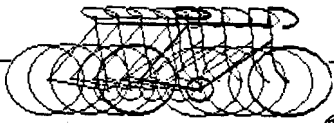
The six-month trial period in 1985 proved to both the T and bicycle riders that rapid transit accessibility is vital to the use of bicycles in and around Boston. "Bikes-on-the-T" is a most important development in the history of Boston-area bicycling, and puts Boston on a par with Washington, Toronto and other "rapid transit" cities which properly extend such travel privileges to bicyclists.

CRW members and other cyclists now have some new, exciting, and long overdue travel options. We also have an unparalleled opportunity to demonstrate to the T-riding public that cyclists are in fact adult and responsible persons. By our conduct and appearance while riding T trains as cyclists, we can impress upon passengers and T staff that we are greatly concerned for safety and courtesy as bike riders; that we obey traffic laws and encourage others to do so; and that, most importantly, bicycling is now a better-than-ever alternative to driving around the metro area.

WHEELPEOPLE encourages its readers to take an active role in developing good public relations for bicycling--talk to fellow T passengers and to T staff about bicycling, encourage them to try biking themselves, and stress the importance of wearing helmets and using other safety equipment when cycling.

Buy and use a T-pass---

We'll see you on the (rail)road!!



Graphic by Guy Minnick

## WHAT YOUR BOARD DID IN JUNE

June 3 agenda item & actions summary

**INCORPORATION:** Dave Brahmer circulated Mass. Annual Report forms for all board members to sign. These will be submitted to the state to bring our status up to date.

**MASSACHUSETTS BICYCLE ADVISORY BOARD:** John Allen distributed a draft statement expressing policy concerns, especially that funds are going to non-biking activities. John is looking for input and comments, please contact him at 891-9307.

**PALM CHALLENGE:** Anita Brewer addressed the board, noting that this ride (Pedal Across Lower Michigan) is a worthwhile fund raising event for the Bicycle USA legislative program. A \$5000 goal has been established, over 35 clubs have already donated (last month, CRW voted \$100). Anita is our regional board member to Bicycle USA.

**NEW ENGLAND AREA RALLY:** Anita noted that NEAR will be held the last weekend of July 1987 in Durham at U. of NH, two weeks after GEAR in Long Island.

**CRW BOARD MEETINGS:** An alternate location is needed for August and September. Dave Hill will check into Draper Labs. If you have a possibility, please contact any board member.

**SUMMER BARBECUE:** Will not be held this year; the board felt that the Twentieth Anniversary Festival will suffice.

**NUTRITION:** Cutler West noted a concern over diet, especially excess sugar, at club activities. If you share this concern, please contact Cutler. (Ice cream freaks can ignore this item.)

**MEMBERSHIP LIST:** Dick Lewis noted that an area bike shop has requested our roster. In accordance with policy, the request was denied.

**PRESIDENTIAL ANNOUNCEMENTS:** Dave Brahmer has created a notebook of official club documents. Also, he is entertaining a possible job offer which may drastically curtail his CRW activities.

**SECRETARIAL ANNOUNCEMENT:** Mike Hanauer wishes to relinquish this position after a 3 year stint. Please contact Mike at 862-5927 if you are interested. Please.

**SPRING CENTURY:** Dave Hill reported that 160 people did one of the four rides, netting CRW \$407. In addition, a number of T-shirts and water bottles were sold. Our thanks to all who helped, especially to Debby Allinger who did an outstanding job in coordinating the May 18 event.

continued on p. 11

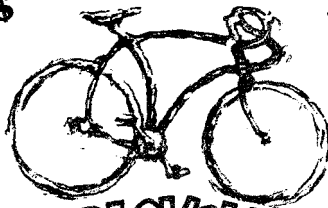
## 10th Anniversary Sale

SAVE \$\$

NISHIKI

DIAMOND BACK

HARO



ZEBRA

RED LINE

BRIDGESTONE

**BICYCLE BILL'S**

**City Bikes, Mountain Bikes, BMX & Cruisers!**

EXERCISE & TRIATHLON EQUIPMENT/COMPLETE LINE OF CLOTHING AND ACCESSORIES

FOR COMMUTING, RACING, TOURING, & OF COURSE RECREATION

QUALITY SERVICE —

GUARANTEED TEST RIDES ON ALL REPAIRS

★ Spring Tune-Up \$25 — includes some cleaning ★

**BICYCLE BILL'S**

253 NORTH HARVARD ST.

ALLSTON, MA 02134

617-783-5636

★ JUST A QUARTER MILE FROM HARVARD STADIUM! ★

far from the Charles River



GSW Mount Washington Valley Weekend  
Registration Information

The annual GSW Mount Washington Valley Weekend returns this year to Bethel, Maine, on August 22nd through August 24th

Rides will include:

The Evans-Pinkham Notch Century,  
The Grantham Notch Metric Century,  
and several shorter rides, not the least of which is the memorable "Jerry's Jacuzzi" ride.

Accommodation Information:

We have arranged group rates at:  
L'Auberge, Box 21, Bethel, Maine 04217

Accommodations are limited, so I have arranged to process the reservations for L'Auberge. Maximum capacity is 42 people.

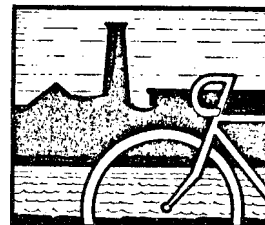
There are 8 double rooms; each can also take 2 roll-aways. Two of the double rooms have double beds, the remaining 6 rooms have 2 twin beds each. There is a dormitory (one large, common room) that can sleep 10, and the dormitory has a side room that can sleep two; all beds in the dormitory are twin beds.

I do not have the current rates; we will try to have them for the July PEDAL TALK.

There are also a few "Bed & Breakfasts" in Bethel as well; for one example, the Pitucks stayed at the Chapman House two years ago, and found it to be very pleasant.

Please contact me on any questions about the Weekend, or to place your room reservations.

Ed Fisher,  
4 Mitchell Street  
Merrimaack, NH 03054  
(603)424-2027



### Knapsack Tours

Friday evenings, July-August 6:00 p.m.  
**LOWELL HISTORICAL PARK** Bring your own bike and picnic snack for an evening exploration of little-known by-ways to discover canals and rivers, mills and mansions, and neighborhoods of the industrial city. Reservations must be made, call the Park Visitor Center at 459-1000.

July 11 - Meet in front of the Wannalancit Office and Technology Center on Suffolk St. for a biking tour of the Northern Canal

July 18 and August 29 -- Conquer the Concord. A tour from the mouth of the Concord River at the Merrimack past important mill sites, lower locks on the Pawtucket Canal, and forgotten canals and mills on the River Meadow Brook. Many stops for interpretation.

July 25 -- "The Kerouac Beat" The rhythm and ambience of Lowell pulse through the novels of native son Jack Kerouac. This bike tour visits the author's birthplace, the houses he lived in, and the school, church, mills and streets he wrote about. A look at the future site of the Kerouac Memorial also.

August 1 -- "The Miles of Mills on the Merrimack". A tour along the canal-side fronts of the mills, over the Bridge St. Bridge, and down the riverside trail with the best view of the "mile of mills"

August 8 -- Follow the Falls; the Pawtucket Dam Expedition. A tour from Guard Locks and one side of the Dam to the other, up along the river trail with superb views of the dam, Pawtucket Canal, and the mill pond, created by Lowell's founders. Final stop at the state-of-the-art hydro-electric project will be amazing.

August 15 -- "Mills to Mansions; The Rags to Riches Story" A tour by major mills, early corporate housing for workers and managers, and later mansions built for the industrialists.

August 22 -- see July 11

August 29 -- July 18

### 1986 Mysticycle

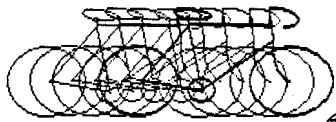
Third annual MYSTICYCLE bicycle fest of scenic, fall foliage bike rides, aquarium show, chowder party and more, October 17-19, 1986. Accommodations are limited. Send SASE to MYSTICYCLE, c/o the Mystic Chamber of Commerce, 2 Roosevelt av., Rm. 1, Mystic, CT 06355

#### Show and Go Rides: the Nashoba Valley Pedalers

Wednesday, July 2, 9, 16, 23, 30 and August 6 -- 6:30 pm. A leisurely paced 10-12-mile ride after work. Ice cream stops, where possible. Starts at a different location each week. Call Randy Severance at 692-6863 for info.

Saturday, July 5, August 2, 10:00 am. Meet at the Sheraton Boxborough Hotel parking lot on Mass. av. Boxborough.

Saturday, July 5, 19, 26, August 2 Mountain Bike (ATB) ride 1:30 pm. Meet at the Sheraton Boxborough Hotel parking lot. Call Alan Dressler at 425-4820.



more on page p. 10



The Charles River Wheelmen is a group of active adult bicyclists who sponsor a year-round program to promote the enjoyment of bicycling. During the regular season (early Spring to late Fall), two ride loops are usually available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance and the leaders stay in the rear to ensure that nobody gets left behind. Our Winter Frostbite rides are more informal; the route and pace are decided by those who show up to brave the elements.

Our dues include membership in the League of American Wheelmen; CRW members also receive Wheelpeople, the Club's newsletter.

Address all mail to the Charles River Wheelmen, 19 Chase Avenue, W. Newton, MA 02165

#### OFFICERS AND COORDINATORS

President	Dave Brahmer	646-7208
Vice-President	Mike Hanauer	862-5927
Secretary	Mike Hanauer	862-5927
Treasurer	Don Blake	275-7878
VP of Rides	Dave Garrant	629-2054
Winter Rides	Walter McNeil	329-1586
Membership	Jack Donohue	324-3926
Information	Jacek Rudowski	361-5273
Merchandise	Jerry Campbell	478-0490
Publicity	OPEN - could be you!	
Mileage	Edson Trumbull	332-8546

#### WHEELPEOPLE

Editor	Nancy Peacock	628-7566
Distribution	Bill Fine	247-3804
Advertising	Dick Lewis	641-1066

#### BOARD OF DIRECTORS

Deborah Allinger	643-4079
Rosalie Blum	272-7785
Dave Brahmer	646-7208
Jim Broughton	396-1283
Mike Hanauer	862-5927
Dave Hill	643-4079
Osman Isvan	651-3186
Dick Lewis	641-1066
Carol Tesiero	413-367-2208

#### Mileage - as of May, 1986

John Latva	9937
Robye Lahlum	8922
Dick Buck	5067
Eric Ferioli	4864
Melinda Lyon	4436
Frank Womboldt	3337
Steven Fellows	3279
Jack Donohue	3164
Linda Konigsberg	2907
Jim Merrick	2878
Osman Isvan	2224
Jamie King	2155
Bill McGrath	2118
G. Rowland Williams	1872
Ed Trumbull	1849
Doug Mink	1833
David Garrant	1806
Jim Broughton	1676
Dave Sherman	1297
Tom Wylie	1043
John Allen	948
Webb Sussman	948
Gregory Morse	900
Bill Fine	804
Dick Howe	720
Nancy Peacock	703
Jack Jacobs	699
Richard McVity	683
Aliza Arzt	645
Sheldon Brown	595
Susan Grieb	593

continued on p. 5

continued from page 4

George Caplan	535
Tom Stevens	450
Chris Hilliard	446
Joe Repole	440
John Kane	327
Carol Tesiero	282
Tova Brown	125
Rosalie Blum	95
George Brown	70

Well, we got a couple of big ones running away from the pack. But all the rest of us had fun in the sun, too. And that's the name of the game.

Ed Trumbull  
19 Chase Avenue  
W. Newton, MA, 02165  
332-8546

### Bike Fest Volunteer Meeting

On Sunday July 13 at 7:30 pm, there will be meeting for all who are interested in helping with the 1986 Grape-Nuts Bike Festival, which will be held on Saturday, September 13. People to help with pre-registration and other advance planning are needed as well as ride marshals. At this first meeting, we'll bring everyone up to date on this year's event, organize committees, and start to set up marshal teams. The meeting will be at the Bike Fest office, 214A Broadway in Cambridge (enter on Moore St.), and refreshments will be served. For further information, call Christine Tessier at 492-0508, or call the Bike Fest office at 491-RIDE. If you can help in any way, fill out and send in the form you will find elsewhere in *Wheelpeople*.

**FOR SALE:** 1981 Raleigh "French" Record 23 1/2" frame, Reynold's 531 double butted tubing, Brooks Pro Saddle, clincher tires and pump. exc. condition -- \$225.00 call Bill Sweetser at 244-8626 evenings after 6:00 pm.

## First Person Singular

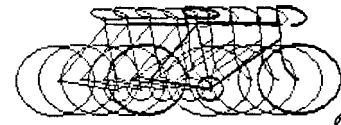
This Man Does NOT Give Bicycling a Good Name!!

WHILE RIDING HOME THROUGH WALTHAM THE OTHER NIGHT, I NOTICED AN ON COMING BICYCLE HEADLIGHT. AS WE APPROCHED EACH OTHER, AN ONCOMING CAR PASSED THE OTHER CYCLIST OBSCURING MY VIEW OF HIM. AFTER THE CAR PASSED, I SAW THE OTHER CYCLIST SPRALLED ACROSS THE PAVEMENT. FEARING THE WORST, I RODE OVER TO HIM. WHEN I GOT TO HIM, HE WAS PICKING HIMSELF UP AND I ASKED IF HE WAS ALRIGHT.

"I'M OK." WAS HIS DRUNKEN REPLY. "THE DAMN BIKE WON'T STAY UP".

WITH THAT HE REMOUNTED HIS STEED, AND WEAIVED OFF INTO THE NIGHT.

ERIC FERIOI



### Welcome New Members

Gary Alpert	Cambridge
Diane Crone	Arlington
Sheila Crowther	Brookline
Fred Dello Russo	Medford
Christopher Fox	Cambridge
David Gleason, M.D.	
& Lynne Barr	Boston
Peter Gundermann	Boston
Sallie Haywood	Lexington
Linda Konigsberg	Brookline
Frederick Linthicum	
Carolyn Platt	Cambridge
Robin Low	Brookline
Harry Manasewich	Watertown
Hunter McKay	Cambridge
Joseph Repole	Framingham
Perry Ruffi	Reading
Andrew Scheff	Lincoln
Christopher Smith	Walpole
Margaret Sullivan	Watertown

## Calendar

\*\*\*\*\*  
 On all CRW rides, please arrive at least 15 minutes before starting time so the ride can start on time. It is recommended that you bring a pump, a small patch kit, a wrench & screwdriver and a map.

During the "arrowed ride season", for those who might have missed the last ride, CRW recommends Saturday at 10:00 AM as a second opportunity to follow the arrows of the previous Sunday's ride, but this time as a show and go **leaderless** ride.

### (Please come to the) CRW BOARD MEETING

**July 1** (Tuesday) **7:30 PM**  
**Location:** MIT building 10, room 178 (10-178), Mass. Ave., Cambridge.

All members are welcome! See either the **Board Meeting notes** or contact any board member for more complete details on how to get there.

### Singing Beach Ride

**July 6** **9:00 & 10:15 AM**

**Highlights:** Beautiful country back roads of Essex County on Cape Ann, followed by a stop at Singing Beach in Manchester with the express purpose of spending time there - don't forget your bathing suit! This beautiful beach, known for its view and its fine sand, is inconvenient to motorists due to limited parking, but convenient for bicyclists because the road dead ends right at the beach within 50 yards of the ocean.

1) **Long ride (55 miles):** starts at **9:00 AM** at Wakefield center, next to the bandstand, at the intersection of Main St. (Rt. 129) and Church St., by Lake Quannapowitt, and meets the short ride at it's start in Hamilton.

2) **Short ride (25 miles):** starts at **10:15 AM** at the Hamilton Shopping Center, at the intersection of Rt. 1A (Bay Rd.) and Walnut St. in South Hamilton. **Driving directions** - from Rt. 128 exit 20N, go north on Rt. 1A for 3 miles to the Hamilton Shopping Center on your right.

This very moderate **terrain** ride, which was less than the success it should have been last year due to heavy rain, is being lead this year by Jack Donohue and Susan Grieb (324-3926) and Sue Genser (782-4121). Think sunshine!

**July 13**

**9:30 & 10:30 AM**

**Highlights:** A repeat of last years quadruple route ride, over rolling country backroads with little traffic.

**Start:** Weston Center at the Common, at the intersection of Boston Post Road and Townhouse Road, in Weston.

**9:30 AM:** 40 & 50 miles, **rolling** terrain.

**10:30 AM:** 25 & 35 miles, **rolling** terrain.

Ride leaders are Osman Isvan (651-3186) & Jacek Rudowski (361-5273). Osman worked out the logistics so that both the short and long routes meet for **lunch** at Concord Green at approximately the same time. The short rides travel thru the towns of Wayland, Sudbury, Concord & Lincoln, while the long rides also include Acton, Carlisle, Bedford & Lexington.

**July 21**

**9:00 & 10:00 AM**

**Highlights:** Ice scream stop; lunch and swimming at Harold Parker State Forest (bring swim suit, lock and lunch) in North Reading for the long ride; lunch stop at Lake Quannapowitt for the short ride.

**Start:** Upper Mystic Lake swimming area parking lot, in Winchester, on the Mystic Valley Parkway.

**9:00 AM:** 55 miles maximum, easy terrain except for 2 big hills.

**10:00 AM:** 26 miles, easy terrain.

Leaders are Bruce Wisentaner (783-9258) and Tim Oey (762-1944). These are approximately the same very popular rides that Bruce has lead for the last 2 years. For the short route, lunch can be purchased near by in Wakefield Center, and there is a convenience store several miles before the long route's lunch stop.

### Joint CRW/North Shore Cyclist Ride

**July 27**

**10:00 AM**

**Start:** Great Road Shopping Center on routes 4 & 225 in Bedford, on the left about 2 miles west of route 128. **Not** to be confused with the Bedford (Marshall's) Shopping Center about another mile down the road. Park in section of lot farthest away from the big stores.

Jill and Dick Lewis (641-1066) together with North Shore Cyclist member Ken Simpson (352-6578) are our ride leaders. The ride distances are 32 miles and 48 miles, the terrain includes some hills, especially leading into Westford Center, and the lunch stop is at Littleton Green, where there is a Cumberland Farms and a pizza shop to buy food. Towns include Billerica, Chelmsford, Westford, Littleton, Carlisle (and Groton and Ayer for the long route).

# andar

**August 3**

**10:00 & 11:00 AM**

**Highlights :** Lunch stop and swimming at Lake Winthrop in Holliston (there are restrooms there for changing).

**Start :** Dover center at the Common, across from the drug store, at the intersection of Springdale Ave., Centre St. and Walpole St. OK to park in either the lot next to the police station or the one near the stores.

**10:00 AM:** 50 miles.

**11:00 AM:** 25 miles.

Dick Buck (923-8909) and Greg Lenhart (641-2178) are teaming up again to give us this moderate terrain, west of Boston ride. Both rides travel through Sherborn, Holliston and Millis, with the short ride additionally including Ashland and the long ride also including Medfield, Norfolk, Franklin and Wrentham. For those who wish to purchase their lunch, there is a convenience store in Holliston before lunch and also a farm stand about 1/2 mile before the lunch stop.

## **Vacant Ride Dates**

Ride leaders are needed for the following Sundays:

November 16

November 23

## **Co-leaders are needed for the following Sundays:**

September 28: Mike Gengler's Cape Ann "Steamers and Beer" ride.

October 26: Jim Broughton, route yet to be chosen.

November 2: Dick Locke's South shore ride.

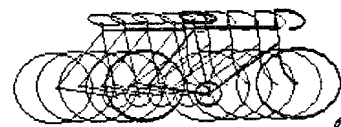
November 9: Frank Womboldt's ride, with a new back roads route inside route 128.

November 30: Eric Ferioli's traditional last arrowed ride of the season, with a location yet to be chosen (perhaps heading out towards Fitchburg?).

Please volunteer by contacting me, David Garrant, at 629-2054 (beware of answering machine).

## **HELP -- TWO BOARD POSITIONS OPEN**

Nothing new here, CRW needs your help. The positions of Publicity Coordinator and club Secretary are open. The Publicity Coordinator is our liaison with the media to be sure our major events are well publicized. The club Secretary takes the meeting minutes, submits them to "Wheelpeople", and reviews the meeting agenda to be sure needed old and new business is covered and resolved. Please call Mike Hanauer at 862-5927 if you are interested in either position. Thank You.



641-0101

UNIVEGA

### **THE BICYCLE CORNER**

• COMMUTING • TOURING • RACING  
SALES AND SERVICES

916 MASS. AVENUE  
ARLINGTON, MASS.  
02174

MARK O'BRIEN



**SAVE  
20% OFF**

**CYCLING SHORTS**

**HIND**  
*performance*

**bellwether**

**ACTIF**

**hours: mon-sat thurs & fri**  
**10-6 10-9**

**BICYCLE AND BACKCOUNTRY OUTFITTERS**



**LIFE SPORTS**  
1100 Mass. Ave., Arlington  
**648-1305**  
East India Mall, Salem  
**745-8311**

AMEX-MC-VISA

## FOR SALE

PEUGOT PX-10 25" REYNOLDS 531  
FRAME, SUNTOUR GEARING,  
ALLOY CLINCHER WHEELS,  
INCLUDES PUMP, RACK, HB BAG  
H2O BOTTLE. COMPLETELY  
OVERHAULED \$250

UNIVEGA CHILDS BIKE, 24" WHEELS,  
16.5" MIXTE FRAME, SINGLE  
SPEED COSTER BRAKE, FRONT  
HAND BRAKE, FRONT BASKET,  
COMPLETELY OVERHAULED \$50

FREE TO A GOOD HOME (OR A BAD ONE)  
26x1-3/8 SINGLE SPEED COSTER BRAKE  
WHEEL (OVERHAULED)

PAIR 20x1-3/4 WHEELS FOR CHILDS  
BIKE (OVERHAULED)

3 REAR WIRE BASKETS (HEAVY DUTY)  
STEEL REAR RACK

VINTAGE 1930'S LADIES COLUMBIA  
(28" TYRES DEAD)

SWING BIKE FRAME (THIS THING IS  
WIERD)

PAIR 26" OLD PNEUMATIC  
(TUBULAR) TYRES

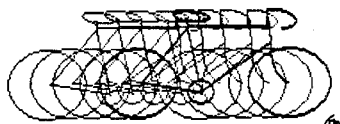
1950'S LADIES COLUMBIA (REASSEMBLY  
UP TO YOU, GOOD LUCK)

VARIOUS 23" RALEIGH FRAMES

A PILE OF USED 27x1-1/4 ELCHHEPU  
TYRES (THEY ARE FUNCTIONAL)  
THERE IS EVEN A FEW  
DAI YUNG'S AMONG THEM.

NEW (MADE IN TAIWAN) GENERATOR SET  
OTHER ASSURTED GARBAGE TOO NUMEROUS  
TO MENTION (THAT MAKES THEM  
UNMENTIONABLES)

ERIC FERIOLE 235-4762 10 AM-2 PM  
WEEKDAYS, ANYTIME SAT, SEE  
ME ON THE RIDE SUN.



Thanks to Kendall Graphics for printing  
WHEELPEOPLE.

(617) 864-3129

**KENDALL SQUARE GRAPHICS, INC.**

FINE PRINTING & COPYING

LOUIS S. LASKEY

16 HURLEY STREET  
CAMBRIDGE, MA 02141

AYH to Sponsor Programs for the Blind

Wanted: Tandem Bikes and Blind Guides

So that we can open our rides to blind people who would like to enjoy biking, we are looking for anyone who either has a tandem bike he/she would be willing to lend out for a ride, and/or anyone who would be willing to act as a front end guide for a Blind biker. Training provided.

If you would be willing to donate yourself or tandem for a day ride or know of someone who might, please contact Karen Messina at 787-5626 (evenings), 8 Harvard Terrace, #2, Allston, MA 02134

## Bikes on the T Here to Stay!

The MBTA Board of Directors voted in April for a permanent bicycle program. Every Sunday starting June 1, cyclists will be allowed on the Red, Orange, and Blue Lines. The MBTA will require that bicyclists display special permits which cost \$5 and are valid for two years. They are being sold on weekdays during business hours at the T's pass office on the concourse between Park and Washington St. stations. 1985 permits have been extended for one year, free of charge. (If you had a pass last year and have not yet received a sticker in the mail with the new expiration date, contact the MBTA.) Rules are the same as last year— up to two bicycles are allowed in the last car of the train only. Cyclists will not be allowed on the T between Thanksgiving and Christmas, but will be allowed on some holidays (not July 4 or Patriot's Day, however). This decision by the MBTA culminates a long campaign by the Boston Area Bicycle Coalition, with the help of more than a few CRW members. Many thanks to everyone who wrote letters, attended rallies, supported the demonstration program last year, and otherwise made it happen. It is now up to the bicyclists of Boston to use the program carefully so that the T can be convinced to expand the program to other off-peak hours, to commuter rail, and, maybe someday, to bike racks on the front of Green Line streetcars! Get a pass and use the T instead of your car to get to a ride that starts on the other side of the city.

## ALL THE NEWS THAT FITS, WE PRINT

Everything takes as long as it takes, except if it is material for next month's issue. Please submit it by the tenth of the month. Camera ready copy is most appreciated. (For PC users, 3 1/2 inch right justified columns are used.)

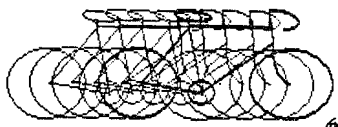
We try to print everything that is submitted (and we are most partial to original accounts of biking experiences by CRW members and potential members!). Keep those "First Person Singular" articles coming!

Send to: Nancy Peacock  
25 Hancock St.  
Somerville, MA 02144



THE BARN LODGE  
PO BOX 159  
WINHALL HOLLOW ROAD  
BONDVILLE, VERMONT  
05340

Unique rustic setting and lodge with swimming, tennis, and great bicycling. We have special biker's rates for 16 to 20 people and special rates for May and June. Please call us at 802-297-1877



The 1400 Mile Bike for Peace '86 is coming through Boston on July 21

From Kiev to Prague, to Montreal, to Boston to the U.N. in New York Local activities organized by the Cambridge Bike for Peace Committee

How you can participate in the Bike for Peace Ride and Benefit:

Friday July 18, 8:00 Benefit concert: at the Old Cambridge Baptist Church.

Saturday-Sunday, July 19, 20, help the Granite State Wheelmen escort the cyclists through New Hampshire, from Plymouth to Nashua (call Cheryl Phillips 603-622-3420 for more info).

Monday July 21, cycle from Nashua to Boston -- join the Nashoba Valley Pedalers at 10:00 am at the Tyngsboro Bridge southeast corner near grocery store to accompany riders to the Lexington Green.

Tuesday July 22 -- stopover in Boston: rally with the cyclists at Boston City Hall Plaza noon to 1:30 pm with speakers and entertainment.

All proceeds go to the Peace fund of 1986 UN International Year of Peace, which sponsors cross cultural events to improve EAST-WEST relations. For more info on how you can join the group and raise money with pledges, call Teamworks at 203-227-3223. There is still time.

GRAPE-NUTS  
**BIKE**  
**FESTIVAL**  
Bicycling Magazine

The Grape-Nuts Bike Festival will return to Boston the weekend of September 13-14. The CRW, AYH, and BABC will be organizing the event again this year. We are aiming for 5000 riders this year! In order to make the 1986 event an even bigger success than 1985, we are now recruiting volunteers and paid part-time staff. Please take a moment to cut out this form and return it to the festival address.

Yes, I can help with the '86 Festival!

Day of Event Volunteer

- Ride Marshal
- Direct and assist the riders

- Registration
- Rest Stop Crew

Pre-Event Volunteer

- Six month commitment not required
- Day or evening office worker
- Answer phone and lick stamps

Committees:

- Publicity
- Route selection, police coordination
- Pre-Registration
- Volunteer Coordination
- Ride Marshal Coordination

I'd like to help, please contact me about what I can do

Please contact me about the paid positions:

- Ride Coordinator
- Plan the ride itself
- Office Manager
- Manage pre-registration, publicity and volunteer recruitment

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Send to:

Grape-Nuts Bike Festival

P.O.Box 1015  
Kendall Square Branch  
Cambridge, MA 02142



continued from p. 3

## AYH Extended Trips

This summer American Youth Hostels is offering a wide variety of low cost extended trips throughout the US and worldwide. A choice of departure dates, age groups, and levels of difficulty enables you to tailor a trip to your liking. Emphasis is placed on adventure, education and meeting people. For more information, contact Stuart Munson (603) 742-0518.

### CAPE COD

#### SALTY DOG

Cycling  
Hostels  
14 days/\$420

One of our most popular trips, Salty dog is the perfect two-week cycle tour of Cape Cod. Amid all that sand and sea, you'll stay at some of the finest and most unique hostels in the U.S. You'll even do a little island hopping to Nantucket and Martha's Vineyard. Lie on the beach soaking up the rays or wheel along the bike paths in this delightful tour of the legendary Cape.

#### CALIFORNIA COAST

Cycling  
Hostels, camping  
22 days/\$495

From San Francisco to San Diego, you'll take three wonderful weeks to experience all the sun and beauty of the fun-filled California coastline. You'll not only have abundant time in the major cities but will also be able to dig your feet into the sand at the state beaches. One of our most popular West Coast bicycle tours.

#### CANADIAN BREAKAWAY

Cycling  
Hostels, camping  
22 days/\$595

The "Canadian Breakaway" in this bicycle itinerary makes New England and Canada an intriguing combination. Starting off with eight days of cycling through the Adirondacks, you then hop a train into Canada where you'll enjoy four days visiting colorful Montreal and Quebec City. The last leg of your journey features nine days of wheeling through the cozy hostel chain of Vermont.

### NEW ZEALAND FREEWHEELER

Cycling  
Hostels, hotels, camping  
37 days/\$3450

The New Zealand Hosteling Association and AYH are pleased to offer an exciting itinerary through New Zealand, a land of many contrasts. Come and visit the ancient Maori culture which is still preserved in a setting of beautiful beaches, imposing headlands, and European-settled cities. Cycle amid green sheep-strewn hills and ice carved panoramas and see the towering Franz Josef Glacier. New Zealand is a paradise waiting for you. *Visa required.*



# amc

#### AMC Sponsored Century on the north shore.

Date: Saturday, July 26, 1986 (Rain date: July 27)

Place: Church in Boxford Center

Time: 7:30 a.m.

CRW members are invited to join the AMC for a

century ride through the north shore and southern N.H. The terrain is gently rolling with some moderately hilly sections. Cost of \$10 covers Tee Shirt and party after ride.

You can register at the start of the ride.

(Note: There are cut-off points in the ride, but no half century option.)

Directions:

Take Rt. 95 North. Take Topsfield Rd. exit.

Follow Topsfield Rd, to Boxford Center.

Church is on the right in Boxford Center.

For more information,

Call Francie Sparks 491-6268 (h) 843-9996 (w)

continued from p. 2

"BIG EVENT": Mike Hanauer noted that a final report is close to completion. Some 570 tag-sale items were sold by 74 people, including 22 complete bikes, by the five participating clubs. Gross sales were some \$6600. Approximately \$200 will be returned to each club (plus the seed money). Please contact Mike (862-5927) if you would like a copy of the report.

BIKES ON THE "T": The program to allow bikes on the MBTA has been made permanent. Passes are available for \$5.00 from 8:30 to noon and 1:00 to 5:00 at the Washington Street station. Out thanks to the BABC for their work in securing this privilege (which does have a few restrictions). Now you have another way to get to CRW rides!

AYH/CRW/BABC JOINT RIDE: Webb Sussman will contact Jamie King, who is leading the August 31 ride.

AGENDA ITEMS: Dave Brahmmer wishes to continue preparing the board meeting agenda in advance. Please contact Dave to schedule an item.

SCIENCE OF SPORTS: Osman Isvan and Jerry Campbell are still looking for a few volunteers for the Boston Museum of Science special program, which will take place in June. (This is only for the record, since when you read this it will be too late.)

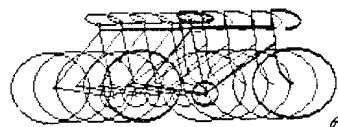
PROSPECTIVE MEMBER FOLLOW UP: Osman suggested that we send a friendly follow-up letter to people who request club information and do not join within a couple of months. Osman will prepare a draft for comment, and would be willing to honcho the program.

GRAPENUTS FESTIVAL: Doug Mink reports that the event will be held September 13, that some permits must still be obtained.

NEXT MEETING: Tues., July 1 at 7:30 pm; MIT building 10, room 178 (10-178), off Mass. Ave., Cambridge. Members are encouraged to attend board meetings -- your comments are appreciated. Walk behind bldg. 39 (which is 60 Vassar St., 100 yards from Mass. Ave on the right). Enter bldg. 13 and go up the left stairway into bldg. 10. Room 178 is at the top of the stairs on the right.

ADJOURNMENT: 9:18 PM

- Mike Hanauer, CRW Secretary



WE CAN FIX YOUR BIKE FOR YOU ...



The Bicycle Exchange has the best service department around. We do all types of repairs on all brands of bicycles. We build wheels, straighten frames, and all our work is backed up by our 90 day warranty.

OR WE CAN TEACH YOU TO FIX IT YOURSELF



The Bicycle Exchange offers courses in basic repairs, overhauls and wheel building. Stop by for class schedules and registration information, or give us a call at 864-1300.

**the bicycle exchange**

3 Bow Street Harvard Square Cambridge, MA 02138  
864-1300 864-7278



## Bike Shop Discounts

<u>Ace Wheelworks</u>	2044 Massachusetts Ave., Cambridge	876-8200
<u>Aworthy Bicycle</u>	311 Walnut St., Newtonville	956-5868
	424 Moody St., Waltham	893-8769
<u>Belmont Wheelworks</u>	480 Trapelo Rd., Belmont	489-3577
<u>Bicycle Bill</u>	253 No. Harvard, Allston	254-9408
<u>Bicycle Exchange</u>	3 Bow St., Cambridge	864-1300
<u>Bicycle Workshop</u>	233 Massachusetts Ave., Cambridge	876-6555
<u>Chelmsford Cyclery</u>	210 Boston Rd. (Rt. 4), Chelmsford	256-1528
<u>Family Bicycle Center</u>	149-A Belgrade Ave., Roslindale	323-9720
<u>Farina Cycle</u>	61 Galen St., Watertown	926-1717
<u>Frank's Bicycle Barn</u>	123 Worcester Turnpike, Westboro	366-1770
<u>Frank's Spoke 'N Wheel</u>	1164 Worcester Road, Framingham	872-8590
	847 Edgell Road, Framingham	877-7878
	82 Boston Post Road, Sudbury	443-6696
	877 Main Street, Waltham	894-2768
<u>Harris Cyclery</u>	1355 Washington St., West Newton	244-1040
<u>International Bicycle</u>	70 Brighton Ave., Allston	783-5804
	740A Beacon St., Newton Centre	527-0967
<u>Landrey's Schwinn Cyclery</u>	80 Hollis Street, Framingham	875-5158
<u>Laughing Alley Bicycle</u>	51 Harvard Ave., Allston	783-5832
<u>Lexington Cycle</u>	7 Meriam Street, Lexington	863-1480
<u>Life Cycle</u>	1013 Massachusetts Ave., Cambridge	354-8595
<u>Life Sports</u>	1100 Massachusetts Ave., Arlington	648-1305
	East India Mall, Salem	745-6311
<u>Lincoln Guide Service</u>	152 Lincoln Rd., Lincoln	259-9204
<u>Mt. Auburn St. Cycles</u>	145 Mt. Auburn St., Watertown	926-6010
<u>Mystic Valley Wheelworks</u>	889 Main St., Winchester	729-0425
<u>Northeast Bicycles</u>	102 Broadway (Rt. 1), Saugus	233-2664
<u>The Bicycle Corner</u>	916 Massachusetts Ave., Arlington	665-5449
<u>The Cycle Loft</u>	28 Cambridge St., Burlington	272-0870
<u>The Ski Market</u>	34 Cambridge St., Burlington	272-2222
	400 Franklin St., Braintree	848-3733
	860 Commonwealth Ave., Boston	731-6100
	Endicott Plaza, Danvers	777-3344

## Join the CRW

JOIN THE CHARLES RIVER WHEELMEN  
 CRW dues include membership in BICYCLE USA, the League of American Wheelmen. Do NOT make payments to BICYCLE USA.

I acknowledge that there is an inherent risk of bodily harm in participating in any bicycling event and agree to assume all such risks. I hereby release and hold harmless the Charles River Wheelmen, the League of American Wheelmen, the American Youth Hostels, as well as their officers, organizers, event leaders, sponsors and individuals for any and all claims, causes of action or liabilities out of my participation in Charles River Wheelmen events. I am at least 16 years of age and agree to obey state traffic laws and the rules of the road.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE (H): \_\_\_\_\_ (W): \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

L.A.W. # & EXPIRATION DATE: \_\_\_\_\_  
 (if currently a member)

DATE OF BIRTH: \_\_\_\_\_ TODAY'S DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_  
 (Parent signature required if under 18)

PARENT SIGNATURE: \_\_\_\_\_

Membership fees (payable to: Charles River Wheelmen)  
 \*Individual, \$26; \*Household, \$31; CRW Sustaining, \$50  
 \*If currently an LAW member call Jack Donohue at 324-3926

Send completed form Jack Donohue  
 and membership fee to: 11 Overlook Park  
 Malden, MA 02148

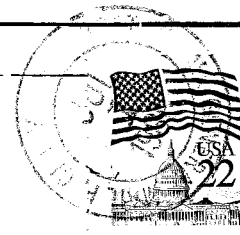
I might like to help the CRW in the following activities:

<input type="checkbox"/> 1. Ride leader or co-leader	<input type="checkbox"/> 6. Legislative action
<input type="checkbox"/> 2. Host a post ride gathering	<input type="checkbox"/> 7. Safety
<input type="checkbox"/> 3. Newsletter	<input type="checkbox"/> 8. Special events
<input type="checkbox"/> 4. Publicity	<input type="checkbox"/> 9. Other (specify)
<input type="checkbox"/> 5. Membership	

1/1/86



Charles River Wheelmen  
 19 Chase Avenue  
 W. Newton Ma 02165



04/87 I  
 John Kane  
 266 Fellsway West  
 Medford, MA 02155