

Wheel People



The Charles River Wheelmen

VOLUME XV NUMBER 11 NOVEMBER 1986

PLEASE BE SURE TO VOTE NOW

Ballots Must be Received by Nov. 10

The CRW BOARD OF DIRECTORS consists of nine people with staggered three year terms (although certain special conditions can make the board consist of up to eleven people). Thus, each year, three of these terms are up for election. This year, a fourth position must also be elected because the board made a replacement appointment which, according to our constitution, is only temporary to the next general election. A candidate must fulfill the remainder of this term (through 1987).

This year, we have six excellent candidates running for the CRW Board of Directors. Their platform statements are in this issue of "Wheelpeople" for your review, and a ballot contains two columns of "X-ing" spaces. If you have an individual membership, vote for no more than four (4) candidates using ONLY the "individual member" column (the other column will have been crossed out). If you have a household membership, the second member may do the same using the "household only" column as well.

The top three vote receivers will be elected to three year terms. The next person will fill the position which expires at the end of 1987.

Your vote is important. Please complete the ballot and mail it in time to be received by November 10th.

Thank You

Michael Hanauer, President

(NOTE: see candidates' statements starting on page 3.)

* ***** *
* ALL THE NEWS THAT FITS, *
* WE PRINT...Please send *
* your material by the 10th *
* of the month to: *
* *
* Nancy Peacock *
* 25 Hancock St. *
* Somerville, MA 02144 *
* ***** *



MILEAGE THROUGH SEPTEMBER 1986

The Charles River Wheelmen is a group of active adult bicyclists who sponsor a year-round program to promote the enjoyment of bicycling. During the regular season (early Spring to late Fall), two ride loops are usually available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance and the leaders stay in the rear to ensure that nobody gets left behind. Our Winter Frostbite rides are more informal; the route and pace are decided by those who show up to brave the elements.

Our dues include membership in the League of American Wheelmen; CRW members also receive Wheelpeople, the Club's newsletter.

Address all mail to the Charles River Wheelmen, 19 Chase Avenue, W. Newton, MA 02165

OFFICERS AND COORDINATORS

President	Mike Hanauer	862-5927
Secretary	Debbie Allinger	643-4079
Treasurer	Don Blake	275-7878
VP of Rides	Dave Garrant	629-2054
Winter Rides	Walter McNeil	329-1586
Membership	Jack Donohue	324-3926
Information	Jacek Rudowski	361-5273
Merchandise	Jerry Campbell	478-0490
Publicity	OPEN - could be you!	
Mileage	Edson Trumbull	332-8546

WHEELPEOPLE

Editor	Nancy Peacock	628-7566
Distribution	Bill Fine	247-3804
Advertising	Dick Lewis	641-1066

BOARD OF DIRECTORS

(term expires)

Debbie Allinger	('87)	643-4079
Don Blake	('86)	275-7878
Rosalie Blum	('86/'88)	272-7785
Jim Broughton	('88)	396-1283
Mike Hanauer	('87)	862-5927
Dave Hill	('86)	643-4079
Osman Isvan	('88)	651-3186
Dick Lewis	('87)	641-1066
Carol Tesiero	('86)	413-367-2208

John Latva	20,535
Robye Lahlum	19,154
Melinda Lyon	11,719
Dick Buck	9,338
Lindy Konigsberg	8,487
Jack Donohue	7,698
Frank Womboldt	6,779
Jim Merrick	6,468
Jamie King	5,534
Ed Trumbull	4,235
Dick Howe	3,805
Jim Broughton	3,598
Tim Rey	3,512
Paul Gifford	3,352
Doug Mink	3,267
Elisse Ghitelman	2,799
Dick Lewis	2,383
John Allen	2,354
George Caplan	1,908
Bill Fine	1,632
Jill Lewis	1,612
Susan Grieb	1,615
Richard McVity	1,574
Joe Repole	1,550
Aliza Artz	1,527
Nancy Peacock	1,455
Sheldon Brown	1,454
Jack Jacobs	1,390
John Kane	958
Tova Brown	401
Carol Tesiero	392
Rosalie Blum	389
George Brown	199

We're coming to the point where many are hanging up their cleats for the season. But, don't forget there are a lot of good riding days in October and November.

So, hang in there.

Let me know how you did by the 5th.

Ed Trumbull
19 Chase Avenue
W. Newton, MA 02165
332-8546

Don't Forget to VOTE!

**FOUND: Andrea's wrench, call Rosalie at 272-7785 evenings.

VOTE
for the Candidates
for the
BOARD OF DIRECTORS

The following are the statements by the candidates for the Board of Directors.

(Last month, I published Rosalie Blum's statement due to its early arrival. It is being repeated here for the convenience of everyone who is voting. The statements are printed in the order they were received.)

Rosalie Blum

Since 1979, I've been an interested and happy member of the CRW, even if my mileage doesn't indicate it. I've served on the board, as membership and distribution coordinator, ride co-leader (with Don Blake) and hostess several times, and as many of you know, I can be counted on for ad-hoc duties at centuries (greeting registrants with a smile as I collect their fees at 7:30 am in all kinds of weather) and other special events. I regularly attend board meetings and volunteer because I enjoy supporting the club, which offers unique, healthy, worthwhile experiences with people who are a great deal of fun. I hope you will re-elect me a director so I can continue to contribute to the CRW's success.

Jamie King

I have decided to throw my helmet into the CRW Board of Directors forum this year, for the first time, because I want to do more for the club, bicyclist and bicycling in general.

I have been active member for three very enjoyable years and during this time, I have participated in many tours and club rides, and over the past two years, I have led or co-led rides, helped with many events and coordinated this year's Fall Century.

Being an avid cyclist I enjoy promoting cycling and cycling safety. I feel as a board member, I can have a positive impact on this and other club functions and help see that it continues to move forward in years to come.

Please vote, be counted.

Thank you.

Lindy Konigsberg

I joined the CRW in May, but soon left Boston for several weeks on an extended tour. Well, I'm back now and think it's a wonderful time to get more involved! I have extensive riding experience and I possess both sensitivity and objectivity in dealing with people and issues. I know this will enable me to fairly represent others as a CRW board member.

So vote for a new fun (and freckled) face on your board now!!

Dave Hill

I am candidate for a position on the CRW Board of Directors. During the past year, I have had the pleasure of serving as one of your board members. This past season, other commitments have prevented me from participating in and enjoying many of the club's rides and associated activities. Nevertheless, I am firmly committed to working toward a healthy and active CRW. I have been involved in other club activities that are important for the long term strength and growth of the club. These have included budgetary planning for 1986 and 1987, reinstituting our corporate status, and investigating liability and insurance issues. I want to continue my association with the Board of Directors because I feel that at this time I can best contribute to the CRW as a member of the Board.

continued on page 5



WHAT YOUR BOARD DID IN OCTOBER

October 7 Agenda Items and Actions Summary

For Club Historians: Mike Hanauer has a collection of Wheelpeople newsletters spanning the last five years of the club. This collection will be passed along to club presidents for posterity.

Attention Ride Leaders: CRW membership leaflets are now available for distribution at your rides. Please contact Dave Garrant (629-2054) for more info.

Planning our 1987 Events Calendar: We need volunteers to coordinate these popular club events for 1987: Wintertime Socials, Awards Banquet (April), Spring Century (May), Bike Month (May), Grape Nuts representative, Fall Century (Sept.). Act Now!! Let the CRW Board members (most of whom are suffering from activity burn out) hear some fresh, new voices.

Treasurer's/Budget Committee Report: The Treasurer's report was submitted and accepted. The 1987 budget is being planned now and is scheduled for Board review in December, 1986.

Membership: The club had a net gain of 10 members in September. We are 417 strong!!

Board Elections: Six candidates are running for the four available board positions. They are (in alphabetical order): Don Blake, Rosalie Blum, Dave Hill, Jamie King, Lindy Konigsberg, and Ann-Marie Starck. The ballots will be included in the November newsletter. Please vote!!

Fall Century: Who forgot the rain patch!! Our thanks to Jamie King and helpers for all their great effort on the fall century. There were 25 hardy souls who showed up.

Grape Nuts Bike Fest: Over all, the event was considered a success. Approximately 3,275 attended. There were several minor accidents, but the Boston police were pleased with the ride and the route. The CRW was praised for its healthy volunteer force; nearly 100 members helped direct the ride and registration. Any CRW member who is interested in representing our club in the ongoing planning for next year's event should contact Doug Mink.

Christmas Party: The home of Mark Roseman, Debra Glassman, and (?) will again be the site for the club Christmas Party. The date is Friday, Dec. 5, starting at 7:30p.m. The address is 107 Fayette St., Watertown. The fare is potluck--desserts, hot dishes, appetizers, drinks and beverages, etc. Bring a cheery spirit and have some fun!!

NEAR: It seems so far away, but the next New England Area Rally is planned for July 30-August 2, 1987 at the University of New Hampshire, Durham, New Hampshire. The CRW representatives are Patty Kirkpatrick, Jerry Campbell, and Rosalie Blum.

Bikes on the Commuter Rail: From the group that brought you Bikes on the T, now they are after the Commuter Rail. The BABC is lobbying to have bikes permitted on the commuter rail. They are requesting that CRW members send letters in support of this idea to the MBTA. The CRW Board agreed to support the BABC in its effort to contact CRW members for this purpose. You will be receiving a letter from the BABC on this matter.

November Board Meeting: The meeting will be held Tues., Nov. 4 at 7:30p.m. in MIT Building 10, Rm. 178 (10-178).

Adjournment: 10:00p.m.

Debbie Allinger
CRW Secretary

--Wanted--

Housemate: Good humored prof. mature W to join warm, generous cyclists or non-cyclists, 2M, 2W in 30s in Newton Center. Stops to T (D Line), have parking, no cats, no smoking, call 527-8447

continued from page 3

Ann-Marie Starck

I moved to Boston two years ago and joined the CRW at this time. I have made many good friends through the club and they convinced me to help with two bicycle events this year. I was fun!

I am particularly interested in maintaining good relations between the three major clubs in the area. I believe we complement each other very well. Could cooperation even be increased?

Whether elected or not, I will try to help with some of the work that needs to be done to keep the club running.

Don Blake

WHY I SEEK NOMINATION TO THE BOARD OF DIRECTORS OF THE CHARLES RIVER WHEELMEN, INC.

As a CRW member for 16 years and Treasurer for 15 years, I feel I have a good, long term perspective of the direction the club is/should be following.

CRW ACTIVITIES

In 1971 I helped draft the Papers of Incorporation and was one of the signees. Active in organizing invitationals, banquets, leading rides and being a consistent attendee of Board of Directors meetings.

OTHER BICYCLING ACTIVITIES

Membership in AYH, BABC, Bicycle USA, and Bikecentennial

OTHER RELATED ACTIVITIES

Secretary of the "Minuteman Bikeway Implementation" Committee and member of the "Recycling" Committee for the Town of Bedford. A bicycling merit badge councillor for the Boy Scouts of America.

Your vote will enable me to participate more fully in the decision making process and continued growth of our club.

Thank you.



Don't Forget to VOTE!

PARTY PARTY PARTY PARTY
Holiday Party

Friday, December 5, 7:30 pm
at the home of
Mark Roseman, Debra Glassman
and

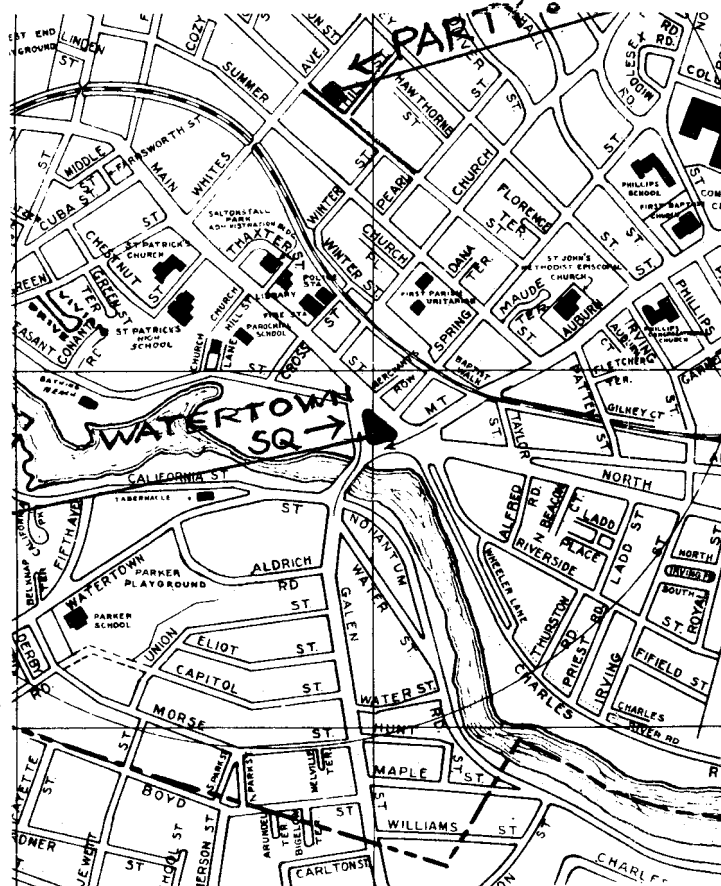
Max Roseglass (maybe)
107 Fayette Street, Watertown
(see map below for directions)

Once again we open our home to the club's Annual Holiday Party. We look forward to the big turnout that we always get, so we want to see you there!

We'll serve drinks and light refreshments, but the real highlights of the party are the special dishes that you all bring; so cook up something good and add to the fun.

An extra treat this year will be the unfurling of the new CRW banner which will be used at special events where our club is represented.

Please call us with any questions at 924-4542.





Cale

 On all CRW rides, please arrive **at least 15 minutes before starting time** so the ride can start on time. It is recommended that you bring a pump, a patch kit and spare tire tube, a wrench & screwdriver and a map.

During the "arrowed ride season", for those who might have missed the last ride, CRW recommends **Saturday at 10:00 AM** as a second opportunity to follow the arrows of the previous Sunday's ride, but this time as a show and go **leaderless** ride. It is also recommended that you call the leader to determine the correct arrow shape to follow on the road.

South Shore Ride #2

November 2

10:00 & 10:30 AM

Highlights : Wompatuck State Park, South Shore beaches, lighthouses, etc., with the lunch stop at the Old Scituate Lighthouse.

Start : Near the Gazebo at the Hingham Harbor Town Parking lot, route 3A, Hingham (about 16 miles south of Boston). Suggested **Driving Directions** from Boston: take the South East Expressway south to Neponset exit, go over bridge, straight on Hancock St. (route 3A), bear left on Southern Artery (3A), turn left on Washington St. (3A), and look for parking lot on left.

10:00 AM: 45 mile route, moderate terrain.

10:30 AM: 25 mile route, moderate to easy terrain.

Dick and Judie Locke (489-2094) feel that the South Shore is an area that has been neglected by CRW, so they are leading this ride to help remedy this situation. The ride travels through Wompatuck State Park, Norwell, Scituate and Cohasset, with the long ride also traveling to Marshfield and Humarock Beach. Don't forget to dress for November seas breezes!

(Please come to the) CRW BOARD MEETING

November 4

7:30 PM

Location: MIT building 10, room 178 (10-178), Mass. Ave., Cambridge.

All members are welcome! See either the **Board Meeting notes** or contact any board member for more complete details on how to get there.



November 9

9:00 & 10:00 AM

Highlights: This is an urban ride, but be prepared for some beautiful country-like side roads, including the MDC Reservation and the Arnold Arbortium. Jack, who is coleading this ride with Frank, was amazed at how uncitly-like much of this ride is.

Start: Waltham Common, at the intersection of Main St. and Elm St., next to Waltham City Hall.

9:00 AM: 40 - 50 miles, easy terrain.

10:00 AM: 25 miles, easy terrain.

Ride leaders are Frank Womboldt (894-4651) and Jack Cadigan (389-9215). The short ride travels through Newton, Brookline, Roslindale and West Roxbury, while the long ride also includes Hyde Park, Forest Hills and Dedham. Both rides stop for lunch in Newton Centre.

November 16

10:30 AM

Highlights: a country road ride.

Start : Woburn Mall off of Mishawum Rd. in Woburn, about 1/4 mile west of the intersection of Mishawum Rd. with Washington St. Park at the end of the parking lot beyond Lechmere's. If arriving via route 128, take the Washington St. exit.

Dick Howe (438-3064) and Bob MacPherson (438-1251) are the ride leaders of this moderate terrain ride, that has a **short** route of 25 miles and a **long** route of 35 miles. Towns covered are Stoneham, Burlington, Billerica, Reading, North Reading, Wilmington and Wakefield. The lunch stop has yet to be chosen, but there are several variety stores to buy food at along the way.

November 23

10:00 & 10:30 AM

1) **Long ride (37 miles)**: starts at 10:00 AM at the Acton/Boxboro Regional Highschool in Acton, at 96 Hayward Rd., near the intersection of Rt. 27 and Rt. 111. Beware that there is a 2nd entrance to the school which is not the correct start of the ride!

If driving to the start, in Acton take a right off of Rt. 2 on to Rt. 27 and then a left on Hayward Rd.

2) **Short ride (29 miles)**: starts at 10:30 AM at the Nashoba Valley Shopping center, 1/4 mile east of Littleton center on routes 2A and 119.

Our ride leaders are Jim Broughton (452-0117) and Ed Gilbert (937-1170). The short ride travels thru Littleton, Westford, Groton and Chelmsford (mostly rolling terrain, no severe hills) while the long ride also includes Acton and Carlisle (mostly rolling, with a couple of good hills). There are several convenience stores to buy food at along the way on both routes.

andar

The Last Arrowed Ride of the Season

November 30

10:30 AM

Highlights : Moore State Park.

Start : Paxton Common at the intersection of routes 122, 56 and 31, 5 miles northwest of Worcester on route 122. Park at the shopping center on route 122, about 500 feet north of the Common.

10:30 AM: 39 mile route, very hilly terrain.

10:30 AM: 23 mile route, very hilly terrain.

For those of you who might have in the past occasionally complained that the club spends too much time riding in the same general vicinity every week, Eric Ferioli (235-4762) and Jamie King (969-0136) have a ride that will probably cure you of that discontent on this last arrowed ride of the season. If I know Eric, who lives in Wellesley and who sometimes likes to refer to himself as "bicycle bozo", he probably mapped out either all or at least most of this route on his bicycle without the aid of his car.

Towns covered are Paxton, Spencer, North Brookfield and Oakham, with the long ride also including Leicester and Rutland. The lunch stop, which is the half way point for both of the rides, is at North Brookfield common, where there are stores and restaurants to purchase food.



(617) 864-3129

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FALL CENTURY NOT a Total Washout

I would like to thank those twenty-four hearty souls who braved the cold, misty and just plain rotten weather we had for the Fall Century! Twenty-two of you hard core riders showed up and did the Century and two did the Quarter-Century).

Special congratulations to Ann-Marie and 16-year old Becky on your first Centuries. I would also like to thank everyone who helped me with all the arrangements before, during and after the event, and thanks to Eric for the use of his house and all the hot chocolate!

If someone wants to be organizer next year, all the hard work is done. I'll give you the routes, maps and anything else I can, but no guarantee on the weather!

Thanks Again,

Jamie King

Welcome New Members

Elaine Alpert	Newton Center
James & Elizabeth Bailey	Arlington
Douglas Boari	Arlington
Maureen Chavez	Allston
Richard Chellman	Dedham
Jerome & Barbara Cohn	Lexington
Ellen Contente	Stoughton
Julie Fallon	Waltham
Peter Goldberg, DMD	Brookline
Warren Goodnow	Mendon
Richard Haney	Somerville
Kenneth Hjulstrom	Allston
Marian Hubler	Cambridge
Andrew Koenigsberg	Framingham
Ed Leary	West Newton
Terri Loewenthal	Newton
William Madonia	Boston
Frances Merigan	Watertown
Brooke Monroe	Plymouth
Denise Morrison	Brighton
Nancy O'Connell	Lexington
Annette Payne	Natick
Ellen Perrin	Brookline
Warren Pyle	Arlington
Kenneth Rich, Jr.	Foxboro
Thomas Shake	Arlington
Kevin Soll	Winthrop
Denise Soucy	Belmont
C. R. Tabor	Natick
Bruce Ten Eyck	Needham
John Tobin, Jr.	Cambridge
Norman VanVoorhis	Medford
Julian Webb	West Roxbury
Lucy Weiger	Boston
Harry Wilcox	Dover

CHINA

A Bicycle Adventure
21 Days in the People's Republic

"Why China"

My interest in China began with my experience as an exhibit interpreter for the China exhibition at the Boston Museum of Science last year. Through the centuries, people of the western world have never been particularly welcome in this land, until now. Even during the days of the great silk caravans and sea trade routes, the goods have always traditionally been transported by the Chinese to be traded in western parts.

China--7000 years of culture and technology. A nation in motion to becoming a first world power. a nation at rest to remain as their ancestors. China a world of difference.

--The Tour--

The Round Trip is 24 days from San Francisco. 21 days in mainland China. Also, there will be an overnight in Tokyo both ways. When: late September, or early October, 1987.

The tour has been arranged by "China Passage" experts in China travel by bicycle, and approved by the Office of the National China Tourism Agency. Our bicycle group will be among the first foreigners to be allowed virtually complete freedom of movement in the Chinese countryside. Also there is a special responsibility to respect the standards of polite behavior and modest decorum that prevail in rural China. China is not a "tourist-oriented" country. Foreign travelers are regarded as honored guests and flexibility, courtesy and polite friendship will serve the experience well.

--The Journey--

The Yangtse Valley across China's Rice Bowl--Shanghai to Beijing (Peiking), a chain of ancient cities that first introduced silk, porcelain and jade to the West. A three-day excursion to the XI'AN archeological site, and those who wish, an opportunity for an overnight at a Chinese commune. The itinerary is vast. Passage will be by bicycle, boat, train and air. Our journey will be fully sagged, and will be accompanied by two Chinese guides.

Don't Forget to VOTE!

ROLLER RACES every Thursday night 6-8:00 pm, starting Nov. 6 at The Bicycle Exchange, 3 Bow St. Cambridge call 864-1300 for more info.

--The Nitty-Gritty--

"China Passage" has made us a very generous offer of a 10% discount for not less than ten people. As there are already commitments from some, getting this number shouldn't be a problem. In the event we accumulate 15 people, one full tour package will be gratis. This would normally be for a tour leader's expense, however, because our trip will be "collectively led" (everyone has a responsibility), these funds will be returned to you, to further reduce your costs.

Total Price = \$3343.00

Minus 10% = \$3009.00

Cost is all inclusive except for some meals in transit and airport exit fees, passports, etc.

--Slide Show and Presentation--

Mr. Fredric Kaplan, author of "The China Guidebook" and director of "China Passage" has most generously agreed to give us a slide presentation, talk and a question and answer period in relation to China by bike.

When, where

Sunday, November 23rd

2:00 pm

--Museum of Science--

Important Note: For admittance to the Museum, I must have your name for Museum check-in purposes, prior to the above date. Please contact via phone or mail:

Jerry Campbell
99 Blackstone Street.
Mendon, MA 01756
h: 478-0490
w: 460-8188

(advertisement)

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\$1100.00

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MBTA Plan to Allow Bikes on Commuter Rail Lines Being Considered

LEAGUE ADVERTISES FOR NEW POSITION

At a special Board of Directors meeting on October 6, the League of American Wheelman (BICYCLE USA) decided to replace its top staff position, the executive director, with an administrative director or 'office manager.' As a result, a new position is open at League headquarters in Baltimore. The executive directorship will be phased out sometime this winter. The decision came after lengthy discussion and was based on an amendment proposed by your representative from Region 1.

The new full-time position will be responsible for implementing programs to support bicycling, building a membership base, managing office functions and serving as a spokesperson for bicycling. Salary will be commensurate with experience and abilities.

Interested individuals should send a resume with cover letter and references directly to: Steve Clark, president, 2136 Bluff, Boulder, Colorado 80302 (303/441-3216). Deadline is November 17. I would be happy to discuss this opportunity with anyone interested in it, especially if you anticipate difficulty meeting the deadline. Please call me at 665-8783 (eves).

Anita W. Brewer
Regional Director, New England

The MBTA has received positive feedback from Amtrak about allowing bicycles on the commuter rail lines (those purple trail lines on T maps)!

The T has not yet developed a final plan, but as of now, it looks as though they will lobby for Sunday use in and out of Boston, and some Saturday use, maybe by allowing bike groups to charter a car.

The Boston Area Bicycle Coalition is working with the T to recommend various "scenarios" for accommodating bikes on commuter lines.

If you're eager to see this wedding occur, you should write to:

Frederick Salvucci
MBTA Chairman and Secretary of
Transportation
10 Park Plaza, Rm 3510
Boston, MA 02216

and send a copy to:

James O'Leary
General Manager
MBTA
10 Park Plaza
Boston, MA 02116

For further info, contact:

Paul Angiolillo
BABC

868-0218

or

491-RIDE

LICENSE to RAMBLE

What the CRW Means to Me

Warm friends, good times, brisk rides, leisurely rides, fall foliage, crisp winter weather, sun reflecting on the water, touring without planning a pleasant break in the weekend, continuity, friendship, new experiences.

--Barbara Bix

FALL '86 CLUB SPECIAL!

Dramatic Reductions on *Peter Mooney* Frames

are available to all CRW members, October 15 - December 31, 1986.

All Peter Mooney Frames are at least \$80 below regular retail prices!

Stock Racing Frames:

- ☛ Seat tubes, 48.5cm - 63.5cm.
- ☛ Painted in your choice from over 60 colors.

reg. \$649

SALE \$549

save \$100 -

Signature Frames:

- ☛ Custom fitted to your size and cycling event.

reg. \$795

SALE \$715

save \$80

SL Columbus Frames In Stock & Ready to Ride are On Sale, Too!

55.8cm	Cream & Red	was \$615	NOW \$492
55.8cm	Solid Green	was \$585	NOW \$468
57.2cm	Metalic Blue	was \$595	NOW \$476
57.2cm	Metalic Green	was \$595	NOW \$476
52cm	Metalic Blue	was \$649	NOW \$519

*Sale prices are offered to
current CRW card-holders only.*
FRAMES MUST BE PAID IN FULL BY DECEMBER 31, 1986
FOR DELIVERY NO LATER THAN MARCH 15, 1987.

**PLEASE CALL FOR A BROCHURE
OR APPOINTMENT**



WHEELWORKS

FOR THE ACTIVE EXPERIENCE

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Mon, Tue, Wed, Sat: 9AM - 6PM. Thu, Fri: 9AM - 8PM

The Ups & Downs of
Riding Cross-Country
or
"You're Doing What?"
by
Lindy Konigsberg

I was working two jobs. I had to be able to tidy up my life in Boston (pay rent, phone, loans, etc.) for 70 days. Things had been hectic for weeks and it wasn't going to stop or get any easier. Having to find even more time to go riding was very difficult. It took hardly any time to decide what to pack as I had deliberated the details for weeks.

I said my goodbyes to friends, housemates, boyfriend, and with my shiny new rear derailleur finally in place and hopfully (correctly) adjusted, I loaded my bike, "the Bella" with a handlebar bag, rear panniers, Thermarest, sleeping bag, tool kit, and collected my already weary companion. We pedaled down Beacon St. into town to the Boston International Youth Hostel--beginning a journey of over 4500 miles to Astoria, Oregon sponsored by AYH.

Eight smiling (and/or very nervous) cyclists, not to mention bicycles and gear, were strewn across most of Hemenway St., in front of the Hostel. We introduced ourselves as the trip leaders, registered for the group, and picked up even more paraphernalia to carry from the office. Three of us walked to the Stop'n'Shop down the road to buy some breakfast food for the next morning--our first group shopping experience.

A while after our return, we finally managed to get everyone together to go out for dinner--another first in a long tradition of eating pizza (from nearly every state we cycled through) and ice cream -- Ben and Jerry's that night in Boston, Maui Moo in the Midwest, Huckleberry Pie ice cream in Montana, Washington and Oregon (not to mention creamy coffee fudge--my personal favorite).

Next day...amazingly everyone's bike worked and we headed toward the Woodstock, CT hostel as we were without tents on our camping trip)! Screw-up #1-our tents were shipped to the Boston Hostel--but no one could find them!

Well, we hosteled for 10 days until the Trips Director of AYH himself delivered our tents to us at the beautiful Ironmaster's Mansion Youth Hostel in Gardners, PA. Yippee!! The next day's ride was planned out by two trippers: 92 miles over two mountain passes through the Appalachians.

We arrived in near dark at our first campground, miles from the nearest open food store. A more typical day would entail riding through rolling hills against a headwind regrouping for a picnic lunch at an IGA, then continuing onto our "usual" destination--a city park next to the city pool in the middle of Nowhere, USA.

Once a family invited us (10 cyclists) to a BBQ (for our meat eaters), and a stir-fry veggie meal (for the others). They asked us to stay the night and offered us their home (showers, laundry, beds) and good company; just to hear some of our stories...

* being chased down a mountain by a house in Wyoming

* riding an easy 18 mile uphill & wonderful 30 mile downhill in Glacier Natinal Park, Montana

* riding against >40 mph headwinds along the Columbia River Gorge in Washington State

* being overwhelmed by the incredulous smell of chocolate-riding into Hershey, PA

* seeing the Rockies on the horizon when riding through Colorado

* endless rehearsals of "bicycle ballet"

* to mention nothing of the company you keep and the people you meet on the road or at camp.

You will be happy, sad, excited, frustrated, and literally in awe of some natural wonders as well as the situations that come up. Who knows, you might even be asked, repeatedly, "Did you take 90 all way?!"

I would recommend cross-country cycling as one of the most interesting, trying and challenging adventures one could pursue on a bicycle. In addition, I would suggest you:

1. travel West to East (i.e., with the wind)
2. take as much time as you possibly can! There is so much to see, do, and experience;
3. carefully consider the places you would like to visit and map out a realistic time table accordingly.

I would also like to thank "the guys" on the trip with whom I spent a lot of good, and not so good "yet memorable" times; Jamie for his understanding, calls and wonderful letters; and a big MOO to all those cows!





Bike Shop Discounts

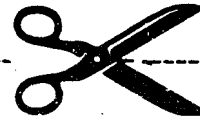
The following shops offer discounts to members of CRW:

<u>Ace Wheelworks</u>	
2044 Massachusetts Ave., Cambridge	876-8200
<u>Aworthy Bicycle</u>	
311 Walnut St., Newtonville	956-5868
424 Moody St., Waltham	893-8769
<u>Belmont Wheelworks</u>	
480 Trapelo Rd., Belmont	489-3577
<u>Bicycle Bill</u>	
253 No. Harvard, Allston	783-5636
<u>Bicycle Exchange</u>	
3 Bow St., Cambridge	864-1300
<u>Bicycle Workshop</u>	
233 Massachusetts Ave., Cambridge	876-6555
<u>Chelmsford Cyclery</u>	
210 Boston Rd.(Rt. 4), Chelmsford	256-1528
<u>Family Bicycle Center</u>	
149-A Belgrade Ave., Roslindale	323-9720
<u>Farina Cycle</u>	
61 Galen St., Watertown	926-1717
<u>Frank's Bicycle Barn</u>	
123 Worcester Turnpike, Westboro	366-177
<u>Frank's Spoke 'N Wheel</u>	
1164 Worcester Road, Framingham	872-8590
847 Edgell Road, Framingham	877-7878
82 Boston Post Road, Sudbury	443-6696
877 Main Street, Waltham	894-2768
<u>Harris Cyclery</u>	
1355 Washington St., West Newton	244-1040
<u>International Bicycle</u>	
70 Brighton Ave., Allston	783-5804
740A Beacon St., Newton Centre	527-0967
<u>Landrey's Schwinn Cyclery</u>	
80 Hollis Street, Framingham	875-5158
<u>Laughing Alley Bicycle</u>	
51 Harvard Ave., Allston	783-5832
<u>Lexington Cycle</u>	
7 Meriam Street, Lexington	863-1480
<u>Life Cycle</u>	
1013 Massachusetts Ave., Cambridge	354-8595
<u>Life Sports</u>	
1100 Massachusetts Ave., Arlington	648-1305
East India Mall, Salem	745-6311
<u>Lincoln Guide Service</u>	
152 Lincoln Rd., Lincoln	259-9204
<u>Mt. Auburn St. Cycles</u>	
145 Mt. Auburn St., Watertown	926-6010
<u>Mystic Valley Wheelworks</u>	
889 Main St., Winchester	729-0425
<u>Northeast Bicycles</u>	
102 Broadway (Rt. 1), Saugus	233-2664
<u>The Bicycle Corner</u>	
916 Massachusetts Ave., Arlington	665-5449
<u>The Cycle Loft</u>	
28 Cambridge St., Burlington	272-0870
<u>The Ski Market</u>	
34 Cambridge St., Burlington	272-2222
400 Franklin St., Braintree	848-3733
860 Commonwealth Ave., Boston	731-6100
Endicott Plaza, Danvers	777-3344

Join the CRW

JOIN THE CHARLES RIVER WHEELMEN
 CRW dues include membership in BICYCLE USA, the League of American Wheelmen. Do NOT make payments to BICYCLE USA.
 I acknowledge that there is an inherent risk of bodily harm in participating in any bicycling event and agree to assume all such risks. I hereby release and hold harmless the Charles River Wheelmen, the League of American Wheelmen, the American Youth Hostels, as well as their officers, organizers, event leaders, sponsors and individuals for any and all claims, causes of action or liabilities out of my participation in Charles River Wheelmen events. I am at least 16 years of age and agree to obey state traffic laws and the rules of the road.

NAME: _____
 ADDRESS: _____
 PHONE (H): _____ (W): _____
 OCCUPATION: _____
 L.A.W. # & EXPIRATION DATE: _____
 (if currently a member)
 DATE OF BIRTH: _____ TODAY'S DATE: _____
 SIGNATURE: _____
 (Parent signature required if under 18)
 PARENT SIGNATURE: _____
 Membership fees (payable to: Charles River Wheelmen)
 *Individual, \$26; *Household, \$31; CRW Sustaining, \$56
 *If currently an LAW member call Jack Donohue at 324-3926
 Send completed form Jack Donohue
 and membership fee to: 11 Overlook Park
 Malden, MA 02148
 I might like to help the CRW in the following activities:
 1. Ride leader or co-leader 6. Legislative action
 2. Host a post ride gathering 7. Safety
 3. Newsletter 8. Special events
 4. Publicity 9. Other (specify)
 5. Membership
 1/1/86



CHARLES RIVER WHEELMEN
 19 Chase Avenue
 W. Newton, MA 02165



04/87 I
 John Kane
 266 Fellsway West
 Medford, MA 02155

FIRST CLASS MAIL