

# WheelPeople

Newsletter of the Charles River Wheelmen

## January Highlights

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On the roads of New England since 1966

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### InTheNews



A new CRW record, Eric Ferioli was the lone rider to show up for our annual "Something in Common" ride from the Cambridge Common, the kickoff of the winter ride season.

**New Year's Day Ride Pg. 2**  
Our famous annual New Year's Day Ride is planned for Wednesday January 1st.

**2014 Bicycle Mileage Chart Pg. 6**  
Keep track of your bicycle mileage with the CRW 2014 Bicycle Mileage Chart

**2013 CRW Holiday Party**  
It was a great success and you can see photos at <http://goo.gl/O3UHK4> and videos at <http://crw.org/gallery/videos/holidayparty/2013/>

### Year End Mileage Reporting for



The "Hangin' In" list includes members who have reported their mileage for at least five years. To be included in the list, you must submit your year end mileage in December. It doesn't matter if you didn't ride in December, we can only know that the mileage in the database is your total for the year if you enter it in December. Just go to the online mileage page as usual and enter your miles for the month or zero if you didn't ride, or just enter your total for the year. The statistics will be compiled from the current data on January 3, so you would need to enter your mileage before that.

If you've hung up your cleats and don't plan to ride any more this year, you can enter your cumulative miles for the year or zero for December now. ☺

### Board Election Results

We hold an Election with the club membership whenever there are more candidates than open slots on the CRW Board. We had six candidates for three open slots this fall, and in the Election which ended 11/15/13, the three winning candidates were John Allen, Helen Greitzer, and Ken Hablow.

They all take office on 1/1/14 for three year terms. This is John's first time on the Board, Helen was reelected, and Ken is back after almost a 20 year absence. We also had three resignations, and on 1/7/14 the Board is expected to appoint three other candidates to one year terms to fill these vacancies. ☺

### Member Directory is Live

The Member Directory on the web site is a new feature, which contains information on members who have chosen to participate. It includes a feature called the member profile, where you can add additional information, beyond name and email, for social networking, such as your personal web page, Facebook page, twitter id, blog address if you have them. You can also upload a photo of yourself if you wish.

If you wish to add yourself to the directory, you can do so from the member's home page. Click the "Members Only" button on the right of the menu at

the top of the home page.

Then click the "Membership Information" button on the member's home page and make sure you select "Yes" at the bottom where it says "May we include your name, town, and email on this list" to be included in the directory.

To create a profile, click the "Your Member Profile" button on the member's home page and enter your profile information.

A few hundred members have already signed up and we encourage you to join them. ☺

# Happy New Year's Day Ride



Our famous annual New Year's Day Ride is you guessed it, planned for Wednesday January 1st. What better way is there to clear the mind and body in the crisp, clear air of downtown Boston. The ride visits many interesting and historic sights from Charlestown to Castle Island. It's a fine tradition and makes for a wonderful start to the New Year with friends old and new. ☺

## SVHV Tour (Southern Vermont & Hudson Valley)

July 2-6, 2014

This tour explores areas farther west than most New England riders are familiar with, including the upper Hudson Valley. We stay in Brattleboro, VT, Tuesday night, and then ride to the most excellent Echo Lake Inn, NW of Ludlow. Thursday we cross the Green Mountains on our way to lunch in Poultney, then enter NY on lightly rolling roads in farming country. We spend two nights at the classic Queensbury Hotel in surprising Glens Falls, with many restaurants nearby. Day

rides on the 4th head south to Saratoga Springs, or north to remote sections of the Hudson - all roads well paved. Saturday we ride south next to the Hudson, then turn east and return to Vermont on quiet roads, staying at the wonderful Paradise in Bennington. Sunday morning we climb the Green Mountains, but later have a fun 19-mile downhill almost back to the start. Post-tour showers and lunch available before heading home, after a short (~50 M) day.

Average daily mileage is about 65, with longer/hillier options usually available - see route here: <http://ridewithgps.com/routes/3672399> The \$590 tour fee includes five nights lodging (double occupancy), two breakfasts, four lunches, one Inn dinner, two happy hours, quality cue sheets and maps - including GPS, and sag support. Maximum of 19 riders. This is a Rogue Riders Bike Club trip. Contact for full flyer or to register - Leader: Charles Hansen ([velotrain@yahoo.com](mailto:velotrain@yahoo.com))

N.B. My contract at one lodging requires a go/no-go decision by April 3; register early! ☺

## Recurring Rides

These rides are held every week unless indicated otherwise

### Wednesday Wheelers

**Times and Routes:** Varies, usually 10:00 AM. Distances are typically between 30 and 40 miles.

**Ride Type:**

**Description:** A group that enjoys exploring a variety of scenic routes, mostly in the western suburbs but also to the north or south. Occasionally we do an urban exploration. We always

include a lunch stop, either during or at the end of the ride. In the winter we may substitute other activities, such as cross-country skiing. We stay together, following the leader for the day, while being careful not to drop anyone. On a rural ride of average hilliness, the pace is 15 to 17 mph on the flats, but slows considerably on the hills, so we wind up with a rolling average of about 13 mph. In fairness to the group, we require that prospective riders be capable

of maintaining this pace. Non-members of CRW are welcome to ride with us and experience what the Wednesday Wheelers offer. If you like our rides however, and wish to continue to ride with us, we expect you to become a CRW member.

**Coordinator:** Helen Greitzer (<mailto:helengreitzer@hotmail.com>)

**Start:** Location Varies.

**Directions:** The ride coordinator sends ride announcements and ride reports by weekly e-mail. For more information, including the next ride start location, e-mail Helen.

**Note:** Different leader each week. To become a leader contact Helen.

Be sure to check the web site (<http://crw.org/cgi-bin/calendar.pl/?thismonth=yes>) for possible updates or cancellations. ☺



# January Rides



*Sunday Rides continue through the winter, even in severe weather conditions. Saturday Winter Rides will be held on an impromptu basis whenever weather conditions are on the moderate side. The Winter Saturday Rides will be posted on the CRW Website a few days in advance as weekend weather forecasts become more dependable, and suggest a safe and pleasant experience.*

## Happy New Year's Day Ride

Wednesday - January 1

**Times and Routes:** 11:00 AM for approximately 20 miles

**Ride Type:** Cue Sheet

**Description:** This is our famous annual New Year's Day Ride.

What better way is there to clear the mind and body in the crisp, clear air of downtown Boston. We will visit many interesting sights from Charlestown to Castle Island, and maybe Dorchester Heights. Start the New Year off right with friends old and new. See you on the Common!

**Leaders:** Eric Ferioli (781-235-4762)

**Start:** Boston Common, Park Street and Tremont Street, Boston

**Directions:** The Boston Common is accessible from Route 93, Storrow Drive, and the Mass Pike. [Google Map](#)

## Needham, Dover and Beyond Sunday - January 5

**Times and Routes:** 10:30 AM for 19, 27, and 42 miles

**Ride Type:** Cue Sheet, Arrowed

**Description:** Ride on scenic rolling roads through Needham, Dover, Sherborn, and Medfield.

**Leaders:** John O'Dowd (<mailto:johnodowd@comcast.net>, 978-760-4705)

**Start:** Cutler Park Reservation, 112 Kendrick Street, Needham

**Directions:** From Rt. 95/128 take exit 19B (Highland Ave.) toward

Needham. Go left at the first light onto Hunting Rd. At the next light make another left onto Kendrick St. Continue about 0.3 miles on Kendrick to Cutler Park on the right. It's prominently marked.

**Cuesheets:** 19 mile route

**Ride Information:**

19 mile route (<http://ridewithgps.com/routes/2322657>),

28 mile route (<http://ridewithgps.com/routes/2318958>),

42 mile route (<http://ridewithgps.com/routes/2322799>)

## Something in Common

Sunday - January 12

**Times and Routes:** 10:30 AM for 23 and 34 miles

**Ride Type:** Cue Sheet, Map

**Description:** Meet at the monument in the middle of the Cambridge Common and ride out to Lincoln.

**Leaders:** Eric Ferioli (781-235-4762)

**Start:** Cambridge Common, is north of Harvard Square. 1500 Massachusetts Avenue, Cambridge

**Directions:** Harvard Square, Cambridge is accessible from Memorial Drive, and Storrow Drive, as well as the MBTA Red Line.

**Cuesheets:** 34 miles

**Ride Information:**

23 mile route (<http://ridewithgps.com/routes/1955564>),

34 mile route (<http://ridewithgps.com/routes/1955500>)

## Natick Surprise Sunday - January 19

**Times and Routes:** 10:30 AM for 24, and 36 miles

**Ride Type:** Cue Sheet, Arrowed, GPS

**Description:** These new routes are on streets usually not encountered on club rides. The rides head south to Sherborn and Dover while the longer ride goes further east.

**Leaders:** Eli Post (<mailto:elipost@comcast.net>, 617-306-1838)

**Start:** Memorial Elementary School. 107 Eliot Street, Natick  
**Directions:** From Rt 128 take Exit 21 Rt 16 West. Travel 5.5 miles on Rt. 16. The School is in South Natick (0.5 miles past the S. Natick traffic light) on your right.

**Ride Information:**

24 mile route (<http://ridewithgps.com/routes/3628410>),

36 mile route (<http://ridewithgps.com/routes/3627858>),

48 mile route (<http://ridewithgps.com/routes/3640834>)

## Say Goodbye to the End of January Sunday - January 26

**Times and Routes:** 10:00 for 22 or 32 miles

**Ride Type:** Cue Sheet, Map

**Description:** Starting in Acton at Bagels Plus on Rte 2A, the routes wind through Westford and back through Concord and Carlisle.

**Leaders:** Ken Hablow (<mailto:khablow@khgraphics.com>, 781-257-5268 before 9PM No calls the morning of the ride)

**Start:** The parking lot at Bagels Plus on Rte 2A. 93 Great Road, Acton

**Directions:** 1 mile past the Concord Rotary on Rte 2A at the base of Pope Road. Please park in the middle of the lot. Do not park in front of Colonial Spirits.

**Ride Information:**

long ride (<http://ridewithgps.com/routes/769258>),

short ride (<http://ridewithgps.com/routes/769269>)

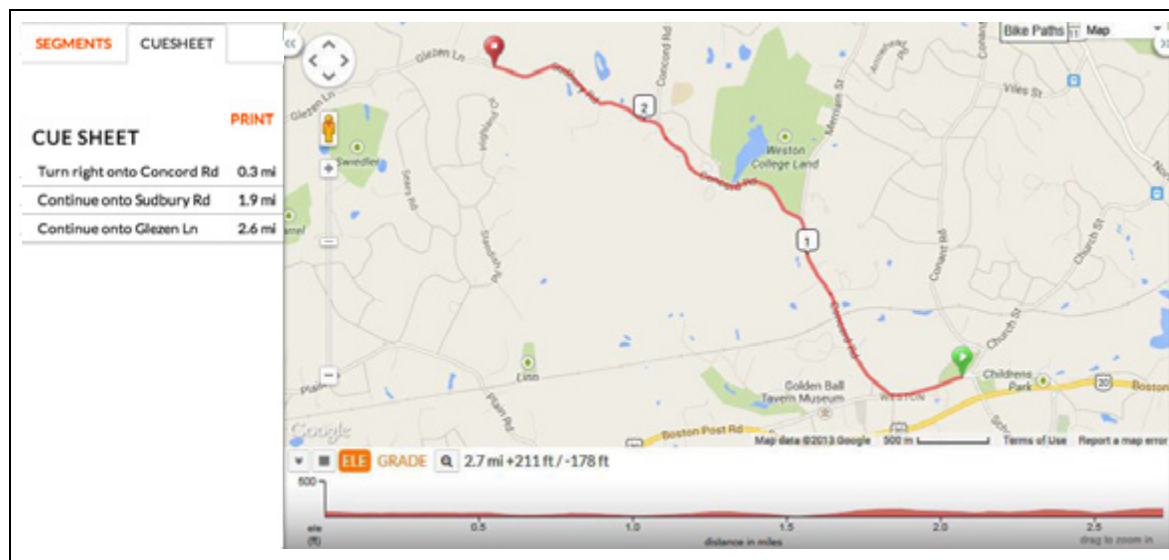
Be sure to check the web site (<http://crw.org/cgi-bin/calendar.pl/?thismonth=yes>) for possible updates or cancellations. ☺

On all CRW rides, please arrive at least 15 minutes before the published ride starting time. It is recommended that you bring pump, patch kit, spare tube, allen wrenches, screwdriver, lock, water bottle, some money, helmet, gloves, and a map. You should also carry an ID card, health insurance card, and emergency contact information. Be sure to check the web site (<http://crw.org/cgi-bin/calendar.pl/?thismonth=yes>) for possible updates or cancellations. — **HELMETS REQUIRED ON CRW RIDES.**

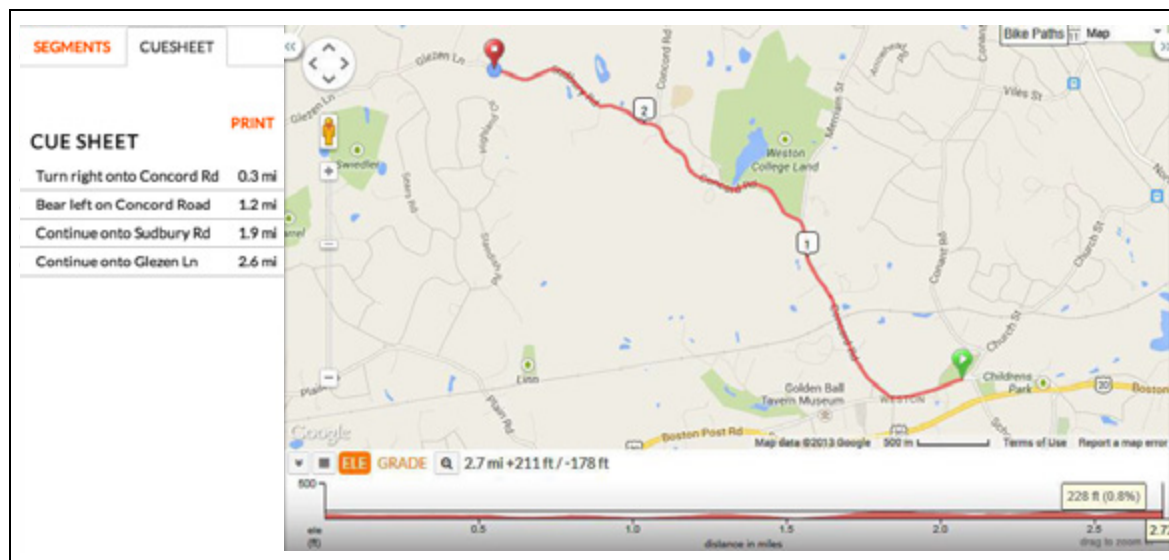
# Automatic Cue Sheet Generators

by Eli Post

Automatic cue sheet generators such as those included in [www.ridewithgps.com](http://www.ridewithgps.com) have become a welcome feature on our rides as well as important productivity tools for ride leaders. However, unless verified and edited, they may not include information essential for navigation given our complicated road network in New England. We ask our ride leaders to verify that every cue is correct and add, delete, or edit cues as needed. There are standards particular to Club rides which we need to follow, but sometimes the automatic cue sheets won't accurately guide you through a 5+ point intersection or distinguish slight turns as opposed to right angles. Verification is needed so the cue sheet matches experience with conditions on the ground. That is, ride leaders should look for omitted cues, incorrect cues, specific milestones in the route (e.g., crossing route 2), or all the standards/practices that



*There is no cue at mile 1.2*



*A cue was added at mile 1.2*

are part of CRW's traditional cue sheets. We note that [www.ridewithgps.com](http://www.ridewithgps.com) has a good help function for how to edit cue sheets. We offer one example below to illustrate how automatically generated cue sheets can be edited to match CRW standards.

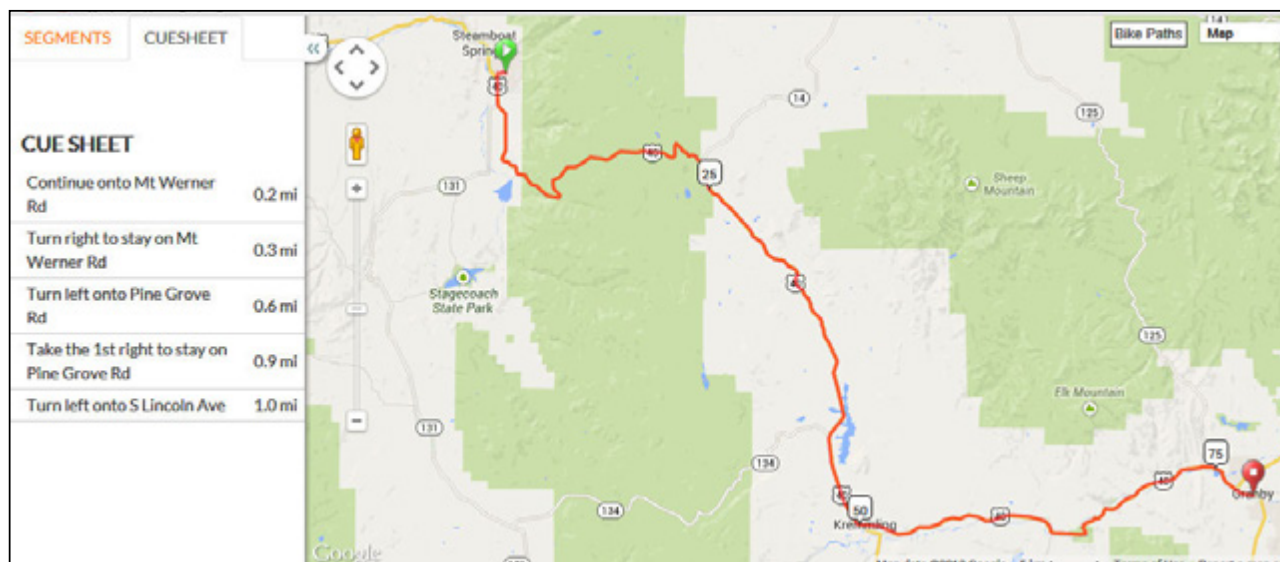
The single most significant issue is "missing" cues, the kind we would ordinarily insert if creating the cue sheet from scratch. The screen shot at the top shows a route from Weston Center west to Sudbury Road, a popular segment on many of our routes. At mile 1.2, Concord Road continues westerly past Merriam Street, and no cue was automatically generated, which could be confusing to riders, who might otherwise go straight.

In the bottom screen shot a cue was manually added at mile 1.2 to alert the rider to bear left and now the cue sheet matches rider experience with conditions on the ground. 📍

# Lots of Turns

by Eli Post

*One of our friends was on a bike tour out West, and was telling us about a ride through the Rockies that was about 80 miles with only five turns.*



We could possibly replicate that arrangement of turns per mile with a back and forth on the Mass Pike from Boston to Worcester, not a likely scenario. Turns however are a consideration for a number of reasons especially when the lead rider of a group misses a cue or an arrow, stops short, and causes the riders behind to crash. We've had several accidents on rides in recent years due to this situation

and if you miss a turn, you should not stop, but signal, slow down and back track safely.

Frequent turns are a way of life in New England, and we aren't suggesting that we minimize them or that reducing the number of turns will necessarily improve safety. Minimizing turns can mean staying on heavily traveled major routes, which is not something we want to encourage. Also, some turns are very easy

and safe, while others are not. However, it occurs to us that the sheer number of turns on a ride is a safety consideration, one not often recognized.

We did an article in February on ride design, including discussion of types of turns to avoid, and to avoid making many turns over short distances. ☺

## Enjoy Winter Bicycling and Keep On Riding!

Most cyclists put their bikes aside as soon as cold weather arrives, but others find winter riding to be a great form of exercise and a challenging experience. With a little knowledge and practice, winter cycling can become more routine, and a wonderful way to enjoy the cold weather. The Club's Winter Ride Program includes regularly scheduled Sunday Rides which continue through the winter, even in severe weather conditions. We also offer Saturday Winter Rides which will be held on an impromptu basis whenever weather conditions are on the moderate side. These rides will be posted on the CRW Website a few days in advance as weekend weather forecasts become more dependable. Between December and March make a point of checking the web site (<http://crw.org>) toward the latter part of every week for winter cycling opportunities. ☺

# 2014 Bicycle Mileage Chart

Keeping track of your bicycle mileage is easy with the CRW 2014 Bicycle Mileage Chart (Adobe PDF format) created by Ken Hablow. It is available for download and printing from our website at <http://www.crw.org/BikeLog.php?year=2014>. Another mileage spreadsheet, in Microsoft Excel format, can be found at (<http://www.pankin.com/miles.htm>). Thanks to Mark Pankin of the Potomac Pedalers Touring Club.

	SUN	MON	TUE	WED	THU	FRI	SAT	WEEKLY	CUMUL
JANUARY			1	2	3	4			
	5	6	7	8	9	10	11		
	12	13	14	15	16	17	18		
	19	20	21	22	23	24	25		
FEBRUARY	26	27	28	29	30	31	1		
	2	3	4	5	6	7	8		
	9	10	11	12	13	14	15		
	16	17	18	19	20	21	22		
MARCH	23	24	25	26	27	28	1		
	2	3	4	5	6	7	8		
	9	10	11	12	13	14	15		
	16	17	18	19	20	21	22		
APRIL	23	24	25	26	27	28	29		
	30	31	1	2	3	4	5		
	6	7	8	9	10	11	12		
	13	14	15	16	17	18	19		
MAY	20	21	22	23	24	25	26		
	27	28	29	30	1	2	3		
	4	5	6	7	8	9	10		
	11	12	13	14	15	16	17		
JUNE	18	19	20	21	22	23	24		
	25	26	27	28	29	30	31		
	1	2	3	4	5	6	7		
	8	9	10	11	12	13	14		
DECEMBER	15	16	17	18	19	20	21		
	22	23	24	25	26	27	28		
	29	30							

	SUN	MON	TUE	WED	THU	FRI	SAT	WEEKLY	CUMUL
JULY			1	2	3	4	5		
	6	7	8	9	10	11	12		
	13	14	15	16	17	18	19		
	20	21	22	23	24	25	26		
AUGUST	27	28	29	30	31	1	2		
	3	4	5	6	7	8	9		
	10	11	12	13	14	15	16		
	17	18	19	20	21	22	23		
SEPTEMBER	24	25	26	27	28	29	30		
	31	1	2	3	4	5	6		
	7	8	9	10	11	12	13		
	14	15	16	17	18	19	20		
OCTOBER	21	22	23	24	25	26	27		
	28	29	30	1	2	3	4		
	5	6	7	8	9	10	11		
	12	13	14	15	16	17	18		
NOVEMBER	19	20	21	22	23	24	25		
	26	27	28	29	30	31	1		
	2	3	4	5	6	7	8		
	9	10	11	12	13	14	15		
DECEMBER	16	17	18	19	20	21	22		
	23	24	25	26	27	28	29		
	30	1	2	3	4	5	6		
	7	8	9	10	11	12	13		
DECEMBER	14	15	16	17	18	19	20		
	21	22	23	24	25	26	27		
	28	29	30	31					



by Jack Donohue

This isn't another article about bicycling, this is an article about driving. Driving, you say? Astute readers remember that Mrs. D. in her wisdom had taken away my driving privileges many years ago, and I was allowed behind the wheel only in extreme circumstances.

Well, one such circumstance arose. I had to visit the dermatologist to have some skin cancer removed. My friend Pamela had had a similar operation and advised me against riding there. My first thought was that I could ride there and then dip into my cab fund for the return trip. Susan had a cooking class then but offered to walk to her class and let me have the car, an offer I couldn't refuse.

This adventure was of course outside my comfort zone. Actually my comfort zone is very narrow. It should be called a comfort point. I pretty much do the same thing every day, ride the same roads, know all the potholes on a first name basis. Biggest decision is whether to take Curve Street or Proctor to work. Driving was entering uncharted territory. The trip should take about 20 minutes

so I allowed an hour for contingencies, acts of god, etc.

We have a new car, and I hadn't yet driven it. It had around 1600 miles by now and I hadn't even ridden in it very much. But it was conceptually similar to our previous car, another Honda Odys-

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**Astute readers remember that Mrs. D. in her wisdom had taken away my driving privileges many years ago, and I was allowed behind the wheel only in extreme circumstances.**

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sey, just ten years newer. I found a lot had changed in ten years. First change was that I tried to put the car in drive and ended up turning on the windshield wipers. The shift lever wasn't on the steering column or the floor but next to the steering column. Still, good to know how to turn the wipers on since it was misting that day.

Another crisis arose when I tried to start the car. Susan had given me the second key, which looked a lot like the old car key. Of course I hadn't disposed of the old car key, despite the fact that the old car had been traded in and was probably now a rather large cube of metal. So I found two identical looking car keys, tried both, and though they both fit nicely into the slot, the car turning on part didn't work. One was clearly

the old key, but why the other one didn't work is still a mystery, since it worked fine later. So borrowed Susan's key, the fancy one with the remote.

Next I had to figure out my route. The dermatologist's office was right next to my old work office in Westford. It was

a very nice bike commuting route, but with my massive vehicle of Tokyo steel I was no longer constrained to the back roads. But my bike route was also the most direct way, so I opted for that anyway. Did have a temporary lapse as I de-

ecided to take Curve Street to 225 until I realized that I was heading for my new work office, 3 miles West of the old one. Additional mileage on a bike, good, in a car, not so good.

One thing I realized is how narrow these roads are. The Odyssey isn't exactly an 18 wheeler but it seemed to occupy most of the road, and passing oncoming vehicles required attention. For the first time I sympathized with drivers who have to negotiate cyclists without running into oncoming traffic.

I got to the doctor's office and he asked me if I were a cyclist. Usually I've got my helmet in tow as well as other

paraphernalia, so I wondered how he knew. Did I throw off an aura of cyclistic-ity? Was it my massive thighs? Actually, it was the Mongoose T-shirt I was wearing. He gets points for knowing what Mongoose was, I barely knew since I had gotten the T-shirt for free at some bike event.

The return trip was uneventful, I was getting this driving thing down. Since I was surrounded by my steel carapace, I decided to go back via Dudley Road. I never go down this on a bike, since it about 70% potholes (or potlumps as Pamela says), but I do like to check it out about once a year just in case there's been some road repair (hope springs eternal). NOT! The ride down Dudley was just as harrowing in a car as on a bike, maybe more so, since the car is too big to dodge any of the potholes.

So, I arrived home without damaging the new car or terrorizing the neighbors, a good day. But it would have been better on the bike. ⚙️

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Jack's Back Pages - Find past "Little Jack's Corner" articles on the CRW website at <http://crw.org/ljackc/> and through the web site menu: Information > Fun > Little Jack's Corner

# Q · U · O · T · E

“ People like to travel: that is why the grass is greener over the fence. We are walkers --- our natural means of travel is to put one foot in front of the other. The bicycle seduces our basic nature by making walking exciting. It lets us take 10-foot strides at 160 paces a minute. That’s 20 miles an hour, instead of 4 or 5... It is not only how fast you go --- cars are faster and jet planes faster still. But jet-plane travel is frustrating boredom --- at least the car gives the pictorial illusion of travel. Cycling does it all --- you have the complete satisfaction of arriving because your mind has chosen the path and steered you over it; your eyes have seen it; your muscles have felt it; your breathing, circulatory and digestive systems have all done their natural functions better than ever, and every part of your being knows you have traveled and arrived. ”

--- John Forester,  
*Effective Cycling*

## November Mileage **260403**

Name	Miles	M	C	K	Name	Miles	M	C	K
Jack Donohue	10277	-	-	5	Carlo Innocenti	3234	3	-	-
Mike Kerrigan	9944	9	5	4	Bill Hanson	3220	-	-	-
Pamela Blalock	9034	9	7	5	Harry Wolf	3127	-	-	-
Gardner Gray	8439	7	4	3	Marc Cohen	3002	8	-	-
Martin Estner	7266	1	-	-	Peter Brooks	2900	6	-	-
Richard Taylor	6946	11	11	1	Bruce Larson	2864	5	2	-
Irving Kurki	6721	7	5	-	Henry Marcy	2768	2	-	-
Bob Cohen	6702	-	6	1	Glen Reed	2476	-	-	-
Marc Baskin	6610	11	5	-	Steven Roberge	2457	1	1	-
Cynthia Zabin	6405	-	-	-	Bernhard Paul	2446	4	1	-
Don Fraser	6353	-	-	-	Dave Stefanovic	2419	-	-	-
David Cooper	6260	11	4	1	Mark Druy	2381	3	2	-
Douglas Cohen	6118	2	-	-	Darrell Katz	2246	-	-	-
Erik Husby	5544	1	-	-	Arne Buck	2181	-	-	-
Steve Robins	5463	-	-	-	Gary Smiley	2091	1	-	-
Bob Wolf	5129	10	-	-	Mike Hanauer	1968	-	-	-
Ken Hablow	5020	8	-	-	Gabor Demjen	1967	3	-	-
Clyde Kessel	4930	11	1	-	Ed Hoffer	1788	-	-	-
John Springfield	4911	-	10	1	John Allen	1786	1	-	-
Bruce Ingle	4730	3	-	-	A J Gemperline	1589	2	-	-
David Wean	4653	7	-	-	Peter Tzanetos	1536	3	-	-
Eric Sansone	4583	7	-	1	Jeffery Luxenberg	1503	-	-	-
Joel Bauman	4506	4	1	-	John Pacheco	1288	-	-	-
Larry Delaney	4444	7	1	-	Scott Tyler	1257	1	-	-
Joe Repole	4334	11	11	-	Marc Webb	1243	-	-	-
Don Mitchell	4285	2	-	-	Elaine Stansfield	1138	-	-	-
Fred Newton	4224	-	-	-	Ari Davidow	1091	-	-	-
Andy Brand	4188	5	1	-	Pete Knox	1005	-	-	-
Joe & Kathy Marino	4172	6	4	-	Susan Grieb	947	-	-	-
Butch Pemstein	4160	4	2	-	Bill Widnall	723	2	-	-
Alan Cantor	3777	6	6	-	Greg Tutunjan	695	-	-	-
Joseph Moore	3653	4	-	-	John Kane	663	-	-	-
Frank Aronson	3535	7	4	-	Carolyn Pacheco	453	-	-	-
Walter Frank	3516	3	1	-	John Loring	309	-	-	-
Rudge McKenney	3427	5	-	-	George Caplan	32	-	-	-
Cynthia Snow	3351	2	-	-					

**Mileage Table Explained**

Miles are year-to-date totals. The M column indicates the number of months the rider reported completing a metric century. The C column shows the number of months with a hundred mile century, and the K column is the number of months with 1000 or more miles.

Report mileage by the 3rd of each month on the website at <http://crw.org/mileage/mileage.htm> or email [mileage@crw.org](mailto:mileage@crw.org)

**NewMembers**

Sean Calista	Boston
Richard Deandrea	Medford
Marty Milkovits	Cambridge
Ann Mullally	Cambridge
Paul Pelan	Somerville
Kathleen Schmidt	Somerville
Robert Sullivan	Chelmsford
Clarence Wayne	Newton Highlands





CRW members receive WheelPeople, the Club's newsletter. CRW is also an associated club of the League of American Bicyclists.

Address correspondence to:  
The Charles River Wheelmen -  
26 Fox Run Road  
Bedford, MA 01730

## Editorial Policy

We welcome contributions to this newsletter, but reserve the right to edit articles in any way that we deem appropriate.

We will make every effort to preserve both the style and intent of the author, but we may rewrite an article to fit available space, to clarify ambiguities in the text, and to correct factual errors.

Articles and other materials which appear in WheelPeople, unless specifically identified as editorial policy, represent the opinion of the author, and do not

represent the opinions of the editors, coordinators, officers, or board of directors of The Charles River Wheelmen, Inc.

### How To Send Us Your Article

Articles and letters must be received by the 5th of the month to be included in the next issue of WheelPeople.

Send copy electronically to [editor@crw.org](mailto:editor@crw.org). Your document should be plain ASCII text, formatting will not be preserved. If the article can't be emailed, send a typewritten or handwritten ver-

sion to: Jack Donohue

26 Fox Run Road, Bedford, MA 01730

Articles submitted to WheelPeople or parts thereof may also be published on the CRW web site unless the author instructs otherwise.

## Insurance

If ride leaders or others have questions about insurance, contact Ken Hablow at 781-257-5268. Please do not contact the insurance company.

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# BikeShops

<http://www.crw.org/shops.php>

These fine bike shops offer discounts to CRW members

## Ace Wheelworks

145 Elm St., Somerville..... 617-776-2100

## Adi's Bike World

231 Grove Street, West Roxbury..... 617-325-2453

## ATA Cycles

93 Thoreau St., Concord ..... 978-369-5960

## Back Bay Bicycles

362 Commonwealth Avenue, Boston..... 617-247-2336

## Belmont Wheelworks

480 Trapelo Rd., Belmont ..... 617-489-3577

## Bicycle Exchange at Porter Square

2067 Massachusetts Ave, Cambridge ..... 617-864-1300

## Bikeway Source

111 South Road, Bedford..... 781-275-7799

## Broadway Bicycle School

351 Broadway, Cambridge..... 617-868-3392

## Cambridge Bicycle

259 Massachusetts Avenue, Cambridge..... 617-876-6555

## Centre Ski and Bike

1239 Washington Street, West Newton ..... 617-332-0300

## Chelmsford Cyclery

30 Chelmsford St., Chelmsford ..... 978-256-1528

## Community Bicycle Supply

496 Tremont St., Boston..... 617-542-8623

## Cycle Loft

28 Cambridge St., Burlington..... 781-272-0870

## Dedham Bike

403 Washington St., Dedham ..... 781-326-1531

## Farina Cycle

61 Galen St., Watertown..... 617-926-1717

## Ferris Wheels Bicycle Shop

66 South St., Jamaica Plain..... 617-524-2453

## Frank's Bicycle Barn

123 Worcester Tpke, Westboro..... 508-366-1770

## Frank's Spoke 'N Wheel

119 Boston Post Rd., Sudbury ..... 978-443-6696

887 Main St., Waltham ..... 781-894-2768

## Grace Bicycles

1574 Washington Street, Holliston ..... 508-429-9177

## Harris Cyclery

1353 Washington St., West Newton ..... 617-244-1040

## International Bicycle Center

89 Brighton Ave, Allston ..... 617-783-5804

71 Needham St., Newton ..... 617-527-0967

## JRA Cycles

229 Salem St, Medford..... 781-391-3636

## Landry's Bicycles

1210 Boston Providence Trnkp (Rte 1), Norwood..781-440-0310

790 Worcester St. (Route 9), Natick ..... 508-655-1990

276 Turnpike Road, Westboro..... 508-836-3878

890 Commonwealth Avenue, Boston..... 617-232-0446

## Marblehead Cycle

25 Bessom St., Marblehead..... 781-631-1570

## Papa Wheelies Bicycle Shop

653 Islington Street, Portsmouth..... 603-427-2060

## Quad Cycles

1043 Massachusetts Ave, Arlington..... 781-648-5222

## Southampton Bicycle Center

247 College Hwy., Southampton ..... 800-527-9784

## Superb Bicycle

842 Beacon Street, Boston..... 617-236-0752

## Travis Cycles

1 Oak St., Taunton ..... 508-822-0396

722 N. Main St., Brockton ..... 508-586-6394

## Urban AdvenTours

103 Atlantic Ave, Boston ..... 617-670-0637



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