

WheelPeople

Newsletter of the Charles River Wheelmen



November Highlights


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On the roads of New England since 1966

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CRW Holiday Party

Friday, December 4, 2015

 Start your holiday celebration off early with the popular CRW holiday party, which will once again be held at the Bedford Old Town Hall. It will combine good food, drink, all in the company of your biking friends. We will also award our deserving volunteers.

The party is brought to you by our Social Committee, and Helen Greitzer will once again be heading the party volunteers. If you'd like to help out with this fun event, contact Helen, helengreitzer@hotmail.com. Volunteers can attend the party at no charge.

You can sign up for the party by going to this web page:

<http://crw.org/event.php?event=holidayparty>

This is a CRW members only event with limited attendance, so sign up early.



The CRW 2015 Fall Century Gets High Marks

by Eli Post

We are pleased beyond words to report we had only positive comments about the 2015 Fall Century, and hope you were one of the fortunate ones to get out and ride on what turned out to be a glorious day. Overcast skies in early morning discouraged some, but by ride start the skies cleared and perfect riding weather made this an event to remember. Returning riders had compliment after compliment about the route, the freshly paved

roads, arrow markings, and of course the volunteer spirit and food offerings at the water stops. Even the police details were noticed and appreciated. At the finish the goodies included hot dogs, pizza, and other food and drink for hungry riders. I work the after-ride stand in part because it allows me to greet returning riders and get feedback on the ride. Rider after rider expressed satisfaction, if not joy, at having a terrific day riding a challenging route and feel-

ing every aspect of the event was well planned and executed. It was a splendid day and our dedicated volunteers are owed our thanks.

Unfortunately there was an accident which many riders heard about. We were able to chat with the injured rider and can report what occurred. He was heading east on Cold Springs Road in Westford (at about mile 79 on the 100 mile route) when a car emerged out of

2015 Fall Century - *Continued on page 2*

2015 Fall Century - *Continued from page 1*
 a side street, came to a rolling rather than full stop, and the rider collided with it. His shoulder “popped out”, but at the hospital the docs were able to “pop it back in”. He drove himself to work the next day wearing a sling and had a planned orthopedic checkup to see if there is other damage. He was grateful to all who stopped, has good feelings about the club, and hopes to ride with us again. Unfortunately his bike, which was less than a month old, did not do as well, and is now trash. ☹



Chris from Bike Source providing technical support at the start.



Riders at the start getting ready to roll.



Riders taking a break at water stop.



Riders enjoying food and refreshments after the ride.

We'd like to thank all these volunteers who made this event possible

Coordinators: Susan Grieb, Eli Post, Nina Siegel

Check-In: Rosalie Blum, Frank Hubbard, Tom Lawrence, Elsa Lawrence, Mel Prenovitz

Food: John Allen, Harriet Fell, David Hennessey, Larry Kernan

Lunenburg Water Stop: Janet Miller, Steve Robinson, Claire Robinson

Wilton Water Stop: Mike Hanauer, Joan Laxson, Rick Lawrence, Ilkka Suvanto

Pepperell Water Stop: Merle Adelman, Mike Byrne, Barbara Martin, Adena Schutzberg

Sag Wagon: Mark Turner

Sweeps: Bob Apsler, Walter Frank, Eric Ferioli

Transport: Bill Haynes

Arrowing: Connie Farb, Ken Hablow, Frank Hubbard, Dom Jorge, Larry Kernan

After-Ride: Helen Greitzer, Lawrence Isaacson, Eli Post, Francine Sparks

Preregistration: Jack Donohue

Cue Sheets: Ken Hablow

Technical Support: Bikeway Source

Volunteer Party: Barry and Linda Nelson



Our dedicated water stop volunteers.

Board Meeting Minutes

September 8, 2015

Present: Eli Post, Mike Byrne, Bob Wolf, Ken Hablow, Bernie Flynn, John Allen, Helen Greitzer, Connie Farb and Erik Sobel.

Reports:

VP of Finance Report (Bernie): Bernie passed out a Profit and Loss Schedule from Quick Books for January 1 through September 8, 2015. The financial operating results were discussed by the Board. Net Income and Positive Cash Flow for this period were \$24,477.42, including \$24,202.31 received from the Ralph Galen Estate.

Cranberry Rides (Bob): Bob discussed the upcoming Cranberry Rides and proposed a budget of up to \$1,000 for after ride catering/food truck, which was approved by the Board.

New Technology (Erik): Erik reported on his preliminary exploration and review of new communication and marketing technologies, and the potential future use of such technologies by CRW. This review continues.

Grants Committee (Stan): Stan Kay was not present but sent in a report that indicated the three grants approved by the Board at the previous meeting had been distributed in July as follows:

- Cycle Kids -- \$5,000
- Bikes Not Bombs -- \$5,000
- Cycling Through History -- \$1,146

The Grants process is open to receive additional applications through the remainder of the year. Efforts are continuing to reach out to other organizations and encourage appropriate applications.

50th Anniversary (Eli): CRW's 50th anniversary will be in 2016. Eli presented several alternatives for recognizing the occasion on an on-going basis throughout 2016. Included were multiple rides, possible evening events and memorabilia. The Board authorized Eli, with the help of other volunteers, to continue researching and planning alternatives, and approved a budget of up to \$20,000 for the year long celebration.

Ride With GPS (Bob): Bob discussed the club buying a RideWithGPS Club Account, and the benefits it would provide. Any club member will have access to "Premium Membership" features.

The next regular Board Meeting will take place on Tuesday, November 3, 2015, at the offices of PSMJ Resources in Newton.

Respectfully submitted,
Mike Byrne
Secretary

End of Little Jack

by Jack Donohue

I've been writing "Little Jack's Corner" for quite some time now, and frankly I'm running out of ideas. Lately, with the onset of old age, I've been getting ideas for columns that I've already written. So, maybe it's time to turn over the reins to someone new. In all the club, there must be someone who can write an interesting article about something cycling related once a month. It doesn't have to be great prose, but you really need to have scored at least 400 on the verbal SAT (just kidding). Actually, now that we have spell check and grammar check you only need to be semi-literate. You just need to have something interesting, amusing, etc. to say about your cycling experiences.

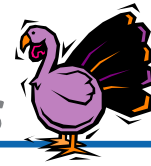
So, give it a try, send your article to editor@crw.org. If it looks like you will make this a regular column, think up a name for the column and we'll use that going forward. ☺

New Members

Sebastian Acevedo	Cambridge
Kristine & Dave Amin	Cambridge
Doug Boari	Woburn
Liz Brown	Waltham
David Burns	Lexington
Nandini Choudhury	Brookline
Christopher Claiborne	Somerville
Robert Droste	Roslindale
Art Gleiner	Lincoln
Richard Goodman	Worcester
Lane Gordon	Framingham
Beth Goulet	Charlestown
Katherine Hall	Ashland
Mary-Jean Kelly	Quincy
Stephen Linder	Medford
Christina Luna	Worcester
Barry Mann	Holliston
Michael McIlrath	Lexington
Robert & Lisa Nutting	Ashland
Valerie Pennington	West Roxbury
Michael Schwartz	Belmont
Donald Sponberg	Holliston
David Stevens	Boston
Doug Strott	Brookline
Art Walsh	Lowell
Phil Winn	Westford



These rides are held every week unless indicated otherwise



Don't put your bike away just yet. November is a time when, with a bit of luck, you'll experience some fine days for riding - hopefully before the snows hit and icy winds blow.

Wednesday Wheelers

Times and Routes: Varies, usually 10:00 AM. Distances are typically between 30 and 40 miles.

Ride Type: Follow the Leader

Description: A group that enjoys exploring a variety of scenic routes, mostly in the western suburbs but also to the north or south. Occasionally we do an urban exploration.

We always include a lunch stop, either during or at the end of the ride. In the winter we may substitute other activities, such as cross-country skiing. We stay together, following the leader for the day, while being careful not to drop anyone. On a rural ride of average hilliness, the pace is 15 to 17 mph on the flats, but slows considerably on the hills, so we wind up with a rolling average of about 13 mph. In fairness to the

group, we require that prospective riders be capable of maintaining this pace. Non-members of CRW are welcome to ride with us and experience what the Wednesday Wheelers offer.

If you like our rides however, and wish to continue to ride with us, we expect you to become a CRW member.

Coordinator: Helen

Greitzer (<mailto:helengreitzer@hotmail.com>)

Start: Location Varies.

Directions: The ride coordinator sends ride announcements and ride reports by weekly e-mail. For more information, including the next ride start location, e-mail Helen.

Note: Different leader each week. To become a leader contact Helen. ☺



Rosy Cheeks back on Standard Time Sunday - November 1

Times and Routes: 10:00 AM for 30 or 45 miles

Ride Type: Cue Sheet, Arrowed

Description: Don't forget to "fall back" on Saturday night, then use that extra hour of sleep you'll get for a bike ride on Sunday. Plus, you can start burning some calories in anticipation of putting them on again over the holidays. The ride is through quiet, scenic, well-loved roads. The short ride goes through Sudbury, Hudson, Stow, and Acton. The long ride adds Bolton, and the hills of Harvard and Littleton.

Leaders: Connie Farb (<mailto:chfarb@yahoo.com>, 978-443-4993), Mark Sevier (mailto:m_sev@yahoo.com,

mailto:m_sev@yahoo.com, 978-443-4993)

Start: Fairbank Senior Center parking lot, 40 Fairbank Rd, Sudbury

Directions: From Rte. 128, take Route 20 West through Weston and Wayland to the light at the intersection with Rtes. 126/27. Turn right onto 126/27 and continue straight to stay on Rte. 27. Follow Rte. 27 about 3 miles into the town of Sudbury (traffic light). Continue straight on Hudson Road as Rte. 27 bears off to the right. Go another 1.5 miles and turn right onto Fairbank Rd. Continue past the first parking lot and the building and turn into the lot AFTER it.

Cuesheets: [Rosy Cheeks](#)

Ride Information: 30 mile route (<http://ridewithgps.com/routes/1068255>), 45 mile route (<http://ridewithgps.com/routes/1068256>)

Hillsborough County Ride Saturday - November 7

Times and Routes: 10:00 am for 35 and 62 miles

Ride Type: Cue Sheet, Map

Description: This ride takes you northwest from Tyngsborough up to Mont Vernon NH. Enjoy the fall air and country roads. We go up through Hollis, then take a long downhill and back roads into Amherst Center (store). The green in Amherst (elev. 260) makes a great lunch stop. Then we will roll up to Mont Vernon (elev. 820 feet) to be rewarded with a thundering downhill south toward Milford. We next pick up the Fall Century route so as not to miss the downhill on Old Milford Rd coming into Brookline

November Rides - Cont. on page 5

On all CRW rides, please arrive at least 15 minutes before the published ride starting time. It is recommended that you bring pump, patch kit, spare tube, allen wrenches, screwdriver, lock, water bottle, some money, helmet, gloves, and a map. You should also carry an ID card, health insurance card, and emergency contact information.

— Helmets required on all CRW rides.

Please be sure to check the [website](#) for last minute changes including weather related cancellations.

NH (store). Using some of the less traveled roads we return to Pepperell (stores, rest rooms at Dunkin Donuts) then across Groton to Island Pond Rd. One more uphill then you can coast it home a few miles to the parking lot. The short ride splits west at Hollis to cut off Amherst and Mont Vernon, and returns through Brookline. Several hills on both rides are challenging although rewarding. Ride designed by Tod Rodger and Bill Scott.

Leaders: Bill Scott (<mailto:billscott@alum.mit.edu>)

Start: Tyngsborough Elementary School, 205 Westford Rd., Tyngsborough

Directions: Rte 3 North to Exit 34 toward Westford. Left at end of ramp onto Westford Rd. In 0.8 miles turn right at third light to stay on Westford Rd. Go another 0.3 miles to school driveway on the right. Follow the long drive into school parking. Use parking to your left next to the woods, away from the school.

Note: Rain cancels.

Ride Information:
35 mile route (<http://ridewithgps.com/routes/3571160>),
62 mile route (<http://ridewithgps.com/routes/3572400>)

Bagels and a Witch Sunday - November 8

Times and Routes: 10:00 AM for 52, 44 or 20 miles

Ride Type: Cue Sheet, Arrowed, GPS

Description: Flat to rolling loops through the North Shore. All rides pass through Boxford, Topsfield and Rowley. Medium ride adds Newbury and Newburyport. Long ride adds Plum Island including the paved bike lane on the Plum Island Causeway. Short ride lunch stop is in Topsfield. Long and medium ride lunch stop is in Newburyport at Abraham's Bagels. Abraham's is in the same block where a 17th century woman named Elizabeth Morse lived. She was convicted of witchcraft a dozen years before the Salem witch trials. Visit the plaque dedicated to her on the north side of the building.

An optional stop is at Tencroft Farm on the long and medium rides. Feel free to visit the farm store for coffee and fresh local products!

Leaders: Melinda Lyon (<mailto:melindalyon123@yahoo.com>, 508-641-3956)

Start: Masconomet High School, 20 Endicott Rd, Boxford, MA

Directions: Interstate 95 north to exit 51 "Endicott Rd, Topsfield,

Middleton". Take right at end of exit ramp. High School is on right. Please drive past high school and park in lot at the far end of the school complex.

Note: There will be no arrows in the town of Boxford. This involves the first 6 miles of the ride. Please download a cue sheet in advance or make sure to get a cue sheet at the ride start.

Cuesheets: Short Ride

Ride Information:
Long (<http://ridewithgps.com/routes/1790353>),
Medium (<http://ridewithgps.com/routes/1772579>),
short (<http://ridewithgps.com/routes/6470914>)

Needham, Dover and Beyond November 14

Ride Type: Cue Sheet, Arrowed, GPS

Times and Routes: 10:00 am for 19, 27, and 42 miles

Leaders: John O'Dowd (bjon@verizon.net 978-760-4705)

Description: Ride on scenic rolling roads through Needham, Dover, Sherborn, and Medfield.

Notes: Inclement weather cancels. Check website Saturday morning by 8:00 for updates. No restroom at ride start

Start: Cutler Park Reservation, 112 Kendrick Street, Needham

Directions: From Rt. 95/128 take exit 19B (Highland Ave.) toward Needham. Go left at the first light onto Hunting Rd. At the next light make another left onto Kendrick St. Continue about 0.3 miles on Kendrick to Cutler Park on the right. It's prominently marked.

RideWithGPS Routes:
19 mile route (<http://ridewithgps.com/routes/2322657>)
28 mile route (<http://ridewithgps.com/routes/2318958>)
42 mile route (<http://ridewithgps.com/routes/2322799>)

Fall Foliage Bonanza After the Foliage Sunday - November 15

Times and Routes: 10:00 AM for 20, 34, 43 and 54 miles

Ride Type: Cue Sheet, Arrowed, GPS

Description: New England is at its best in the fall. This ride showcases foliage and apple orchards from Concord to Berlin. There are 4 route options: 20 mile XS, 34 mile S, 43 mile M, 54 mile L. The extra short goes to South Acton. The three longer routes go through Acton and Stow. The medium adds Bolton. The long ride goes to Berlin.

Only the medium has a food stop directly on the route. Terrain is mostly rolling. The medium and long both climb Sugar Road and Long Hill in Bolton.

Leaders: Ken Hablo (<mailto:khablow@khgraphics.com>, 781-257-5268 before 9 PM No calls the morning of the ride), Francie Sparks (<mailto:francinesparks@mac.com>, 617-817-3786)

Start: Alcott Elementary School, 93 Laurel Street, Concord MA

Directions: From Rt. 2 take the Walden Street exit, heading north to Concord. Bear left at fork onto Thoreau Street, and make first right onto Laurel Street. The School is on your right.

Cuesheets: 54 mile

Ride Information:
54 Mile (<http://ridewithgps.com/routes/10265361>), 43 Mile (<http://ridewithgps.com/routes/1504004>), 34 Mile (<http://ridewithgps.com/routes/10265508>), 20 Mile (<http://ridewithgps.com/routes/10265586>)

November Rides - Cont. on page 6

Lisa Simpson Ride Saturday - November 21

Times and Routes: 10:00 AM for 20, 34 and 48 Miles

Ride Type: Cue Sheet, Arrowed, GPS

Description: The ride is on mostly scenic rural roads. Starting in Concord, it makes a loop through Sudbury, Hudson, Stow, Boxborough, Littleton and Acton. The longer route adds Westford and Carlisle. The terrain is moderate with one notable but short climb. Lunch is at Verrill Farm at the end of the ride.

NOTE: The 20 mile ride may not be fully arrowed.

Leaders: Ken Hابلow (<mailto:khablowl@khgraphics.com>), 781-257-5268 before 9 PM No calls the morning of the ride)

Start: Verrill Farm, 11 Wheeler Road, Concord, MA

Directions: Park in the designated lot on Wheeler Road just past the farm store on the left. Do not park in the paved lot.

Note: The ride start has been changed to Verrill Farm in Concord

Cuesheets: Long & Medium
Ride Information:

48 mile (<http://ridewithgps.com/routes/10062188>),
34 Mile (<http://ridewithgps.com/routes/10062248>),
20 Mile (<http://ridewithgps.com/routes/10062325>)

Bridges of the Sudbury River Sunday - November 22

Times and Routes: 10:00 AM for 19-Short, 27-Long or 35-XLong miles

Ride Type: Cue Sheet, Arrowed, GPS

Description: Cross many bridges (19-6, 27-8, 35-10) of the Sudbury River and see several stone arch bridges, including one that George Washington crossed. Cruise along in the beautiful Sudbury River valley with several hills to keep you warm. Experience Pelham Island Road's NEW paving. The old Danforth St. bridge in Saxonville is one of the first bridges to use standardized iron beams (1890)

Both Starbucks and Dunkin Donuts are within 1/4 mile of the end of the ride. Active rain cancels.

There are no bathrooms at the start. Consider the coffee shops and make a small purchase.

Generate cue sheets from the ridewithGPS files. Limited numbers of cue sheets will be available at the start.

Leaders: Rich Taylor (mailto:richard_n_taylor@post.harvard.edu), 781-257-5062

Start: Crosby Market Parking

Lot (Near train station) 211 Sudbury Road Concord, MA

Directions: Take Rt. 2 West. Turn Right on Sudbury Road in Concord. (3rd light from Rte. 128) Parking lot is about 3/4 mile on the right before the tracks. Please park away from the stores.

Note: Commuter Rail does not operate to Concord on Weekends due to construction as of Sept 22.

http://mbta.com/schedules_and_maps/rail/lines/?route=FITCHBRG

Cuesheets: Short Ride - 19 miles
Ride Information:

19 miles (<http://ridewithgps.com/routes/10541943>),
27 miles (<http://ridewithgps.com/routes/10542133>),
35 miles (<http://ridewithgps.com/routes/10542222>)

Post Thanksgiving Ride

Saturday - November 28

Times and Routes: 10:02 for 51, 45, or 26 miles

Ride Type: Cue Sheet, GPS

Description: This ride goes on quiet roads to discover the low income neighborhoods in Weston, Wayland, Sudbury, Lincoln, Concord, and Carlisle.

Leaders: Barry Nelson (<mailto:BarryNelson@alum.mit.edu>), 617-448-5150 before 9 PM), Linda Nelson

Start: Charles River--Norumbega Duck Viewing Area '42.344667, -71.261634'

Directions: Going West on Rt. 30 in Newton heading towards Rt. 95 (i.e. 128), Take the I-95 N/MA-128 N exit toward Waltham/Portsmouth NH. Keep right, follow signs for Norumbega Road instead of getting on the highway. Then right turn on Norumbega Rd. to the [parking lot](#).

Ride Information:

Long 51 miles (<http://ridewithgps.com/routes/6455891>),
Medium 45 miles (<http://ridewithgps.com/routes/6456353>),
Short 26 miles (<http://ridewithgps.com/routes/6456397>)

Apple Pi Ride Sunday - November 29

Times and Routes: 10:00 for 55 and 35 miles

Ride Type: Cue Sheet, Arrowed, GPS

Description: The short ride goes through Concord, Acton, Littleton, Westford, and Carlisle. The long ride adds Stow and Harvard. The long ride passes an impressive array of apple orchards, while taking in a few hills.

Leaders: Jack Donohue (<mailto:jmdonohue@alum.mit.edu>)

Start: Bedford VA Hospital, 200 Springs Rd, Bedford

Directions: From 128 Take Rt 4 north to Bedford Center. Turn right on Springs Rd. Follow signs for VA Hospital /Middlesex Community College. Meet at first parking lot on right.

Cuesheets: Long

Ride Information:

Long (<http://ridewithgps.com/routes/5988323>),
Short (<http://ridewithgps.com/routes/5992620>)

Be sure to check the web site (<http://crw.org/cgi-bin/calendar.pl/?thismonth=yes>) for possible updates or cancellations. ☺

Board Election Candidate Statements

Below are the statements from the candidates for the three open board positions, three year terms starting in January.

GARDNER (SANDY) GRAY

I would like the opportunity to “give back” to the CRW and to the overall bicycle community by participating on the CRW board. In the past, I have held director positions within other non-profit organizations. In my work life I had experience with demand creation, online marketing, and finance. I regularly participate in many CRW activities including both weekend and weekday rides.

CRW is the largest bicycling organization in the Boston area and is thriving due to our organized rides, led by dedicated riders. Going forward, rides needs to remain our organization’s primary focus. However with our increasingly crowded roads, our organization needs to be actively involved and dedicate some resources to support bicycle friendly laws/infrastructure and improve driver awareness/attitudes toward bicyclists.

I appreciate your support.

DOM JORGE

I am running for the CRW Board to be able to work with the other board members and committees so as to help improve what is already an excellent club.

I am an Air Force veteran and retired airline pilot with a BA in Economics and have been actively riding with CRW for about 4 years.

Some items I would like to see happen include having member surveys

completed to find out the feelings and desires of the membership. Another would be to have more social & informational events. For example, membership meetings with presentations by tour companies, cycling gear reps, bike shops, safety & legal experts, etc. We might even be able to get someone from Garmin to explain their products to us!

I also want to look into adding some strictly social events/parties for us all to get to know one another better than just passing each other on the road (I’m usually the one being passed).

Another priority would be to increase the membership, especially younger members and to try to get them more deeply involved in club matters as well as using our numbers to advocate for cycling issues.

Thank you for your consideration.

ERIK SOBEL

I’ve enjoyed my past year on the board where I’ve worked on increasing the CRW presence on social media, recruiting new members and coordinating with other bike groups and the City of Boston (Boston Bikes). I’ve been coordinating the CRW GoogleGroup discussion list as well as our new Meetup.com site and Twitter feeds. I organized the Boston BikeTECH event which introduced CRW members and the cycling public to over two dozen local bike-related

startups. In addition to being fun and informative, the event showed that the CRW is a key supporter of Boston area cycling innovation and helped to raise our profile among young urban riders. I’d like to continue to reinforce the role of the CRW in the future of Boston area cycling. There is still a lot of work to be done to keep the CRW up to date technologically and there are exciting new tools and capabilities that can be used to enhance our rides and social activities by taking advantage of social media, GPS and mobile phones. I would love to have an opportunity to continue this work on the board next year.

BOB WOLF

I am running for a second term on the CRW board and would appreciate your vote.

During my first term, I have worked to attract and prepare for the next generation of CRW members, volunteers, and leadership with three objectives in mind

- Make CRW rides and events welcoming and valued by all types of cyclists;
- Collaborate with other organizations to build a stronger cycling community;
- Ensure that the board has the capability necessary to manage club affairs.

I did my best with each, and I believe the board has made significant progress.

In a second term, I would continue to be guided by these objectives, but expand the first to cover all our activities, both internal and public facing. Progress will require a greater openness to new ideas and ways of doing things concerning how we communicate with our public, create new ways for people to volunteer, and increase the social component of all we do.

This format is too short to detail any vision of a CRW future, and I value your questions and counsel on what we might do. Email me at robertgwolf@gmail.com with your ideas, questions, or a request to talk. I’m happy to engage. ⚙️

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All CRW members can vote for up to three candidates (family memberships have two votes). You can vote online by going to this page:

<http://crw.org/election.php>

You can vote any time from Thursday, October 15 until Sunday, November 15. Votes after November 15 will not be counted.

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by Jack Donohue

There are a lot of gadgets to help us cyclists get from point A to point B these days. Actually, most of us go from point A to point A by way of points B, C, D, E, etc., but same idea.

In the bad old days, when dinosaurs roamed the earth, people used cuesheets. These are, as you might surmise, sheets of paper with directions written on them. One had to follow the cues to figure out where to go, while riding your bike and trying not to be run over by a car or swallowed by a giant pothole. There was a lot of paraphernalia for carrying said cuesheet, designing it so that it could be folded properly to be legible on the road, but the bottom line was, cuesheets were primitive and cumbersome and no one would ever use one if they could avoid it. Which was impossible unless you had a photographic memory or had a very limited route which consisted of riding around your block repeatedly.

Fortunately, in my early years of Serious Cycling, I found that there was a

better way. I encountered a group that painted arrows on the ground to guide the way of riders. This was the main reason I first joined CRW. No more fumbling with crumpled cuesheets, trying to read smudged directions in the rain. Arrows were my mainstay for many years.

The advent of GPS was a game changer. Once you had to be a rocket scientist to have one, now they are ubiquitous. Of course, with some of them you still have to be a rocket scientist to figure out how to use them.

When GPS units first entered the scene, my buddy Ken was quite adamant that he didn't need no steenkin' GPS. Ken claimed he already had every rideable road from here to Worcester committed to memory.

I, OTOH, virtually never know where I am. Given any binary choice I have about an 80% chance of getting it wrong. To paraphrase Yogi Berra's advice, "When you come to a fork in the road, take it," my approach is generally "When I come to a fork in the road, take the wrong one."

My first GPS was a bare bones model, intended mainly for hiking. It had a limited ability to give turn by turn directions, since mostly people really want to go from point A to point B without a

lot of wiggling around you see on bike rides. After all, you start somewhere and after a lot of machinations, end up at the very same place. The unit was able to show the route without directions, but if the ride made a figure eight, you had to know which way to go at the intersection. I had it for most of a year before I finally figured it out.

The next big thing is the RideWithGPS phone app. You can download one of their routes, and it will give you turn by turn directions. Of course, the lady who was giving directions is clearly not a native speaker. If the cue was to turn on Something Ave, she would pronounce it "Ah-ve" as in Ave Maria (I guess she speaks Latin). The street names she emits are mostly unintelligible, but she clearly says "Left" and "Right" which was pretty much all I needed. There was some ambiguity when she said "Continue" onto something that really was a left/right (what would Yogi say), but you could always look at the map on the phone for a second opinion.

The app mostly works, but I still don't rely on it for mission critical service.

Nothing more embarrassing than to be leading a ride and have it crap out mid-ride. The app has an annoying tendency to crash at the most inopportune moment. The clue that it has gone south is when I come to a fork in the road and it is silent. If I stop and turn on the screen I see a popup informing me that the app has crashed. It usually starts up again just fine and remembers where it left off, but the fiddling around does not inspire confidence in my riders. ⚙️

Jack's Back Pages - Find past "Little Jack's Corner" articles on the CRW website at <http://crw.org/ljackc/> and through the web site menu: Information > Fun > Little Jack's Corner

All Aboard - Ride Rail Trails

Friday November 6, 10 am

Start: East Bay Bike Path

Driving directions: Haines Memorial State Park, Haines Park Rd. Barrington, RI is 9.7 miles from the southbound Providence I 95 exit #20

Ride Type: Follow the Leader, CRW ride rules and customs observed.

Times and Routes: 10:00 am, East Bay Bike Path, 28 miles.

Leaders: Charles Huizenga - huizcg@gmail.com; 781 266 7658 cell

Description: Rail Trails are an option to cyclists who want to regularly cycle 14 to 90 miles off-road with a group. The inaugural ride is November 6th.

At lunch we will discuss the format and locations and offer specific rides that will begin monthly May 6, 2016.

East Bay Bike Path is a scenic well paved 10 feet wide 13.8 mile path from India Point to Bristol with views of the shore of the Seekonk River thru coastal woods and suburbia. There is pedestrian signage at the few busy traffic crossings. Wooden bridges span tidal flats and riv-

ers. 8 historical markers are sufficiently interesting to merit stops. This ride starts at the mid-point to allow convenient parking, a regroup and refresh.

Lunch and a discussion of the All Aboard Rail Trail Ride concept at the locally acclaimed Town Pizza & Family Restaurant, 949 Willett Ave East Providence (401 433 0300) one mile from the park will follow the ride completion.

Please email ride leader that you plan to ride to facilitate a weather notice.

Notes: Different leader every month. To become a leader contact Chuck.

Future rides such as Cape Cod Rail Trail, Nashua River Rail Trail, Shining Sea Bikeway, Air Line State Park Trail, Washington Secondary Bike Path, Blackstone River Bikeway, Hop River State Park Trail and Rockingham Recreational Rail Trail may be discussed during lunch after the East Bay ride.

A ride Monday November 9 will evaluate a potential May, 2016 location.

September Mileage



Name	Miles	M	C	K	Name	Miles	M	C	K
Mike Kerrigan	8353	6	5	5	Joseph Tavilla	2446	-	-	-
Jack Donohue	8181	-	-	5	Frank Aronson	2445	6	4	-
Bruce Ingle	8153	9	8	4	Marc Cohen	2308	5	-	-
Chris Roberts	8005	8	6	2	Gary Smiley	2177	1	-	-
Richard Taylor	7196	9	9	4	Cynthia Snow	1913	1	-	-
Don Fraser	6946	-	-	-	Pete Knox	1855	-	-	-
Ken Hallow	5906	6	1	-	Bill Hanson	1767	-	-	-
Bob Wolf	5803	6	1	-	John Allen	1718	2	-	-
Bernie Flynn	5627	6	2	1	John Springfield	1627	-	3	-
Carlo Innocenti	5566	6	5	1	Scott Tyler	1601	1	-	-
Steve Robins	5505	-	-	3	Arne Buck	1590	3	1	-
Douglas Cohen	5316	2	-	-	Gabor Demjen	1518	4	-	-
Pamela Blalock	5114	7	-	1	Harriet Fell	1503	3	3	-
Clyde Kessel	5041	7	4	1	Jean Orser	1490	3	-	-
Cynthia Zabin	4521	-	-	-	Jeffery Luxenberg	1404	-	-	-
David Cooper	4125	7	4	-	A J Gemperline	1385	1	-	-
Erik Husby	4081	1	-	-	Mike Hanauer	1369	-	-	-
Irving Kurki	4053	6	-	-	Ed Hoffer	1324	-	-	-
Walter Frank	3999	3	-	-	Gregory Ascrizzi	1040	4	2	-
Martin Estner	3877	-	-	-	Eric Sansone	975	-	-	-
Dom Jorge	3859	5	-	-	Mike Byrne	726	-	-	-
Diane Mutchler	3858	6	5	-	John Kane	514	-	-	-
David Wean	3712	1	-	-	John Loring	428	-	-	-
Larry Delaney	3656	6	4	-	Carlos Pedraza	180	-	-	-
Don Mitchell	3571	4	1	-					
Dawn Michelle	3552	-	1	-					
Harry Wolf	3402	-	-	-					
Fred Newton	3370	2	1	-					
Neal Schuster	3327	5	1	-					
Lisa Weissmann	3107	3	1	-					
Bruce Larson	3061	6	5	-					
Henry Marcy	2928	2	-	-					
Joseph Hagan	2878	4	4	-					
Dave Stefanovic	2862	-	-	-					
Paul Greco	2726	-	-	-					
Gardner Gray	2720	5	1	-					
Joe Repole	2691	8	9	-					
Alan Cantor	2673	6	3	-					
Mark Druy	2602	3	2	-					

Mileage Table Explained

Miles are year-to-date totals. The M column indicates the number of months the rider reported completing a metric century. The C column shows the number of months with a hundred mile century, and the K column is the number of months with 1000 or more miles.

Report mileage by the 3rd of each month on the website at <http://crw.org/mileage/mileage.htm> or email mileage@crw.org

Q.U.O.T.E

“ Variable gears are only for people over forty-five. Isn't it better to triumph by the strength of your muscles rather than by the artifice of a derailleur? We are getting soft. Give me a fixed gear. ”

-- Henri Desgrange, 1903



CRW members receive WheelPeople, the Club's newsletter. CRW is also an associated club of the League of American Bicyclists.

Address correspondence to:
The Charles River Wheelmen -
26 Fox Run Road
Bedford, MA 01730

Editorial Policy

We welcome contributions to this newsletter, but reserve the right to edit articles in any way that we deem appropriate.

We will make every effort to preserve both the style and intent of the author, but we may rewrite an article to fit available space, to clarify ambiguities in the text, and to correct factual errors.

Articles and other materials which appear in WheelPeople, unless specifically identified as editorial policy, represent the opinion of the author, and do not

represent the opinions of the editors, coordinators, officers, or board of directors of The Charles River Wheelmen, Inc.

How To Send Us Your Article

Articles and letters must be received by the 5th of the month to be included in the next issue of WheelPeople.

Send copy electronically to editor@crw.org. Your document should be plain ASCII text, formatting will not be preserved. If the article can't be emailed, send a typewritten or handwritten ver-

sion to: Jack Donohue

26 Fox Run Road, Bedford, MA 01730

Articles submitted to WheelPeople or parts thereof may also be published on the CRW web site unless the author instructs otherwise.

Insurance

If ride leaders or others have questions about insurance, contact Ken Hablow at 781-257-5268. Please do not contact the insurance company.

BOARD OF DIRECTORS

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BikeShops

These fine bike shops offer discounts to CRW members

Ace Wheelworks

145 Elm St., Somerville..... 617-776-2100

Adi's Bike World

1754 Centre Street, West Roxbury..... 617-325-2453

ATA Cycles

93 Thoreau St., Concord 978-369-5960

Back Bay Bicycles

362 Commonwealth Avenue, Boston..... 617-247-2336

Belmont Wheelworks

480 Trapelo Rd., Belmont 617-489-3577

Bicycle Exchange at Porter Square

2067 Massachusetts Ave, Cambridge 617-864-1300

Bikeway Source

111 South Road, Bedford..... 781-275-7799

Broadway Bicycle School

351 Broadway, Cambridge..... 617-868-3392

C K Bikes

1 Still River Road, Harvard..... 978-844-7539

Cambridge Bicycle

259 Massachusetts Avenue, Cambridge..... 617-876-6555

Centre Ski and Bike

1239 Washington Street, West Newton 617-332-0300

Chelmsford Cyclery

30 Chelmsford St., Chelmsford 978-256-1528

Community Bicycle Supply

496 Tremont St., Boston..... 617-542-8623

Cycle Loft

28 Cambridge St., Burlington..... 781-272-0870

Dedham Bike

403 Washington St., Dedham 781-326-1531

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Ferris Wheels Bicycle Shop

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Frank's Bicycle Barn

123 Worcester Tpke, Westboro..... 508-366-1770

Frank's Spoke 'N Wheel

119 Boston Post Rd., Sudbury 978-443-6696

887 Main St., Waltham 781-894-2768

Grace Bicycles

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Harris Cyclery

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JRA Cycles

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Landry's Bicycles

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790 Worcester St. (Route 9), Natick 508-655-1990

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890 Commonwealth Avenue, Boston..... 617-232-0446

44 Granite Street, Braintree 781-519-6306

66 Needham St., Newton 617-527-0967

Marblehead Cycle

25 Bessom St., Marblehead..... 781-631-1570

Papa Wheelies Bicycle Shop

653 Islington Street, Portsmouth..... 603-427-2060

Quad Cycles

1043 Massachusetts Ave, Arlington..... 781-648-5222

Sheldonville Bicycle Repair

277A Hancock Street, Wrentham 508-384-0665

Southampton Bicycle Center

247 College Hwy., Southampton 800-527-9784

Superb Bicycle

842 Beacon Street, Boston..... 617-236-0752

Travis Cycles

1 Oak St., Taunton 508-822-0396

722 N. Main St., Brockton 508-586-6394

Urban AdvenTours

103 Atlantic Ave, Boston 617-670-0637



**DON'T THROW IT AWAY
RECYCLE IT!**

Thanks to Mark Sevier for his emergency pipe repair fix made with no-longer-inflatable tubes.

If you have an interesting way of recycling your worn out bike parts send us a photo and we might run it.